

GLAMOUR

198

**Bags!
Shoes!
Dresses!**

Our summer
fashion
obsessions

**Sexy Hair?
Yes, Please**

Easy looks for
long and short

**Go Get
That Raise**

The exact script
your boss can't resist

"It's been a roller coaster"

Kim!

**On Bruce,
Kanye,
and YES,
baby #2**

**No-Drama
Dating
Advice**

For breaking up,
making up,
shacking up...
here's what works

Turn for
more, more,
more Kim





TOUCHE ÉCLAT

THE LIGHT BELONGS TO YSL
CONCEAL. HIGHLIGHT. CONTOUR.

YVES SAINT LAURENT

GLAMOUR



“I would never say ‘I’m a role model.’ But if I didn’t have all those bad, crazy experiences, would I be who I am today?”—



BLACK
OPIUM
YVES SAINT LAURENT
THE NEW FEMININE FRAGRANCE




Available at yslbeautyus.com and Sephora.com

Edie Campbell

#YSLBlackOpium

GLAMOUR

A portrait of Kim Kardashian with long dark hair, wearing a white blazer over a black top. She is resting her chin on her hand and looking directly at the camera. She is wearing a large diamond ring on her finger and a small earring.

“I walked in on
Bruce when I was
like 21 years old.
I was hysterical.
Kourtney and I
went and looked
up ‘cross-dressing.’
But I am just
so proud of him for
being so brave.”

Read Kim's full story, page 104

A LIQUID FOUNDATION IN A CUSHION.
FOR A FRESH, DEWY GLOW. ANYTIME, ANYWHERE.

NEW

MIRACLE CUSHION

LIQUID CUSHION COMPACT

FRESH GLOW - LASTING HYDRATION - WEIGHTLESS BUILDABLE COVERAGE

A WEIGHTLESS & FRESH FEEL
offers sheer to moderate coverage.

A CUSHION
for pressure controlled release of the
perfect amount of ultra-smooth fluid.

A CUSTOM APPLICATOR
for a smoothing effect.



Available in 11 shades for all skin tones.



#miracleonthemove

Reward yourself today. Join Elite Rewards at [Lancome.com](https://www.lancome.com)



LANCÔME
PARIS



©2015 Glacier, Glacier, and label are registered trademarks of Glacier.

vapor-distilled water, **inspired by the clouds.**
drinksmartwater.com

sip

focus

take two



**up
up
up**



ELECTRIFY YOUR SUMMER

#ELECTRIFYSUMMER





sunglass hut

Summer's here. Find all your summer shades at sunglasshut.com

Georgia May Jagger wears Ray-Ban RB3025 with polarized lenses and Chanel Iman wears Versace VE2159B.

EVA MENDES

ESTÉE LAUDER

NOW EVERY ANGLE
BECOMES YOUR BEST ANGLE™

NEW DIMENSION

SHAPE + FILL EXPERT SERUM

See the transformation.
In just 2 weeks, you'll see more
defined-looking contours. Cheeks
and jawline are visibly more lifted.
Look in the mirror...

You'll love what you see.
It's that effective. Join us
@esteelauder.com and discover
the complete Transformative
Collection.





MOROCCANOIL: ONE BRAND. A WORLD OF OIL-INFUSED BEAUTY.

Available at Barneys New York, Bluemercury, Nordstrom and Luxury Spas | Moroccanoil.com

A NEW KIND OF SUMMER

THE LATEST IN OIL-INFUSED TECHNOLOGY:
MOROCCANOIL SUN™



MOROCCANOIL.

Dior

THE NEW DIORSHOW MASCARA

FULLER LASHES, BOLDER IMPACT, FRESHER LONGER

Innovation: formula enriched with volumizing microfibers and new anti-drying AIR-LOCK™ system.

THE SPECTACULAR CATWALK EYE LOOK

#diorshowbackstage



124

Bella Hadid's golden summer glow: gorgeous *and* totally attainable

Calvin Klein Collection top, skirt. **Marni** earrings.

The Row sandals. Like her faux tan? Try

Sephora Collection Perfection Mist Airbrush Bronzer Face and Body (\$28, sephora.com).

HADID: ALIOUE

COVER READS & HOT TOPICS

27 198 Summer Fashion Obsessions

Start with our list of 100 musts—from what clothes to wear to what movies to see—and hit pages 41, 52, 116, 132, and 136 for more fashion

70 Sexy Hair? Yes, Please

Easy looks for short hair—plus, shine tips for *all*, page 63

81 No-Drama Love Advice

From shacking up to breaking up, these rules help

91 Go Get That Raise

Exactly what to say to your boss

104 Kim Talks!

Our cover girl gets real about Bruce, Kanye, *everything*

122 The Truth-Teller

You'll be in awe of this month's *Glamour* Woman

130 Dancing Queen

How Rumer Willis faced down her bullies

FASHION

41 Chic Summer Weekends!

Upgrade your downtime with these outfit-making accents

48 Kendall and Kylie's Big Move

The Jenner sisters take on Topshop

52 The Month in Outfits

31 days of wardrobe magic!

54 Summer Office Dressing 101

Hint: Crisp cotton pieces are *lifesavers*

110 Be That Girl

Chanel Iman shows off festival chic

116 One and Done

The maxi is this season's style MVP

132 Bright? Right.

Eye-catching bags and shoes

140 The Denim Tux: Some Dos & Don'ts

How to double up on your favorite fabric

BEAUTY

63 Total Beach Beauty, Mastered!

Make the most of sand, sun, and surf

continued on page 14
glamour.com 11



SAMSUNG

The Next Big Thing Is Here



samsung Galaxy S6 edge

The world's first
dual-curved smartphone display

Available now. Learn more at Samsung.com/GS6

Your new summer glam essentials, right here

Giulietta pants. **Charlotte Chesnais** bracelet. **Cartier** watch. **Ilana Ariel** multistone ring. **Sarah Chloe** ring. **Meandher** loafers. **Tod's** bag. **SEE** sunglasses. **Dior** Rouge Dior Brilliant Lipshine in Darling (\$35, dior.com).



68 What to Bring to the Beach
Sunscreens, scents, and more

70 The Month in Hair
Short hair, don't care! 31 easy ideas

72 How to Break the Beauty Rules and Win
Quirky wisdom from actress Tavi Gevinson

124 She's Golden
Bella Hadid shows off glowing skin and neutral knits

HEALTH

75 Make Your Own Damn Lunch!
Brown-bag your way to a better body

78 This Is How Much Cardio You Really Need
...to stay well, lose weight, or tone up

ALL ABOUT YOU

81 I Found the Best Love Coach Ever
And it's the writer's own dad!

84 My Top Sexual Experiences
Prepare yourself: Our guy columnist tells all

86 10 Women Who Changed My Life
Zoë Saldana's idols may become yours

88 Saving Lives, Text by Text
A genius resource for people in crisis

ALL ABOUT WORK

91 How to Ask for Anything at Work
These female fundraisers will have you hearing "yes"

94 Step Into My Office
MSNBC's Mika Brzezinski, your new confidence coach

EVERYTHING ELSE YOU NEED

20 From Me to You

22 And You Said...

24 See It, Share It

83 Hey, It's OK...

97 Glamour Living
Your next summer barbecue, made easy

136 The Glam
The best looks from the issue (at great prices!)

138 Glamorscope

139 Glamour Shopper

We asked our staffers:

What are you obsessed with now?

"Inside Amy Schumer. Her feminist, status-quo-challenging comedy is knee-slappingly hilarious."
—**Lauren Chan**, associate fashion writer

"Audible.com. I listen to books on my iPhone while driving, walking my dog, even running."
—**Denise Gordon**, senior credits editor

"The novel Luckiest Girl Alive, by Jessica Knoll. It's the ultimate summer read, and Reese Witherspoon is making it into a movie!"
—**Michelle Rose Sulcov**, senior photo research editor

"Singer Elle King. Incredible voice and character—she's going to be a superstar."
—**Kat Thomsen**, digital managing editor

"Caudalie's Beauty Elixir. It soothes everything from dry skin to sunburns, stat."
—**Maureen Choi**, senior beauty editor

ON OUR COVER Kim Kardashian West was photographed by Patrick Demarchelier in New York City. Fashion editor: Jillian Davison; hair: Oribe for Oribe Hair Care; makeup: James Kaliardos at Art + Commerce; manicure: Gina Viviano at abtp.com; producer: Brachfeld. Cover 1: Donna Karan New York shirt, skirt. Vionnet underpinning. Sophie Bille Brahe earrings. Maison Margiela Line 12 Fine Jewellery Collection bracelet. Cover 2: Michael Kors Collection tank, shawl. Lanvin pants with rope belt. Jennifer Fisher earrings. Lady Grey cuff. Cover 3: MM6 Maison Margiela jacket, pants. Eva Fehren ear cuff. Melissa Kaye Jewelry earrings. For Kardashian West's classic look, try YSL Touche Eclat (\$42) and Limited Edition Couture Palette in No. 12 Mauresques (\$60, both at yslbeautyus.com) and Oribe Run-Through Detangling Primer (\$36, oribe.com). See Glamour Shopper for more information. See page 137 for the how-to on Kim's makeup; read the cover story on page 104.



NORDSTROM

SAVE BIG ON BRAND-NEW FALL ARRIVALS

FROM GREAT BRANDS LIKE JOIE, RAG & BONE/JEAN,
VINCE, CURRENT/ELLIOTT, HELMUT LANG AND MORE.
STARTS JULY 17. PRICES GO UP AUGUST 3.

ANNIVERSARY

S A L E



GLAMOUR®

(Incorporating *Mademoiselle*)

CYNTHIA LEIVE

Editor-in-Chief

Creative Director PAUL RITTER

Editorial Development Director SUSAN GOODALL

Executive Editor WENDY NAUGLE

Fashion Director JILLIAN DAVISON *Executive Beauty Director* YING CHU

Senior Entertainment Director ALISON WARD FRANK

Executive Digital Director ANNE SACHS *Executive Producer, Video* LISA RECHSTEINER

Managing Editor LATOYA N. VALMONT

FEATURES

News Director LIZ BRODY *Senior Editor* AMANDA DOBBINS

Health Editor DANIELLE KOSECKI *Articles Editor* EMILY MAHANEY

Assistant Editor ASHLEY EDWARDS WALKER

Editorial Assistants EILLIE ANZILOTTI, CONCEPCION DE LEON

ENTERTAINMENT

Entertainment Editor KATE BRANCH *West Coast Editor* JESSICA KANTOR

BEAUTY

Associate Beauty Director SIMONE KITCHENS *Senior Beauty Editor* MAUREEN CHOI

Beauty Assistant JENNIFER MULROW

FASHION

Deputy Fashion Director SASHA IGLEHART

Fashion News Director JANE KELTNER DE VALLE *Fashion Market Director* JESSICA SAILER VAN LITH

Senior Fashion Editor at Large LAURA FERRARA *Bookings Director* RICHARD BLANDINO

Accessories Director GRETCHEN GUNLOCKE FENTON

Senior Accessories Editor ELISSA VELLUTO *Senior Market Editor* REBECCA MALINSKY

Fashion Writer BRITTANY ADAMS *Associate Fashion Writer* LAUREN CHAN

Bookings Editor AUDRA JONES *Associate Accessories Editor* BROOKE ELY DANIELSON

Fashion Assistants ANNIE DAVIDSON, AMY HOU, MONICA MENDAL, JACLYN PALERMO, TERRENCE PHEARSE II, ZOE WEINER

ART

Design Director SARAH VIÑAS

Art Director NOAH DREIER

Deputy Art Director VICTORIA RAVEST *Senior Digital Designer* TANIA GUERRA *Designer* SARAH EVANS

PHOTO

Photo Director ASHLEY CURRY TALIENTO

Senior Photo Editor MARTHA MARISTANY *Senior Photo Research Editor* MICHELLE ROSE SULCOV

Associate Photo Editor JENIFER GOBIE *Assistant Photo Editor* JESSICA CHOU

OPERATIONS

Production Director KEVIN ROFF

Copy Chief TALLEY SUE HOHLFELD *Research Director* CHRISTINE MARIE GORDON

Production Manager ALEXANDRA KUSHEL

Deputy Copy Chief STACY COUSINO *Deputy Research Director* AMANDA GROOMS

Art Production Manager STEVE GEORGE *Assistant Managing Editor* JONATHAN BRENDEN CLARK

Senior Copy Editor DAMIAN FALLON *Senior Credits Editor* DENISE GORDON

Credits Editor CHRISTINA DRAPER *Associate Credits/Reader Services Editor* MICHELLE MEYERS

GLAMOUR DIGITAL

Digital Editorial Director LAUREL PINSON

Executive Digital Editor LINDSEY UNTERBERGER *Senior Digital Fashion Editor* SOPHIA CHABBOTT

Digital Editor at Large DANICA LO *Digital Managing Editor* KAT THOMSEN

Senior Digital Editor MARISSA GOLD *Senior Digital Style Editor* NIKKI OGUNNAIKE *Associate Digital Editor* LINDY SEGAL

Assistant Digital Editors JULIANNE CARELL, ANNA MOESLEIN *Senior Digital Producer* MAGGIE MALLON

Director of Engineering GERALD KILLEEN *Senior Product Manager* ISHANI MUKHERJEE

Digital Art Director NATALIE LONG *Digital Photo Editor* KATIE FRIEDMAN *Associate Digital Designer* EMILY KEMP

Senior Software Engineer SEAN MIZE *Developers* MICHELLE AUSTRIA FERNANDEZ, GURPREET SINGH *Digital Producer* ALYSSA KARAS

Executive Director of Communications KIMBERLY BERNHARDT

Public Relations Manager KATERI BENJAMIN *Public Relations Assistant* TEGAN REYES

Senior Special Projects Director GENEVIEVE ROTH *Special Events Director* KATIE GIBLIN

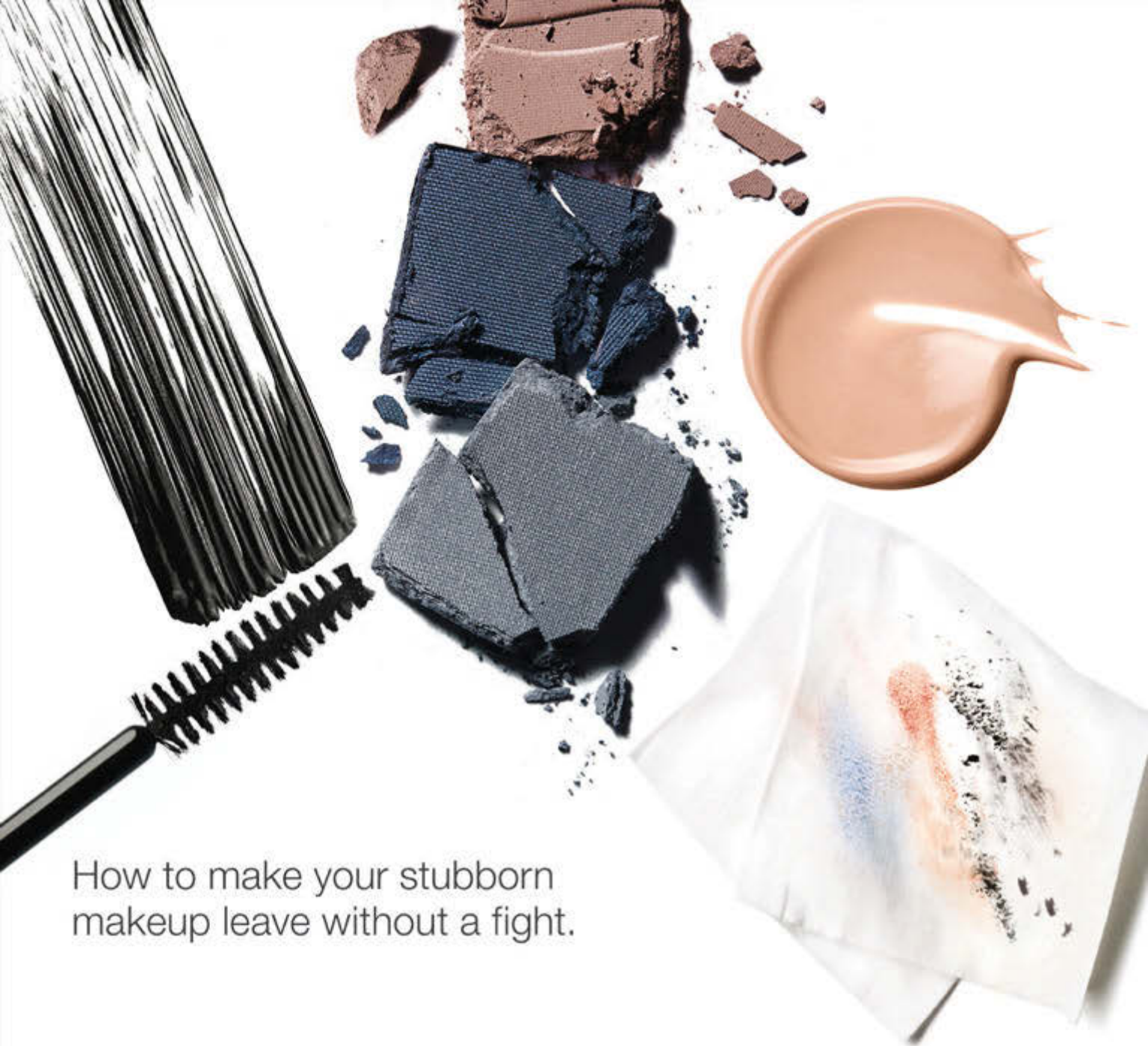
Senior Editorial Business Manager EILISH MORLEY *Associate Editorial Development Manager* ABIGAIL MCCOY

Assistant Editor, Office of the Editor-in-Chief ALEXANDRA SCHWARTZ *Assistant to the Editor-in-Chief* JENNIFER LANCE

Contributors MEGAN ANGELO, KIMBERLY BONNELL, JANE BUCKINGHAM, PATRICK DEMARCHELIER, SHAUN DREISBACH, ELISABETH EGAN (BOOKS), GENEVIEVE FIELD, MARK LEIBOWITZ, GIOVANNA GRAY LOCKHART (WASHINGTON), ZOSIA MAMET, JESSICA RADLOFF, SHEILA WELLER, KATHARINE O'CONNELL WHITE, M.D., ABBE WRIGHT

ANNA WINTOUR

Artistic Director



How to make your stubborn
makeup leave without a fight.

Neutrogena® Makeup Remover Cleansing Towelettes

Removes 99.3% of your most
stubborn makeup.

Every night, instantly lift away your most
budge-proof, smudge-proof makeup
(waterproof mascara, that means you, too).

Because waking up to no makeup can
do beautiful things for your skin.



Neutrogena®

#1 Dermatologist Recommended Skincare

GLAMOUR®

(Incorporating *Mademoiselle*)

CONNIE ANNE PHILLIPS

Publisher, Chief Revenue Officer

Associate Publisher, Advertising MARY CONNELLY

Executive Director, Finance & Business Operations CHRISTINE DiPRESSO MORRA

INTEGRATED ADVERTISING SALES

Executive Director, Integrated Sales LORI FROMM

Sales Development Director DAVID POSEGAY

Executive Beauty Directors JANA HOLLINGSHEAD/MEGAN OWSIK LOTTERMAN *Executive Beauty Director* NANCY COOPER

Executive Beauty Director ANDRES GUTIERREZ *Executive Beauty & Lifestyle Director* MELISSA CONSORTE

Fashion Director SASHA MARTINEZ *Retail Director* JILL NOVARA

Executive Director, Los Angeles CAROL ANN HAMILL, 323-965-3519 *San Francisco Director* GREG BARNES, 415-955-8250

Midwest Director JENNIFER FURIBONDO, 312-649-3525 *Detroit Director* KELLIE A. MACALOON, 248-458-3100

Executive Assistant to the Publisher, Chief Revenue Officer MEGHAN COLLEY *Sales Assistants* ALEXA HARVEY, SUSAN KOVAC, SARA MATTHEWS, KEELY O'CONNOR, VALERIE SIMMONS, ANDREA STERN, HANNAH STRUMWASSER

DIGITAL ADVERTISING

Head of Digital Sales & Strategy JEFFREY S. BARISH

Associate Digital Director MICHELLE WALKER *Senior Digital Manager* SAMANTHA GROSS *Digital Manager* KELLY CONNOLLY

Senior Digital Marketing Manager JULIA CLAFLIN *Digital Planners* TARA BUCHALTER, LAURA STAPLES

Campaign Analyst MAUREEN KAISER *Digital Operations Associate* JENNIFER MITKOWSKI

BUSINESS OPERATIONS

Senior Business Director JENNIFER JACKSON *Business Manager* KELLY HWANG

Business Analyst STACI DORNSTREICH *Business Coordinator* LAUREN MILLER

CREATIVE RESOURCES

Head of Creative Resources JENNY RYAN BOWMAN

Executive Director of Partnerships LAUREN DREELAND

Senior Directors, Integrated Marketing LINDSAY SPEROS, EMILY SIGMAN *Events Director* NINA McCANDLESS

Associate Director, Integrated Marketing JILLIAN GLENN *Senior Manager, Integrated Marketing* AMY LIANG

Associate Partnership Manager ALISON GLUCK *Digital Promotion Coordinator* LESLIE DELMASTRO

MARKETING

Executive Marketing Director GRADY EDELSTEIN

Marketing Director ALEXIS WITT *Marketing Manager* DANIELLE RUBINO

ART

Design Director MIRIAM BLANKENSHIP *Associate Design Director* MELISSA MELNIK POLHAMUS

Digital Director MICHAEL SOLOMON *Junior Designer* ANGELO TIRAMBULO

PUBLISHED BY CONDÉ NAST

Chairman S.I. NEWHOUSE, JR.

Chief Executive Officer CHARLES H. TOWNSEND

President ROBERT A. SAUERBERG, JR.

Chief Financial Officer DAVID E. GEITHNER

Chief Marketing Officer & President, Condé Nast Media Group EDWARD J. MENICHESCHI

Chief Administrative Officer JILL BRIGHT

EVP-Chief Digital Officer FRED SANTARPIA

EVP-Consumer Marketing MONICA RAY

EVP-Human Resources JOANN MURRAY

SVP-Operations & Strategic Sourcing DAVID ORLIN

Managing Director-Real Estate ROBERT BENNIS

SVP-Corporate Controller DAVID B. CHEMIDLIN

Chief Technology Officer NICK ROCKWELL

SVP-Corporate Communications PATRICIA RÖCKENWAGNER

SVP-Sales Strategy & Partnerships JOSH STINCHCOMB

SVP-Digital Sales, CN & Chief Revenue Officer, CNÉ LISA VALENTINO

SVP-Financial Planning & Analysis SUZANNE REINHARDT

SVP-23 Stories/Marketing Solutions PADRAIG CONNOLLY

CONDÉ NAST ENTERTAINMENT

President DAWN OSTROFF

EVP-Chief Operating Officer SAHAR ELHABASHI

EVP-Motion Pictures JEREMY STECKLER

EVP-Programming & Content Strategy, Digital Channels MICHAEL KLEIN

EVP-Alternative TV JOE LABRACIO

SVP-Business Development & Strategy WHITNEY HOWARD

VP-Scripted TV GINA MARCHESCHI

CONDÉ NAST INTERNATIONAL

Chairman & Chief Executive JONATHAN NEWHOUSE

President NICHOLAS COLERIDGE

Condé Nast is a global media company producing premium content for more than 263 million consumers in 30 markets.

www.condenast.com

www.condenastinternational.com



YOU'RE VIVID. YOU'RE WORTH IT.™

LIVE IN VIOLET



WHICH FÉRIA ARE YOU?
FIND OVER 30 SHIMMERING SHADES
AT LIVEINCOLOR.COM

Liya Kebede is wearing
Féria Power Violet
in shade V48.
#liveincolor

©2015 L'Oréal USA, Inc.

L'ORÉAL
PARIS

An Inspiring Story, Rewritten

Last month we introduced you to mountaineer Melissa Arnot, on a mission to climb Everest. Then the earthquake hit, and everything changed—except her courage.



Left: Arnot in Nepal. Above: Helping a trekker leave base camp on an earlier climb.

We all have goals. But life has a way of resetting them—and showing *all* of us what's really important.

Let me back up. Anyone here remember the June issue of *Glamour*? In it you met the wild, wonderful mountaineer Melissa Arnot, who was just setting off for what she hoped would be her sixth ascent of Mount Everest, and her first without supplemental oxygen. "It's the ultimate test," says Melissa, 31, who grew up in a Colorado trailer and became one of the world's most accomplished climbers. But "I know to dig deep and tell myself, 'You got this!'" In a video on glamour.com—the first of what

was intended to be a series about her climb—she packed up her ChapStick and Sour Patch Kids, said goodbye to her dog, and set out for Nepal.

And then tragedy struck. On April 25 a 7.8-magnitude earthquake hit central Nepal, killing at least 8,100 people—and triggering an avalanche that wiped out Everest Base Camp. Like the rest of the world, I woke up to the news; no one at *Glamour* could reach Melissa. Four hours later we learned she was safe: Her team had been about five miles away from what she calls "the devastation" of base camp, where 18 other climbers were killed.

But it wouldn't be like Melissa to pack up and come

home. She walked back to camp—"it was marked with blood," she says—to help, and made a pledge to support the families of the Nepali workers who had perished. It wasn't the first time she had risen to this sort of challenge: Five years ago, after the death of one of her Sherpa climbing partners, Chhewang Nima, she started the Juniper Fund, designed to give back to the families of Nepalis who die on the job. Today her goal is to support the many more whose relatives were lost this year and to help rebuild the Everest community she loves. She says she

thinks she'll climb again, but that's not what matters now.

Most of us will never get near the mountain, but we all have Everest-sized goals of our own, and moments when life forces us to recalculate and set new priorities, dream new dreams. Melissa is doing just that, and you can watch her in action at glamour.com/video. "My whole goal was to tell a beautiful story about Everest," she says. "And I still believe that there's a beautiful story to be told."



Cindi Leive

Cindi Leive, editor-in-chief
@cindi_leive

Arnot, left, and me. She's a hero.



Arnot with a Sherpa widow

Giveback You have to love a woman with a cause, and even before the earthquake, Melissa Arnot had one. Her Juniper Fund, founded with fellow climber David Morton, supports the families of Sherpas who are killed while working in the climbing industry. Before the April avalanche, the organization sponsored 21 families who had suffered such a loss, and it is now adding those of 11 Nepalis who died this spring. "This is the obligation we have," Melissa says. "We have to support the families." Every dollar helps them survive; learn more at thejuniperfund.org.

"IS NOT A KISS THE VERY
AUTOGRAPH OF LOVE?"

HENRY FINCK, AUTHOR

© 2015 Revlon

ROMANCE
IS ON

REVLON ULTRA HD™ LIPSTICK

Revolutionary **wax-free gel technology**
for **true color clarity** in one smooth swipe.
20 high-definition shades to love.

Revlon Ultra HD™ Lipstick VS. Traditional Lipstick

EMMA STONE WEARS HD GLADIOLUS.

REVLON
LOVE IS ON™

All Hail Power Women!

FLOTUS, SJP, and Kerry on the May cover? You were into that.



Sarah Jessica Parker, Michelle Obama, and Kerry Washington, working together for women veterans

Boom! Powerful indeed!

—Andrea Santos, via Facebook

The most beautiful and empowering cover I've ever seen. —Krysten McCumber, via Twitter

Best cover shoot and interview experience ever! Ever! Ever!

—Cover star Kerry Washington, via Twitter

Love this! Love to see intelligent women working together! —Karen Robinson, via Twitter

They say never judge a book by its cover, but just this once I think I will. #PowerWomen. —Melis, via Twitter

Not one but three #PowerfulWomen.

—Kiano Moju, via Twitter

Beautiful! Perfection! Exquisite! I love them!

—Lilliam Calderon, via Facebook

It's nice to see influential women realizing that help for veterans is an issue that needs to be touched on in America. —Jessie Bennett, Charlotte, N.C.

This is so incredibly kick-ass!

—Carly Ryan, via Twitter

I am a first lieutenant in the U.S. Air Force, so your cover story hit close to home. My tour in Afghanistan left me in a dark place; I resisted seeking help at first and put on a brave face. But knowing that these three powerful women believe that being stoic is not what makes you a success affirmed my decision to ask for and receive help.

—Heather Watts, Chino Valley, Ariz.

Calling Out Street Harassment

Thank you for "Don't 'Hey, Baby' Me" by Roxane Gay. I face street harassment at least once a week living in a bustling metropolitan area, and this article gave me newfound confidence to stand up to it. —Elle Powell, Denver

I used to ignore guys and thought catcalling wasn't really a problem. But it's wrong, and *nobody* should have to deal with it. —miye, via glamour.com

The Story That Keeps Saving Lives

I read "The New Skin Cancer Myth" on a cruise and realized the "pimple" on my lip could be skin cancer. I got a biopsy and had it removed. You may have saved my life! —Anne O'Sullivan, West Roxbury, Mass.

My father died from melanoma when I was young, and I hate that so many of my friends tan. I'll definitely be sharing this message. —TJM, via glamour.com

The Get-Ahead Advice You Loved

As a Democrat, I usually roll my eyes at Fox News. But I thought Dana Perino's tips in "How to Get Taken Seriously" were spot-on. —Julia Renkert, Berkley, Mich.

Perino's positive outlook and common-sense approach to life and career are uplifting. —TerrieB, via glamour.com

Missed any of the stories in our May issue? Download the digital edition from your device's app store.

Where Has Your Glamour Been?



"To Rishikesh, India, at the foothills of the Himalayas, on a spiritual yoga retreat during my honeymoon."

—Jaime Fotheringham, 38, Fairbanks, Alaska (Nice Lord of the Dance pose, Jaime!)

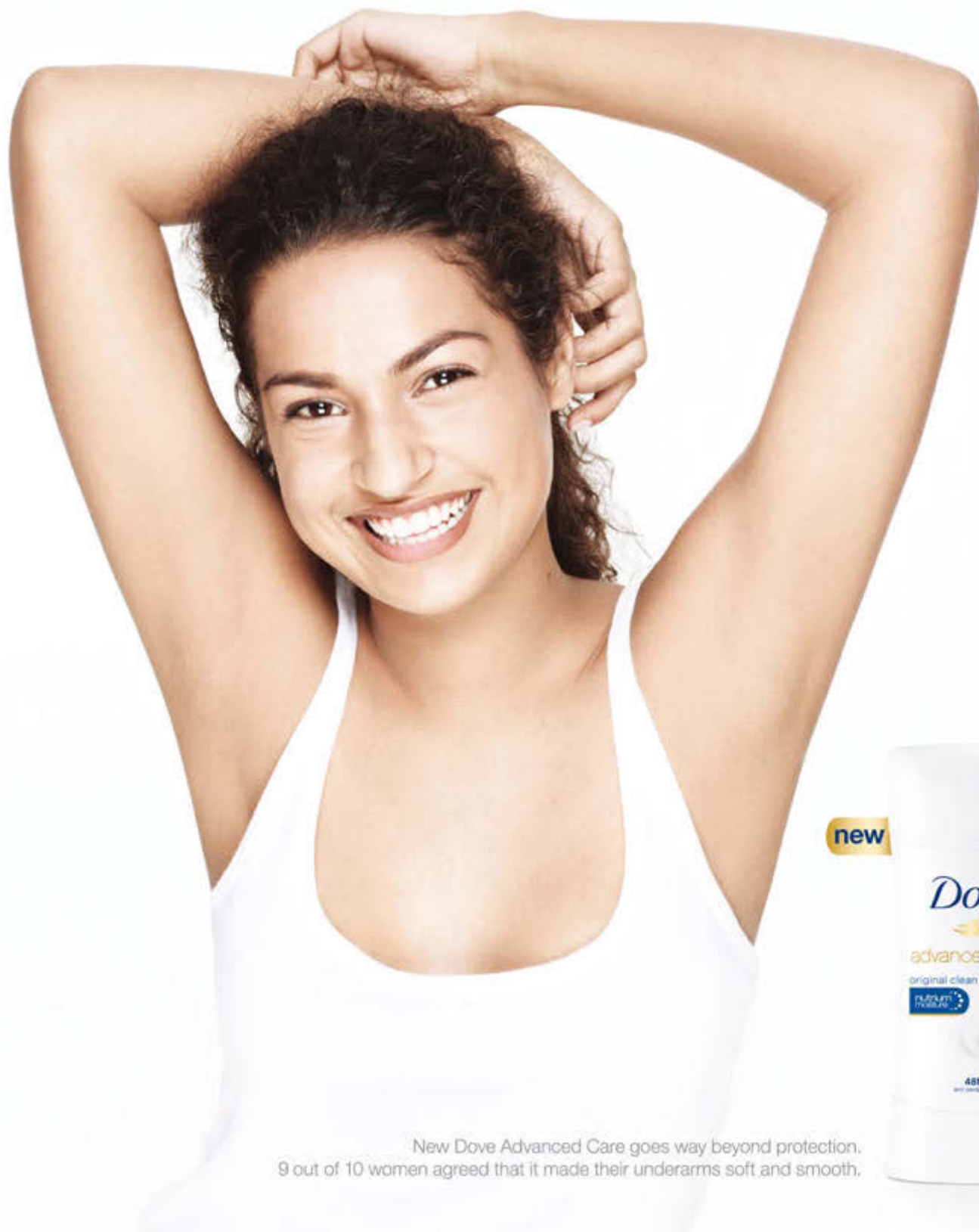
Gone someplace special with your Glamour? Send or tweet us a photo! See details below.

GOT AN OPINION? Sure you do—and we want to hear it. Email us at letters@glamour.com; tweet to @glamourmag; comment on glamour.com or facebook.com/glamour; or write us at Glamour, One World Trade Center, New York, NY 10007. Submissions and comments become the property of the magazine and won't be returned; they may be edited and can be published or otherwise used in any medium.



"It gives me the protection I need
and my skin feels great too."

Natasha Lawson



new



New Dove Advanced Care goes way beyond protection.
9 out of 10 women agreed that it made their underarms soft and smooth.

O Say Can You Share...?

We're loving these Fourth of July-appropriate posts, found on the timelines of women everywhere. Pass 'em on!

Curated by Alexandra Schwartz



Pinned by Stephanie Feather; created by Bill MacNeil



Modified from @soobeedoobee's Instagram



Modified from a pin by Linda Christensen



Pinned by Jessica M;
photograph by Sarah at thewinthropchronicles.com

Like What You See? Share this month's picks by visiting *Glamour's* Facebook, Instagram, Pinterest, Tumblr, and Twitter pages. And send a link to anything else you're loving to omg@glamour.com. It could end up here!



let every strand shine

Suave Professionals® Moroccan Infusion

Infused with authentic Moroccan argan oil — It's light on your hair for a long-lasting shine



WORKS AS WELL AS SALON BRANDS



PLANT PROTECTION®

Our Plant Protection® rich formulas allow us to achieve high levels of protection with fewer potentially irritating actives. Additionally, all our products are sourced with a Farm to Face® philosophy, making them better for your skin and better for the environment.



Look for these seals on COOLA® products ensuring that they are made with 70%+ certified organic ingredients.



COOLA



Farm to Face®



Solar Powered®



Located in Sunny & Cool San Diego, CA | (888) 682 6652 | hello@coolasuncare.com

www.coolasuncare.com

GLAMOUR Obsessed 100

Our 100 Summer Obsessions

Everything to wear, watch, do, and download from now till Labor Day. Enjoy!

summer obsession

#1

This Guy (Just Look at Him!)

If 2012's *Magic Mike* was all about Channing Tatum, its sequel, *Magic Mike XXL*, out this month, belongs to

Joe Manganiello. The future Mr. Sofia Vergara steals the show with his dance moves. "I studied ballet," he tells *Glamour*.

"And I'm marrying a Colombian woman. Any family dinner turns into a dance party." (Read how they started dating on page 136.) Oh, and about those practically CGI muscles?

"When I'm working out for a job, I push myself," he says. "But when I'm off, if I wanna have fried chicken and waffles three times a day, I'll do it." —*Megan Angelo*

summer obsession

#2→#5

Everywhere Girl
Alicia Vikander*Go ahead, blink.
You can't miss the
Swede this summer.*

With *six* upcoming films, 26-year-old **Alicia Vikander (#2)** stars opposite guys including Henry Cavill, Bradley Cooper, Michael Fassbender (her offscreen boyfriend), Eddie Redmayne, and, no big deal, Tom Hanks. So while the world is busy obsessing over Ms. Vikander, we asked what *her* obsessions are this summer. Ready? In fashion: **berets (#3)** (she wears 'em opposite Kit Harington in the World War I drama *Testament of Youth*). "It's funny. I've done quite a few films where I am literally wearing many hats," she says. And in beauty: the miraculously brightening **Magic Cream (#4)** from Charlotte Tilbury (\$100, nordstrom.com). And in food: "I'm a salty-food addict. I love **pickled herring (#5)**. I keep a little stash in my fridge." Must be a Swedish thing.

—Kate Branch

summer obsession

#6→#11

The Music That
Musicians Love*(Play at your
next BBQ!)*

#6 "I was blown away by the British artist **Roman**. His music has a lot of throwback elements."
—*Nick Jonas*, *Scream Queens*, *out this fall*

#7 "**Natalie Prass** was in my band for a while, and she just made a beautiful [self-titled] soul record."
—*singer-songwriter Jenny Lewis*

#8 "I like this new artist **LIZ**, on Diplo's label. She doesn't take herself too seriously."
—**NSYNC's JC Chasez*

#9 "I'm just ready for more and more **Sam Hunt**."
—*Kimberly Perry of The Band Perry*

#10 "Nas signed a guy called **Fashawn** [pronounced "Flash-on"]. I'm looking forward to his career blossoming in a brilliant way."
—*rapper Aloe Blacc*

#11 "**Rihanna's** collaboration with Paul McCartney! Didn't see that coming!" —*singer-songwriter Christina Perri*

summer obsession

#12→#15

These Addictive
Fashion Snapchats

For a front-row seat at fashion shows, follow **Song of Style (#12)**. Get an inside look at the life of a street-wear designer with **Vashtie Kola (#13)**. Find home decor and style hacks at **I Spy DIY (#14)**. And, of course, **glamourmag (#15)**!

summer obsession

#16→#20

These Beauty
Go-tosOur editors are
hoarding them!*For bright lips:*

#16 Givenchy Le Rouge Edition Couture (\$36, sephora.com)

For a blush that lasts:

#17 Urban Decay Afterglow Powder Blush (\$26, urbandecay.com)

For an all-over glow:

#18 L'Oréal Paris Sublime Bronze Self-Tanning Serum (\$11, at drugstores)

For just the best scent:

#19 Tom Ford Fleur de Portofino (\$215, tomford.com)

For healthy no-fuss hair:

#20 Dove Pure Care Dry Oil Nourishing Treatment (\$13, at drugstores)



summer obsession

#21

This
Goes-With-
Everything
BagSo on point for work.
(And everywhere else.)**Milly bag** (\$365, nordstrom.com)

continued on next page ▶

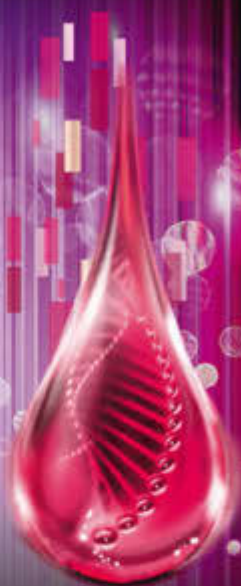


Schwarzkopf
Professional HairCare for you.

NEW

**YOUNGER
LOOKING
HAIR IN
30 MINUTES.**

- FULLER HAIR
- SKIN TONE MATCHING REFLEXES
- UP TO 80% LESS HAIR BREAKAGE*
- INTENSIVE COLORS
- 100% GRAY COVERAGE



- Our first anti-age permanent coloration.
- With Keratin Care Complex and skin-flattering pigments.

SCHWARZKOPF.COM

Only at Walmart*

summer obsession

#22→#23

This Perfect Summer Brunch

We love everything **Eden Grinshpan** (#22) dishes out on the Cooking Channel's *Eden Eats*, so we went to her for brunch inspiration. "I spent a year backpacking through India in 2008, so I am obsessed with Indian spices," she says. "This **curried tomato jam** [#23] is so tangy and flavorful, all it needs is a perfectly fried egg and a toasted piece of sourdough." The how-to: Pour 2 tbsp. extra-virgin olive oil in a pan over medium heat. Add 2 finely chopped small onions, and salt and pepper to taste. Sauté until light in color. Add 3 finely chopped garlic cloves, 1 tbsp. mustard seeds, 1 tbsp. curry powder, 1 tbsp. grated fresh ginger, and 1 tsp. turmeric. Sauté until onions caramelize, then add 3 chopped tomatoes and 2 tsp. sugar. Reduce heat to medium-low; stir frequently for 20 to 25 minutes, until jam is thick. Top with mustard seeds, a handful of cilantro, and sliced radishes; serve immediately. "It's light," she says, "but exotic."



summer obsession

#24→#27 Palm Prints. Period.

They were in no fewer than 20 runway shows, and they really do go anywhere.



Your palm-print inspiration (on model Jacquelyn Jablonski)

For a similar look, #24 **Loft** Beach Floral Bloom Romper (not shown; \$50, loft.com)



A maxidress gives you effortless summer shape.
#26 **H&M** (\$50, hm.com)

A one-piece with a plunging neck? Sexy.

#25 **Vanilla Beach** swimsuit (\$45, target.com)



Printed shorts: cool and flirty
#27 **Rebecca Minkoff** (\$198, rebeccaminkoff.com)

summer obsession

#28→#33

The New Apps You Won't Want to Do Summer Without...

#28 **Periscope**: If you're not on it, it's time. (Follow Roger Federer and Mary J. Blige.)

#29 **MikMak**: Get your fix of funny fashion and beauty videos, then shop what you see (all under \$100).

#30 **Swill**: On-demand booze delivery right to your door. Um, yes.

#31 **Bumble**: On this dating app, only women initiate conversations (well played!).

#32 **Breather**: Rent a party space, no advance notice required.

#33 **Bleep**: There's no cloud storing with BitTorrent's messaging app, so you can send pics ultrafast with no fear of hackers.

summer obsession

#34→#37

...and the Gadgets You'll Take on Vacation

#34 **Karma Go** (\$14/GB, yourkarma.com) is a mini pay-as-you-go Wi-Fi that connects to the Internet anywhere in the U.S.

#35 **Mophie Spacestation** (\$300, mophie.com) has enough battery power to charge your phone three times, plus a 128 GB external hard drive—more than enough room for your *Game of Thrones* library.

#36 **Myo** (\$199, thalamic.com) is the gadget everyone will be talking about; it lets you operate any Bluetooth device by the wave of a hand.

#37 **Jawbone UP4** (\$199, jawbone.com), the wearable fitness coach, now has an ApplePay-like function. Leave your wallet behind! —Will Yakowicz

continued on page 34



hello sparkle

share how you make
a moment sparkle
#mysparklemoment

Hint of natural flavor.
Unsweetened,
zero calories.

Dasani and Sparkling Water are trademarks of The Coca-Cola Company. ©2013 The Coca-Cola Company.

DASANI
sparkling



**WE'VE GONE TO GREAT LENGTHS
TO ENSURE YOU CAN DO THE SAME.**

THE 2015 CHEVROLET MALIBU WITH AN EPA-ESTIMATED 36 MPG HIGHWAY.

The Chevrolet Malibu offers seamless stop/start technology that can automatically shut off the engine when the car is stopped to increase fuel efficiency.* So by stopping, you'll be able to keep going and going.

CHEVROLET MALIBU

*Malibu with 2.5L engine 25 MPG city. **The Chevrolet Malibu received the lowest number of problems per 100 vehicles among midsize cars in the proprietary J.D. Power 2015 Vehicle Dependability Study.† Study based on responses from 34,372 original owners of 2012 model-year vehicles after three years of ownership about problems experienced in the past 12 months. Proprietary study results are based on experiences and perceptions of consumers surveyed November–December 2014. Your experiences may vary. Visit jdpower.com.



"Most Dependable
Midsize Car" in 2015

FIND **NEW** ROADS™

CHEVROLET



summer obsession

#38 → #39

The Mojitos of Your Dreams

On July 11 (National Mojito Day—who knew?), try a **#38 classic mojito**. This recipe is from the bar at the Bowery Hotel in NYC: Stir together 2 oz. rum, 1 oz. lime juice, 1 oz. simple syrup, 3 fresh mint sprigs; top with seltzer. Or go for a **#39 watermelon mojito**—muddle a few slices of watermelon with basil, and add to the classic mojito.



summer obsession



40

The Return of *Wet Hot American Summer*

It's been 14 years since the zany comedy *Wet Hot American Summer*, which is set on the final day of Camp Firewood in 1981.

This season, thanks to the nostalgia fairy godmother that is Netflix, the crew is back in the prequel *Wet Hot American Summer: First Day of Camp* (streaming starts at midnight on July 31).

Look out for the new kids: Jon Hamm, Kristen Wiig, Chris Pine, and Jason Schwartzman are joining the awesome original cast, which includes Elizabeth Banks, above, and Paul Rudd as the frisky counselor couple, and Amy Poehler and Bradley Cooper as the scariest preppy bullies this side of a paddleboat.

In other words, our camp friends grew up to be Hollywood's entire A-list. —M.A.

summer obsession

#41 → #44

These Fan-Favorite Comebacks

#41 *Entourage*, the movie: Vince and Co. aside, we're excited for former assistant Lloyd and his stellar bow-tie game (June 3).

#42 *Ted 2*:

Amanda Seyfried holds her own in the potty-mouthed sequel (June 26).

#43 *Scream*:

MTV reinvents the 1996 film as a TV series, starring Bella Thorne (June 30).

#44 *The Spoils Before Dying*:

Kristen Wiig is back in *Funny or Die*'s miniseries on FX, a film noir of the L.A. jazz scene (July 8).

summer obsession

#45 → #47

Three Beach Reads That'll Make You Forget About Work

#45 *Among the Ten Thousand Things*, by Julia Pierpont:

A daughter intercepts evidence of her dad's affair, but as this novel shows, there's not just one side to any story.

#46 *Sick in the Head: Conversations About Life and Comedy*, by Judd Apatow:

Director Apatow got his start—at 16!—as a radio guy; this book includes transcripts of his chats with comedians like Jerry Seinfeld and Steve Martin.

#47 *Primates of Park Avenue*,

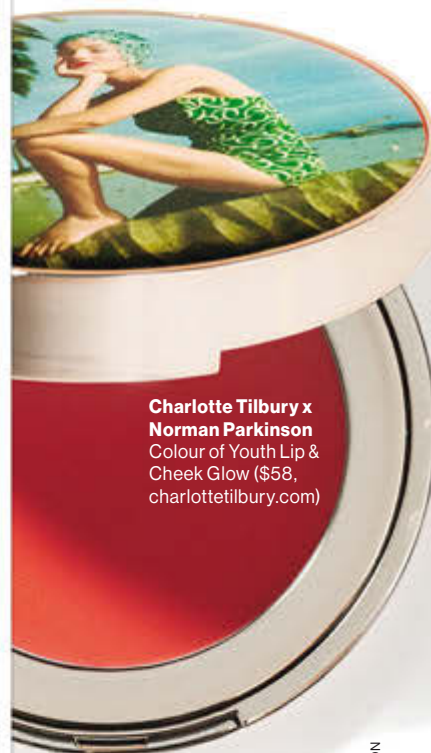
by Wednesday Martin: Think privileged NYC wives are another species? Martin goes undercover in this dishy memoir and reminds us that we all have something in common. —Elisabeth Egan

summer obsession

#48

This Compact. Best Look of Summer!

Here's an item you'll keep finding excuses to pull out of your purse: a **Charlotte Tilbury x Norman Parkinson compact**, stamped with one of the fashion photographer's iconic beachy images. The whole collection's gorgeous!



summer obsession

#49

A Great Excuse to Babysit

Mindy Kaling stars as Disgust, Amy Poehler as Joy, but what we love most about the intended-for-children film *Inside Out* is that it gives kids—and all of us—a way to talk about our emotions. Thank you, Pixar.

Aveeno.
ACTIVE NATURALS®

Naturally Beautiful Results®

The secret to radiant skin? Positive thoughts and Aveeno.

AVEENO® POSITIVELY RADIANT® SPF 15 Moisturizer helps reduce the look of brown spots in 4 weeks. The exclusive ACTIVE NATURALS® formula has soy, one of nature's most effective tone correctors. You'll see, healthy radiant skin is a game-changer.



summer obsession

#50 → #74

Things Worth Seeing Live

We'll happily put down our phones for any of these.

In NYC:

#50 Hip-hop meets Founding Father in the musical *Hamilton* on Broadway (previews begin July 13).

#51 Alicia Silverstone makes her stage debut in *Of Good Stock* (opens June 30).

#52 *Yoko Ono: One Woman Show, 1960-1971* (Museum of Modern Art, until September 7) is a 360-degree look at a pioneering woman's life.

In L.A.:

#53 Catch our favorite TV funnyman Jesse Tyler Ferguson and Craig Robinson in the musical *Spamalot* (July 31-August 2).

#54 Movie-watch like a true Angeleno at the *Hollywood Forever Cemetery* (cult favorites like *The Wizard of Oz* play through June).

In D.C.:

#55 Cheer on women of Congress in a *softball game* to benefit breast cancer research (June 24).

On the festival circuit:
#56-#61 Make time for *FKA Twigs*, *Sam Smith*, and *Paul McCartney* at Lollapalooza (July 3-August 2 in Chicago); *The Rolling Stones*, *Stevie Wonder*, and *Kendrick Lamar* at Summerfest (June 24-July 5 in Milwaukee).

Oh, and These Killer Concert Tours

Deep breath, here's **#62-#74**: **Drake** has everyone buzzing, but don't miss **Charli XCX** and **Bleachers**. See **Taylor Swift** three ways: with **Vance Joy**, **James Bay**, and her BFFs **Haim**. Also catch **Nicki Minaj** (with **Tinashe**!); sultry **Lana Del Rey**; and **Carly Rae Jepsen**.

And we have to pause for a special shout-out to **Kacey Musgraves**, author of lyrics like "Mend your own fences and own your own crazy." Her new album

Pageant Material is out June 23, so we asked her who *she's* obsessed with: "**Katy Perry** [her tour starts this fall] masters sex appeal and humor with witty lyrics. She's also a champion of females," she told *Glamour*.

"**Alison Krauss** has won more Grammys than any other female artist, and she's still a doll. And **Willie Nelson** has remained true to himself and his music."

—*Jessica Radloff*



summer obsession

#75

These Unboring Shades

If you need new sunglasses, and you've been very, very good, consider Gucci Floras, made with a fine sheet of the brand's classic Flora scarf inside.

summer obsession

#76 → #77

This Good-Guy TV Star



The coolest boyfriend on TV has to be **Hannibal Buress** (**#76**), who plays Lincoln on *Broad City*. He's got his career figured out (dentist), bakes cakes when he's worried (adorable), and gives the freewheeling, free-loving Ilana space. At least, that's how we see it. "I think he tolerates too much from Ilana," says Buress. "They need to establish their relationship or move on." (Straightforward, we like.) In addition to his hilarious and surprisingly feminist *Live From Chicago* special (stream it on amazon.com), he'll star in his own new TV show, *Why? With Hannibal Buress* (**#77**), a mix of sketches and stand-up, on Comedy Central (starts July 8). "I picture people watching it on their phones, sipping margaritas," he says. "It's summertime comedy for the people."
—*M.A.*

INSPIRE A DIFFERENCE

A little inspiration makes a world of difference. **Investigation Discovery** raises awareness of domestic violence, civil rights, bullying, victims' rights and healing through their *Inspire a Difference* campaign by partnering with organizations and people who are championing these important issues. Each year, ID honors an "everyday hero" who inspires a difference in their community. This year, it could be you!



MEET THE 2014 EVERYDAY HERO

Kristen Paruginog is the founder and executive director of *Break the Silence Against Domestic Violence* (BTS). The nonprofit organization empowers victims and survivors to embark on a new journey of peace and self-sufficiency. Through an advocate hotline, educational programs and personal development retreats, Kristen and her charity transform the lives of domestic violence victims.



ENTER FOR A CHANCE TO WIN A \$5,000 DONATION

Do you know someone who's inspiring a difference in their community?
Visit Glamour.com/InspireADifference to nominate an everyday hero.
One winner's charity will receive a \$5,000 donation from Investigation Discovery.

NO PURCHASE NECESSARY. To enter and for full rules, go to www.glamour.com/inspireadifference. Promotion starts 6/16/15 at 12:01 A.M. ET and ends 9/14/15 at 11:59 P.M. ET. Open to legal residents of the 50 United States/D.C. 18 or older, except employees of Sponsor, their immediate families and those living in the same household. Void outside the 50 United States/D.C. and where prohibited. There will be one (1) winner. Prize: \$5,000 donation to charity. Sponsor: Condé Nast.



summer obsession

#78 → #82

The New Road-Trip-Worthy Beauty Pit Stops

Traveling? Here's where our beauty editors would go: **#78 The Spa at the Miami Beach Edition:** Add their instant-classic "Power Nap" to any treatment if you're road weary. **#79 Striike,** Beverly Hills' new destination for hair, makeup, and brows. (You might spot Emily Blunt or Claire Danes.) **#80 TenOverTen** in Austin, Texas, is the outpost of the NYC fashion-editor favorite nail salon. **#81 Skin Laundry,** in Scottsdale, Arizona, is like Drybar, but for your face. Glow skin in 10 minutes! And **#82 CAP Beauty** in NYC has every natural beauty product you need.



summer obsession

#100

The 20th Anniversary of *Clueless*!

Its fashion still rules.

In 1995 Leesa Evans—the costume designer behind this summer's *Trainwreck* and the upcoming *Zoolander 2*—was an assistant stylist on the set of **#100 *Clueless***. How is it that, 20 years later (yup, we're buggin' too), a film showcasing schoolgirl plaid is still required viewing? "Cher and Dionne weren't afraid to play with fashion, and they showed dressing up was cool," Evans told *Glamour*. Their, and her, message? "Flaunt your style, and go out on a limb." —Ashley Edwards Walker

summer obsession

#83 → #87

The Movies Celebs Want to See...

- #83 "Jurassic World"** [June 12], 100 percent."
—Hunter Parrish, *Weeds*
- #84 "Magic Mike XXL"** [July 1]! I like to dance. I don't know if Channing Tatum is as good as me....
—Matt McGorry, *How to Get Away With Murder*
- #85** "I am super excited for *Trainwreck* [July 17]! I love Amy Schumer."
—Mary Elizabeth Winstead, *The Returned*
- #86** Our pick: "Jake Gyllenhaal as a tragic boxer in *Southpaw* [July 24]."
—Jessica Kantor, *Glamour's West Coast editor*
- #87** OK, not summer, but... "Carey Mulligan and Meryl Streep in *Suffragette* [October 23] are as good as it gets for female empowerment."
—Rosamund Pike, *Gone Girl*

summer obsession

#88 → #92

...and the TV Shows They're Streaming...

- #88 "Unbreakable Kimmy Schmidt!"** It's just so much fun to have Tina [Fey's] fully formed voice back on TV."
—Lena Dunham, *Girls*
- #89** "I'm excited to really get into *Better Call Saul*."
—Max Greenfield, *New Girl*
- #90 "House of Cards"** for sure. I'm obsessed."
—AnnaLynne McCord, *90210*
- #91 "American Crime."** Regina King is on it, and she's so phenomenal!"
—Aja Naomi King, *How to Get Away With Murder*
- #92** "My wife and I will finish *The Affair* soon, which we started watching as soon as we got back from our honeymoon."
—Ben Feldman, *Mad Men*

summer obsession

#93 → #98

...and the Soundtracks You'll Dance To

- #93 The Beach Boys** in *Love & Mercy* (June 5).
- #94** Some **1980s punk rock**, with a little R.E.M. in *Ten Thousand Saints* (August 14).
- #95** **House music** with Daft Punk in *Eden* (June 19)
- #96** **Broadway show tunes** from *Finding Neverland* (June 9) covered by the likes of Christina Aguilera.
- #97** **Pharrell** in *Dope* (June 19; see more on page 110).
- #98** **Jazz**, Woody Allen style, in *Irrational Man* (July 17).

summer obsession

#99



The Gladiator, in Gold

Because summer!

Aldo (\$60, aldoshoes.com)

h_2O only better

It's a better water
for a better you.



Meet the new water from Ocean Spray. It's made with PACs, or proanthocyanidins—powerful elements found deep inside cranberries—to cleanse and purify better than water alone.*

What makes it a better water?



POWER OF 50 CRANBERRIES TO CLEANSE + PURIFY

10

NATURALLY SWEETENED + ONLY 10 CALORIES



NO GENETICALLY ENGINEERED INGREDIENTS



COLOR STRAIGHT FROM CRANBERRIES

Make a PACT* to drink #evenbetter
at PACT.OceanSpray.com.



*Each 16oz serving contains 80 mgs of PACs from the juice of 50 cranberries. PACs are in cranberries, not in water.

PACT* Cranberry Extract Water



"Catwalk-ready hair,
now the world is
my runway."



NEW TRESemmé RUNWAY COLLECTION

A salon-quality collection
created by experts for everyday
runway results at home.

Get inspired:
youtube.com/TRESemme

TRESemmé is the official hair care sponsor of



Mercedes-Benz FashionWeek

TRESemmé

PROFESSIONAL. AT YOUR FINGERTIPS.



Chic Summer Weekends!

Staying home? Going away?
Upgrade your downtime
fashion here.

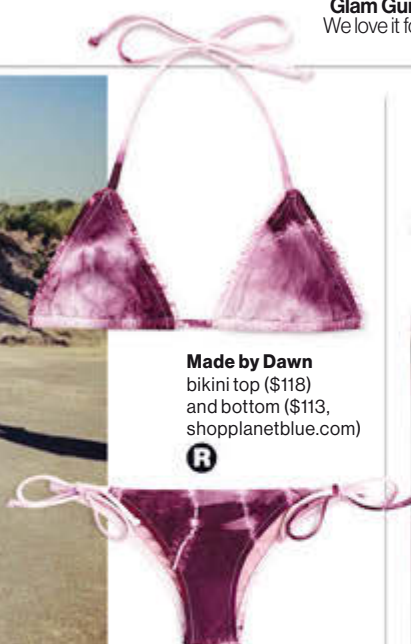
Meet Our Model

Laura Harrier, 25, will be appearing in Steve McQueen's upcoming HBO series *Codes of Conduct*. Here she does the print-dress-and-gladiators thing in style. Wear everywhere!

Valentino dress. **Tomas Maier** sandals. **ManiaMania** earrings. **Nancy Gonzalez** backpack. **The Brave Collection** bracelets. **Louis Vuitton** luggage. **See Glamour Shopper** for more information.



Your Inspiration:
Photographer Delfina
Blaquier (@delfinablaquier)
uses a shawl to carry her
most precious accessory.



Made by Dawn
bikini top (\$118)
and bottom (\$113,
shopplanetblue.com)

R

**La Parfumerie
Moderne** eau
de parfum in
Cuir X (\$220,
barneys.com)

WDR



Surf's Up!

Instant beach vibe: Go boho anytime, anywhere, with free-spirited prints, exotic extras, and a healthy dose of tie-dye.



En Shalla tote (\$235,
net-a-porter.com)

DR



Maje blouse
(\$295, maje.com)

DR



ILD necklace (\$236,
iwonaldygedesign.com)

WDR



Figure shorts
(\$150, figure.com)

R



Madewell sandals
(\$118, madewell.com)

WDR

ALL **BLUSHED** NEVER HUSHED.

DARE TO GO NUDE.

NEW
THE *blushed* NUDES
PALETTE

Our newest 12-shade collection
in rosy gold tones, curated to
create infinite looks.

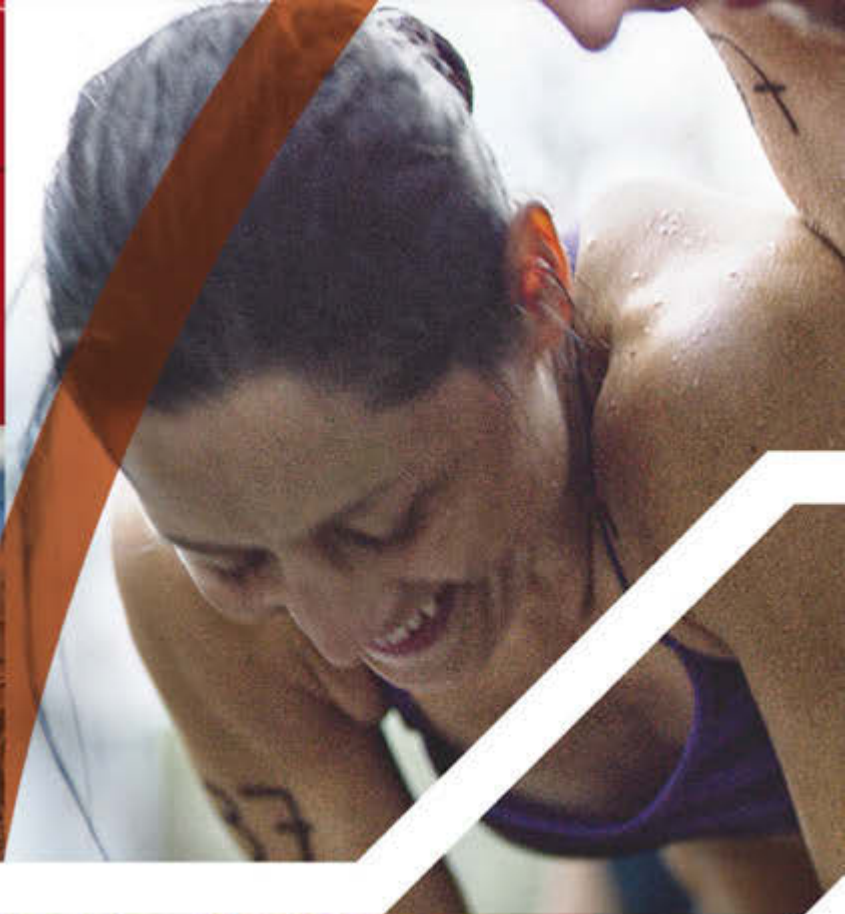


MAYBELLINE.com/blushednudes
Kemp is wearing New The Blushed Nudes Palette
from Maybelline® New York.

MAYBELLINE

MAYBE SHE'S BORN WITH IT. MAYBE IT'S MAYBELLINE®
©2015 Maybelline LLC.

NEW YORK



Jeep

RENEGADE

Jeep.com/Renegade



Jeep is a registered trademark of FCA US LLC.



WHY STOP AT SOMEONE ELSE'S FINISH LINE?

The all-new 2015 Jeep Renegade with available Selec-Terrain® traction control. Because it isn't just where you go. It's what you do when you get there.



Into the Wild

These country-strong looks work for a rural bonfire...or an urban brunch date.



BlankNYC
pants (\$88,
blanknyc.com)
WDR



Will Leather Goods
duffel (\$695, will
leathergoods.com)
R

Your Inspiration:
Design assistant
Marti Arcucci
(@martiarucci) layers
up in a blanket poncho.



Isabel Marant
dress (\$630,
Isabel Marant,
NYC, 212-
219-2284)
WDR



Genie by Eugenia
Kim hat (\$100,
nordstrom.com)
DR

The 2 Bandits
bolo tie (\$198,
the2bandits.com)
WDR



Sacai Luck
skirt (\$1,298,
select Saks
Fifth Avenue,
877-551-7257)
WD



Madewell
top (\$88,
madewell.com)
WDR



Belle by Sigerson
Morrison booties (\$395,
revolveclothing.com)
WDR

ARCUCCI: COURTESY OF SUBJECT STILLS; TIM HOUT; STYLIST: JOHN OLSON FOR HALLEY RESOURCES

*Based on Revlon's ColorStay™ Lip Makeup unit sales from Nielsen Scantrack ColorStay metrics for 52 weeks ending 2/27/2015. All Quarts Combined. © 2015

"WITH A KISS,
FOREVER BEGAN."

M. WILLIAMSON, WRITER

EVERLASTING
IS ON

REVLON COLORSTAY OVERTIME™ LIPCOLOR

The perfect partnership of **color**
and **moisture-rich shine**, from the
leader in longwear.^{*} No touch-ups
required for **up to 16 hours**. For a love
that never fades—in 26 stunning shades.

LAIS OLIVEIRA WEARS **NEW** ALL NIGHT FUCHSIA.

NEW
SHADES

REVLON
LOVE IS ON™

Fashion Talk

Sister Act

Kendall, left, and Kylie in florals from their debut Kendall + Kylie collection, available exclusively at Topshop and select Nordstrom stores

A full-page photograph of Kendall Jenner and Kylie Jenner. Kendall is on the left, wearing a black dress with a vibrant green and pink floral pattern. She is leaning her head against Kylie's shoulder. Kylie is on the right, wearing a white dress with a large pink and green floral pattern. She is looking directly at the camera with a slight smile. The background is a plain, light grey.

Kendall and Kylie's Big Move

The Jenner sisters aren't satisfied with social media stardom—now they want to design your wardrobe. And look, they're good at it!

By Jane Keltner de Valle

STYLIST: JESSICA DE RUITER AT THE WALL GROUP; HAIR: SCOTT CUNHA AT THE ONLY AGENCY; MAKEUP: ROB SCHEPPY AT CLOUTIER REMIX; MANICURES: KALEY PHAN AT DLMLA. FROM LEFT: KENDALL + KYLIE TOP, SHORTS, JUMPSUIT, FREEDOM AT TOPSHOP STUDS; HOOPS, BRACELET, KYLIE SOWN. SEE GLAMOUR SHOPPER FOR MORE INFORMATION

continued on next page

Photographs by Doug English

"TOAST LOVE, LAUGHTER
AND EVER AFTER."

UNKNOWN

© 2015 Revlon

NEW
SHADES

ENDURING
IS ON

REVLON COLORSTAY GEL ENVY™

Commit to color—in just **two steps**:

Step 1: Base and color in one.

Step 2: Revolutionary Diamond Top Coat for
diamond-like shine and **life-resistant wear**.

In 38 brilliant shades.

FEATURED NAIL SHADE: GAMBLING HEART.



REVLON
LOVE IS ON™

Kendall and Kylie Jenner are many things (reality-TV royalty, social media

powerhouses, paparazzi bait, high-fashion model in the case of Kendall, hair-color chameleon in the case of Kylie...), but what they *don't* pretend to be are traditional fashion designers. "Sew?" says Kendall quizzically when asked if she's ever made anything. "Like, sewing clothes? I've never sewed anything in my life." Then she asks earnestly: "Is that a problem?"

Nope—we don't think it will be. The sisters, 19 and 17, have been collaborating on various fashion lines for over two years now, to much commercial success. And while their debut Kendall + Kylie collection, which launches at Topshop this summer, may not be stitched by them personally, it has all the hallmarks of their cool California style. Think easy black maxidresses, sun-faded jean shorts, sweet eyelet tops, and punchy florals meant to be Instagrammed.

The two sisters have distinct looks, they're quick to point out: "I'm more casual," says Kendall. "Kylie makes sure everything is perfect." Kylie agrees: "I'm way dressier than Kendall. I'll go to lunch in heels and a dress." That said, they generally gravitate toward the same pieces, even if they put them together in different ways. And both siblings



have plenty of fashion know-how. Kylie shops and collects shoes like it's a sport, while Kendall has been in a total immersion program on fashion, thanks to her modeling career. "Traveling to Paris and working with some of the most gifted designers—it rubs off on you," says Kendall, who counts Chanel's Karl Lagerfeld, Givenchy's Riccardo Tisci, and Balmain's Olivier Rousteing among her inner circle. Not a bad sounding board!

So what are the two designers-in-training looking forward to wearing from their new line? And what else are they throwing on this summer? We quizzed them on the set of their *Glamour* shoot; listen in.

GLAMOUR: OK, ladies, which outfit would each of you wear on a date?

KENDALL: The flowy black high-waisted pants and a crop top with lace-up gladiator heels.

KYLIE: Our simple white over-the-shoulder T-shirt with jean

shorts and cute heels.

GLAMOUR: How about the weekend?

KENDALL: Denim shorts and the white eyelet top [above] with lots of necklaces and rings.

KYLIE: The floral pieces [previous page]. They're colorful and fun.

GLAMOUR: What would you wear to babysit your niece North?

KENDALL: The black jumper.

KYLIE: A crew neck and no accessories. North can get a bit wild.

GLAMOUR: To take an Instagram selfie?

KENDALL: Something simple like the white cropped tee. I don't like wearing anything too crazy, because it takes away from the selfie.

GLAMOUR: What would you style your sisters in?

KENDALL: The black pants for Kim, but she'd have to style the rest. She's too diffi— she can figure her own thing out! The jumpsuit looks good on

OPPOSITES ATTRACT

Clockwise from left: **Kendall + Kylie** blouse, \$60, shorts, \$60; dress, \$95; sweatshirt, \$68, trousers, \$75 (all at topshop.com)



tall girls, so I'd put Khloe in that. And Kourtney would look cute in the short romper.

GLAMOUR: Who takes longer to get ready in the morning?

KYLIE: Me.

KENDALL: Yes, Kylie. She just took, like, four hours!

GLAMOUR: What's your favorite summer memory?

KENDALL: Fourth of July in Malibu with family and friends. Kylie, my dad [Bruce Jenner], and I used to go to this place near our house there that shoots off fireworks. We'd put towels on top of his car and sit up there with snacks, watching the fireworks, just the three of us. **G**

*Based on Revlon® ColorStay™ Eye Shadow unit sales from Nielsen Scantrack Color Cosmetics for 52 weeks ending 2/29/2015. All Outlets Combined. © 2015 Revlon

"HE WAS NOT SIMPLY
CLOSE TO HER...HE DID NOT
KNOW WHERE HE ENDED
AND SHE BEGAN."

LEO TOLSTOY, AUTHOR

INTIMACY
IS ON

REVLON COLORSTAY™ 16-HOUR EYESHADOW

The embrace of lasting love,
from the **leader in longwear.***
**Ultra-rich shadows that won't crease,
fade or smudge.** 48 sumptuous shades.
Endless possibilities.

LAIS OLIVEIRA WEARS ROMANTIC.

NEW
SHADES

REVLON
LOVE IS ON™



The Month in Outfits

Kate Davidson Hudson, 33, cofounder of the fashion site Editorialist, takes five timeless pieces and makes summer style magic.



Topshop
(\$70,
topshop.com)

1

2

Culottes can look retro, but a menswear button-down and sleek heels make them look decidedly modern.



GRAPHIC SCARF

Karen Walker
(\$115, karenwalker.com)

7



8

Weaving the scarf into a braid reads instant Grace Kelly.

Print on print: I say turn the scarf into a wrist wrap.



9



10

It's also a clever way to update a classic lady bag.



16

A cropped shirt makes a suit feel feminine.



17

Weekend brunch? Do the pants with a preppy polo.



18

The blazer with a flowy dress is so sophisticated for the office.



SLEEVELESS CROP TOP

19

DKNY (\$235, dkny.com)



23

No-fail pattern-play tip: Style together clashing prints in similar palettes.

24

Casual but chic: High-waisted jeans always flatter a crop top.

25

Layer it over your go-to LBD for a fresh take.



PRINTED MAXIDRESS

Oasis
(\$105, oasis-stores.com)

26



27

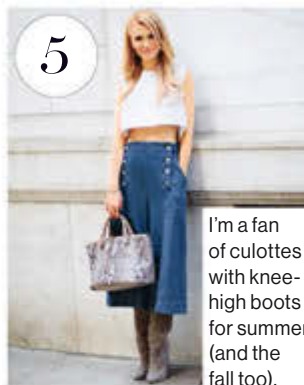
A flowing dress and tall gladiators—I'll be living in these every Sunday.



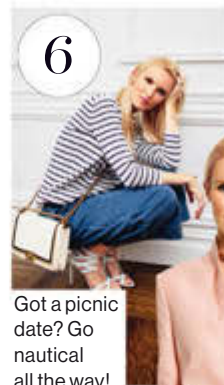
Bohemian tops and a mini cross-body bag are my staples for weekends.



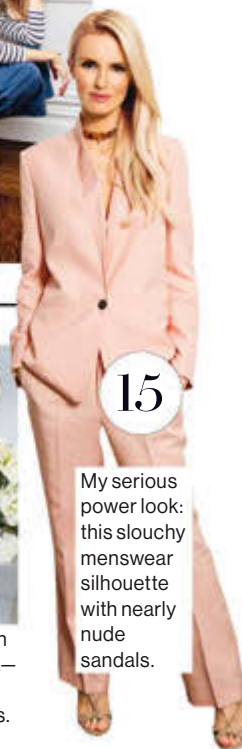
Playing with my kids calls for denim and a sweater.



I'm a fan of culottes with knee-high boots for summer (and the fall too).



Got a picnic date? Go nautical all the way!



My serious power look: this slouchy menswear silhouette with nearly nude sandals.



And I like it as a single accent for an all-white look—around my neck...



...or as a statement belt.

PASTEL SUIT



Zara blazer (\$149) and trousers (\$80, zara.com)

13



Pair the pants with a fitted blush tank—it's a great way to rework suit basics.



Offset bold mules, clutch, and tank with a neutral A-line skirt.



For effortless dressing, pair the crop with boyish trousers.



I love the idea of making the patterned top an underpinning rather than the focal point.



Bet you didn't see the shearling coming! I'm one to sneak in some unexpected texture for summer nights. XO, @editorialistmagazine



Going from day to evening? Add a denim jacket and flats...



...or a leather jacket and way-high heels.



Breezy dress meets tailored trench: Hello, workwear classics!

HAIR: KRISTINA MACCARO; MAKEUP: JOSEPH GARRILLO; STYLING: JESSICA BELL; PROP STYLING: TIM HOUT; STYLIST: RENATE LINDLAR

Summer Office Dressing 101

Lifeguards have it easy, but what should the rest of us wear to work all summer long? *Glamour's* Jane Keltner de Valle lays down the new rules.



Outfit Idea Alert!

The author in a Rosie Assoulin dress, left, and London editor Caroline Issa in relaxed pants, below. The common denominator? Crisp cottons.



Fact: Dressing for the office in my hometown of New York City in the height of summer is an Olympian fashion feat. There's the 100-degree communal steam bath that is the subway platform, the high-humidity concrete jungle, and the punishing arctic blast that greets you as you come through the revolving doors of an office skyscraper. Like everyone else, I struggle to dress appropriately under such bipolar conditions, but I *have* learned a few tricks over my decade-plus career in fashion—and can always call on the best-dressed women in the world in the name of research. So with a season of escalating temps on the horizon, I rang up a few of the chicest career girls I know. Consider the following your cheat sheet:

If you'd wear it to the beach, file it under 'no.'

When I was an editor at *Teen Vogue*, an

assistant once arrived wearing a strapless cocktail dress to a midsummer meeting with our editor-in-chief. Which brings us to lesson one: Resist the temptation to go too bare. "Summer is like a disaster zone," real estate scion and lifestyle entrepreneur Ivanka Trump told me over breakfast recently. "Hemlines go up, and there are so many minefields for women! Men can wear khakis and a polo shirt on casual Fridays. If I ever walked into the office wearing that?" (One shudders to think what The Donald might say.) Her advice: "Look at the environment you're working in, and stay within the boundaries of that." For Trump that means polished dresses, or a blazer and silk tank paired with relaxed pants (she's loving this season's culottes and wide-leg styles).

Kate Davidson Hudson, the cofounder of the accessory site Editorialist (ogle her style on page 52), adheres to another wise dictate: "I heard this rule once that you're not going to wear a pantsuit and heels to

the beach, so don't wear something you'd wear to the beach to the office." She recalls a young colleague at a former job who "wore cut-off booty shorts with pink flip-flops. We had to take her aside and explain what proper work attire entails. You have to be conscious of not letting your professionalism be undermined by your clothes." Unless your job is lifeguard or swimsuit model (in which case, party on!), rule out cutoffs, flip-flops, sports bras, and anything you'd wear to a pool or a gym.

Find a uniform and go from there.

Last May, when I joined *Glamour*, I was immediately struck by fashion director Jillian Davison's unerring ability to be both work- and weather-appropriate. Full disclosure: She is Australian, so she's been dressing for the heat from birth. But still! Day after day Davison breezed into the office wearing a crisp men's oxford, sleeves artfully rolled up; a pencil skirt or

PANTENE

2x
**STRONGER
HAIR***

Use Pantene Conditioner
for hair that's 2x stronger
than shampooing alone.

*strength against damage; Pantene shampoo + conditioner system
vs. the shampoo alone. ©2015 P&G



loose pants; and a flash of gold jewelry. Chic, polished, comfortable. What's her secret? "A level of tailoring is always going to look professional," she says. "That's why I'm a fan of the button-down shirt. Natural fabrics like cotton and linen breathe, and looser fits that sit away from the body feel less restrictive." (In other words, store your leathers, suedes, and clingy knits until fall; ventilation is key in hot weather.)

Davidson Hudson has a summer uniform too: "I love a suit with a sleeveless jacket or tailored, long city shorts," she says.



Dress for Success

Spotted outside a fashion show: this perfect work look. Effortless and polished!

Yes, shorts can be appropriate; just keep the fabric structured and the length modest.

My personal go-to is the one-and-done dress (I just ordered a crisp Rosie Assoulin version). Ivanka Trump agrees: "In the summer you can wear a simple sheath, and in the fall you put a blazer on top."

Know how short is too short.

As temperatures rise, so too do hemlines. So what's acceptable in terms of length? The general consensus is no more than a couple of inches above the knee; short shorts, miniskirts, and clingy fabrics aren't appropriate. For her part, Davidson Hudson advocates a "sit test" in front of a mirror before leaving the house. "If the skin of your legs is hitting the chair," she says, "that's too short." Thankfully, fashion designers seem to have gotten the memo;

the season's of-the-moment silhouette is the midi skirt, which hits midcalf.

Embrace the light.

If New Yorkers (myself included) are guilty of one thing, it's wearing too much black. Not a problem in the winter, but come summer, light colors look and *feel* cooler. Davison advises replacing your blacks with whites during the warmer months. "White near your face is very flattering," she says. "It's a great canvas to add color to." Pair with navy and gold for a nautical-inspired look, or channel the spring runways and go all white. "I love mixing whites with beiges and blushes for summer," says Davidson Hudson. Khaki safari-inspired looks are another perennial favorite; I count a sleeveless trench dress as one of my summer mainstays. It reminds me of Yves Saint Laurent's iconic safari dress. Going strong since 1968...and all the rage right now!

And don't forget these Dos & Don'ts.

Do layer. I know going from an overheated street to an over-air-conditioned office may be a true #firstworldproblem, but it *is* tricky. The solution? I keep a cardigan or a blazer permanently draped over my office chair.

Don't do too-bare shoes. Flats are fantastic, and this season offers a plethora of chic choices, from the gladiator to the mule. But when doing an open toe, consider coverage: "I'm going to sound really finicky," says Davison, "but looking at the whole foot can be not that attractive. I opt for clever styles, like a d'Orsay, where your foot isn't entirely exposed."

Do groom. With bare shoes, consider these three C's: clean, clipped, and chip-free. My personal go-to pedicure shade is a nude (the Essie classic Ballet Slippers); it's pretty without being distracting and has the added benefit of being leg-lengthening. Not to mention the fact that nude goes with everything—who has time to change polish every time you change outfits? You might think twice about getting a pedicure during working hours, though. "I see people coming back from the spa during their lunch break with the toe separators still on," says Trump, tsk-tsk-ing. On that same note, she advises against leaving the house with wet hair. "Tempting," she acknowledges, but just not professional. Bottom line? Even in summer, "dress for the role you want to assume in your life," Trump suggests. "It sends a message to people: You care about taking care of yourself. It's important to feel like you have executive presence." **G**

Your Fail-Proof Staples

Buy now, wear all summer.



Rebecca Minkoff top (\$198, rebeccaminkoff.com). Wear with a pencil skirt, capris, or city shorts in a light color.



Tibi skirt (\$275, tibi.com). Wear with a crisp oxford shirt.



Sam Edelman sandals (\$100, samedelman.com). Wear with everything!



I like to funk up my little black dress.



I love going Rocker Chic with leather, studs and super high stilettos.

DEMI'S

3 GO-TO LOOKS

PERIOD OR NOT.

"With the Radiant Collection from Tampax & Always I have the confidence to wear what I want, no matter what time of the month it is."

Demi Lovato
WEAR WHAT YOU WANT.

Jean shorties are my weekend go-to.



©Procter & Gamble, Inc., 2015



TAMPAX radiant *always*
COLLECTION



#BeRadiant

BURT'S BEES

burtsbees.com



SMOOTH FINE LINES. ERASE ALL DOUBT.

96% of women saw a reduction in the appearance of wrinkles after 8 weeks.
Uniquely formulated with Rejuvenating Hibiscus Apple Complex.

Proof Is In Our Nature



Total Beach Beauty, Mastered!

An essential guide—by women who *know* sand, surf, and bikinis. By Cristina Mueller

Obviously any sane woman wants to spend every waking minute outside when it's nice out. But the beauty issues! Your skin burns, your face dries, your wind-whipped hair resembles Animal from the Muppets. No worries: A bikini model, a surfer, an oceanographer, and a beach volleyball player have shared their beauty solutions with *Glamour*, including why you should be stocking up on diaper cream and aloe!



HER FAUX BRONZER
Victoria's Secret
 Beach Sexy Self-Tanning Spray (\$15, victoriassecret.com)

HER WARM-WEATHER SCENT
Juicy Couture
 I Am Juicy Couture eau de parfum (\$94 for 3.4 oz., macys.com)

GOAL ONE

A Bikini-Ready Body

THE EXPERT: *Behati Prinsloo, 26, model, above*

For the ridiculously beautiful Namibian model (and face of the new I Am Juicy Couture fragrance—and wife of Adam Levine), tackling bikini-season issues is a full-time job. But since she's regularly shooting in steamy locales like St. Bart's and Hawaii for Victoria's Secret, she has streamlined her head-to-toe routine; by the time the cameras come out, everything is golden-limbed perfection.

Her redness reducers: "If I'm in the sun for too long, I get heat rashes. I put gel from an actual aloe plant stalk on the rash. And SkinCeuticals Phyto Corrective Gel [\$62, skinceuticals.com] is great for a burn."

Her midday photo shoot touch-up:

"When we're shooting all day, the makeup artist sprays us down with SPF [try Clarins Sunscreen Care Oil Spray, \$36, clarins.com] every few hours. On my face I'll go 50 or higher, and on my body I do 30 always."

Her tawny-skin booster: "If I need a glow before a beach shoot, I'll spray on a self-tanner [try the one at top] the night before. The mist formulas always come out even for me."

Her signature summer scent: "I love the smell of the new Juicy perfume [above]. There's gardenia, passion fruit, and musk. I spray it behind my ears so my hair soaks it in—it stays the whole day."

GOAL TWO

Glowing Skin

THE EXPERT: *Alexandra Cousteau, 39, water conservationist and explorer, below*

With the legendary oceanographer Jacques-Yves Cousteau as your grandfather, you're in the water a lot: "I could swim before I could walk!" says the French American, who spends much of the year circling the globe for her water-conservation nonprofit, Blue Legacy International. "I went on my first ocean expedition with my dad when I was five months old, and my grandfather taught me to scuba dive at seven." A filmmaker, she's often shooting off the Pacific Coast or exploring the Sea of Cortez; as a result, her wind-battered skin needs serious moisture, along with protective antiaging measures (sunscreen is an *always*). "I am careful about my face, arms, hands—basically all the places that make you look old!" she says.

Her heavy-duty nourishing duo: "If I've been out too much in the sun, I love the Fresh Crème Ancienne eye cream [\$110] and moisturizer [\$140 for 1 oz., fresh.com]—afterward I don't feel dry at all."

Her best imported moisturizer: "The women in Tahiti use a flower-derived monoi oil for everything—stretch marks, hair, body. If I'm diving, I coat my skin with it [like the one below left]. It really sinks in and protects. It's also organic, so it's not going to kill the reef."

Her morning antioxidants: "When my skin isn't quite as dry, I'll use a lightweight moisturizer like pomegranate-seed rose oil [below right]. Then I put on SkinCeuticals CE Ferulic serum [\$162, skinceuticals.com] under SPF; vitamin C fights free radicals and minimizes freckling."



HER SKIN SOFTENER
Primavera
 Revitalizing Intensive Seed Oil Capsules (\$98, shop primavera.com)

HER OCEAN-FRIENDLY MOISTURIZER

Elemis Frangipani Monoi Body Oil (\$53, nordstrom.com)

continued on next page

WHAT

IS IT ABOUT HER?

Introducing NEW 1-DAY ACUVUE® DEFINE™ Brand Contact Lenses.

The lens that enhances the natural beauty of
your eyes, for a brighter, more memorable you.
Made by ACUVUE® Brand, eye care you can trust.



Ask your eye doctor or visit www.ACUVUE.com/DEFINE

WITHOUT

WITH



Important information for contact lens wearers: 1-DAY ACUVUE® DEFINE™ Brand Contact Lenses are available with and without vision correction. An eye care professional will determine whether contact lenses are right for you. Although rare, serious eye problems can develop while wearing contact lenses. To help avoid these problems, follow the wear and replacement schedule and the lens care instructions provided by your eye doctor. Do not wear contact lenses if you have an eye infection, or experience eye discomfort, excessive tearing, vision changes, redness or other eye problems. If one of these conditions occurs, remove the lens and contact your eye doctor immediately. You should never share your lenses with anyone else. For more information on proper wear, care and safety, talk to your eye care professional and ask for a Patient Instruction Guide, call 1-800-843-2020 or visit acuvue.com.

Amelia is wearing NATURAL SHIMMER™

ACUVUE®, 1-DAY ACUVUE® DEFINE™ and NATURAL SHIMMER™ are trademarks of Johnson & Johnson Vision Care, Inc. ©JJVC 2013

GOAL THREE

Healthy Hair

THE EXPERT: *Imani Wilmot, 25, pro surfer, below*

Jamaican-born and -raised Wilmot's commute to the beach is a short one: "I'm literally looking out at the water right now!" she says, calling from her home just outside Kingston. "It's about 35 steps from my front door to the ocean." One of Jamaica's top surfers, Wilmot also runs Surf Like a Girl, a weeklong camp for women. And since she's in the water at least twice daily, her hair gets sun-dried and damaged. How she avoids frying it? No processing or coloring, and loading up on organic butters and oils to soften and protect hair.

Her healthy-scalp trick: "I rinse after I surf, but I usually won't shampoo," says Wilmot. "The more you wash, the more you strip your scalp of its natural oils." And to prevent burns on her scalp, she applies an SPF stick on exposed areas. Try Sun Bum Face Stick (\$10, rickysnyc.com).

Her damaged-hair fix: "I'll work coconut oil or a scoop of hair butter [both below] through the ends after my daily rinse. Both are great whether you have natural or relaxed hair."

Her twice-weekly cleanse: "Every three days I'll use Burt's Bees More Moisture Shampoo and Conditioner With Baobab [\$8 each, burtsbees.com]. I shampoo my roots but condition all over; my scalp needs moisture too."

HER HAIR HYDRATORS

From top:

Dr. Bronner's Whole Kernel Virgin Coconut Oil (\$12, drbronner.com); **Carol's Daughter** Healthy Hair Butter (\$17, carolsdaughter.com)



HER AFTER-SUN FIX
Mustela Vitamin Barrier Cream (\$9, Nordstrom)

HER BEACH-STRENGTH SPF
Shiseido UV Protective Compact Foundation SPF 36 (\$28, shiseido.com)

GOAL FOUR

SPF That Won't Melt Off

THE EXPERT: *Carolina Salgado Solberg, 27, pro beach volleyballer, above*

When your career success depends on sunscreen not getting in your eyes and blinding you to an incoming ball, you'd better believe you develop a fail-safe regimen for keeping everything where it's supposed to be. For the Rio de Janeiro-born athlete—one half, with sister Maria Clara Salgado Rufino, of a powerhouse beach volleyball team—that means a meticulous sunscreen-layering routine that stays put, regardless of how much she sweats. "Everyone asks me, 'How come you're not sunburned?'" says Salgado Solberg. "And I'm like, 'You can't imagine how much [sunscreen] I use!'"

Her three-step, unbudgeable SPF strategy: "On my face, neck, and chest, I start with Shiseido Sun Protection Lotion

SPF 50+ WetForce [\$40, shiseido.com], which absorbs quickly. Then I use a tinted SPF 60 foundation stick and finish with Shiseido SPF powder [above]. It's an immovable shield. When I finish a game, it's still in place."

The products she won't use: "Aerosol SPF for body are too slippery for me. Instead I put on an SPF 50 lotion all over [try Banana Boat Sport Performance Lotion Sunscreen SPF 50+, \$8, at drugstores] about an hour before I go out, then let it sink in."

Her repurposed skin rejuvenator: "Every so often I take diaper rash cream [try the Mustela one at top] and put it on my face before bed. It softens everything after I've been in the sun a lot."

©2015 Garnier LLC

THE FULL
EFFECT

GET
BIGGER
HAIR NOW

ULTRA-LIGHT THICKENING SPRAY
THICKENS HAIR → INSTANT FULLNESS
24H SUPER SOFT BODY, NO WEIGH-DOWN

NEW

GARNIER
FRUCTIS
STYLE

FULL & PLUSH
MEGA FULL
THICKENING LOTION

VOLUME WITH COTTON
FLOWER EXTRACT

GARNIER

SPOT THE LATEST
MUST-HAVE LOOKS @ GARNIERSTYLE.COM

What to Bring to the Beach

The lightest sunscreen, the freshest scent, and other editor-approved essentials

A FACE-WARMING BRONZER
Guerlain

My Terracotta in 02 Natural Blondes (\$55, saks.com)

A MELT-PROOF MASCARA
CoverGirl

The Super Sizer Mascara by LashBlast in Black (\$8, at drugstores)

A SHEER SUNSCREEN
Clinique

SPF 50 Face Cream (\$22, clinique.com)

A BREEZY FRAGRANCE
Calvin Klein

CK One Summer eau de toilette (\$54 for 3.4 oz., macys.com)

A HAIR HIGHLIGHTING CREAM
Redken

Metal Fix 08 Pomade (\$25 for set with silver and gold, redken.com for salons)

A FAUX-GLOW BOOSTER
St. Tropez

Self Tan Luxe Facial Oil (\$35, sephora.com)

A SOOTHING EYE GEL
Peter Thomas Roth

Cucumber De-Tox De-Puffing Eye-Cubes (\$50, peterthomasroth.com)

A SUMMERY MANI SHADE
Givenchy

Le Vernis in Croisière Aquatique (\$22, sephora.com)

"I'LL NEVER
LOOK BACK,
I WILL JUST
LOOK
YOUNGER."

Now with more
vitamins than
the leading
prestige moisturizer.

New Olay
Total Effects 7-in-One,
from the world's #1.

**In just 4 weeks,
skin looks up to
10 years younger.**

WORLD'S #1
FEMALE FACIAL SKINCARE BRAND*

Your best beautiful begins at Olay.com

*Based on mass-market facial moisturizer and cleanser dollar sales for the past 12 months.

7
IN ONE



OLAY
TOTAL effects

YOUR BEST BEAUTIFUL™

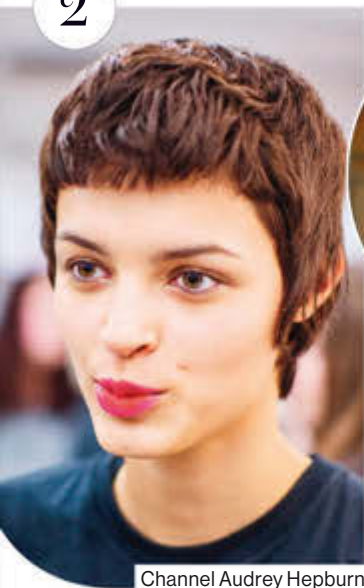
The Month in Hairstyles

Short hair, don't care! Here, 31 chic new ways to rock a pixie-to-shoulder-length cut. By Jennifer Mulrow

Pixies



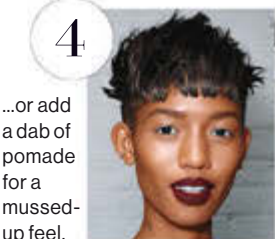
1 Take the plunge with a sexy buzz cut.



2 Channel Audrey Hepburn with little layers and a classic red lip.



3 Fluff hair with dry shampoo...



4 ...or add a dab of pomade for a mussed-up feel.



5 Shave one side for punky edge.



6 Flatiron the top to let your swingy crop shine.



7 Shape a sleek 'do with a high-gloss serum.



10

Make a feathery crop cool in platinum...



11

...or paint highlights at the ends for a softer touch.



8 Switch things up with piecey side bangs.



12

Tame flyaways with hairspray all over.



13

Don't want to feel exposed? Keep length at the front.



9 Work in mousse at the roots for subtle volume.



Braids, buns, ponies, and more!
Get endless hair ideas at
lipstick.com/hair.

Shaggy Chops

14



Pair a mod style with retro frames.

15



Define curls with styling cream and air-dry.

16



Throw on a cap for instant cool.

17



Wear natural curls with a statement lip.

18



Add a touch of pink to bouncy curls.

Bobs

19



Slick a bob back into a tiny bun...



20

...or blow it out for extra body.

21



Do a deep side part, then tuck one side behind your ear.

22

Braid your part and slip it into a low pony.



23

Apply a sea-salt spray for bedhead style.



24

Scrunch in mousse to boost natural texture.



25

Pull hair back into a chic half topknot.



Lobs

28

Pin a pony with metal barrettes.



29

Braid shoulder-length hair into a baby fishtail.



26



Long bobs are versatile! Curl pieces around your face...

27

...or twist ends under for a polished finish.



30

Tie a knot at the nape of your neck.



31

Keep things simple with a strong center part.



How to Break the Beauty Rules and Win

Tavi Gevinson, the 19-year-old style wunderkind, actress, and now, beauty pro, reveals her unconventional hair and makeup wisdom.

She's always been a career trail-blazer: starting a subversive style blog at age 11 and turning it into a full-blown website (rookiemag.com) by 15, transitioning into acting and starring in a Broadway play (*This Is Our Youth*) at 17, then setting her sights on the beauty industry and inking a deal with Clinique 3 Step Skincare by her nineteenth birthday. Gevinson's secret to making it all happen? Doing things her way. She explains:

My beauty motto: Do and wear whatever you want. When I was younger, I felt like my features were sort of irrelevant. But now I see beauty as a tool that helps you become the person you want to be.

My favorite beauty look on a woman: A strong brow, natural everywhere else.

My borrowed-from-the-boys hair: Slicking it back like David Bowie from his *Low* album era makes me feel like I'm not susceptible to dumb sh-t.

My favorite feature: My eyes have the coolest options for makeup—they fluctuate between blue, green, and gray.

My style epiphany: I learned in high school that it felt worse to second-guess my wardrobe choices than it did to be made fun of. When I'd change my outfit to something more "normal,"



I'd come home to the stuff I'd really wanted to wear and think, I should have worn that!

My cat-eye trick: The key is to think of it as a triangle. Do dots at the inner corner, outer corner, and outer crease of your eyelid, then connect them.

The last beauty thing I googled: Organic deodorant from Soapwalla [\$14, soapwalla.kitchen.com]. It works great, but it's not an antiperspirant, so when I'm like, I can't sweat today, I'll use the regular stuff. —as told to Maureen Choi



Her Beauty Icon
"Willow Smith is amazingly confident in her work and makes me feel like I can do anything."

Her Favorite Hair Hue

"I had gray hair when I was 13 [below], because I dyed it blue and didn't bother to color it again once it faded. I think it looked kind of dope."



"I can't think of any time I was unhappy with the way I looked."

—Tavi Gevinson

Her Sleek Styler

"I'm a busy woman, so I let my hair air-dry, then run this essential oil through with my fingers to make it less fluffy."

Sparrow for Everyone
True Essential Oil (\$88, sparrowforeveryone.com)

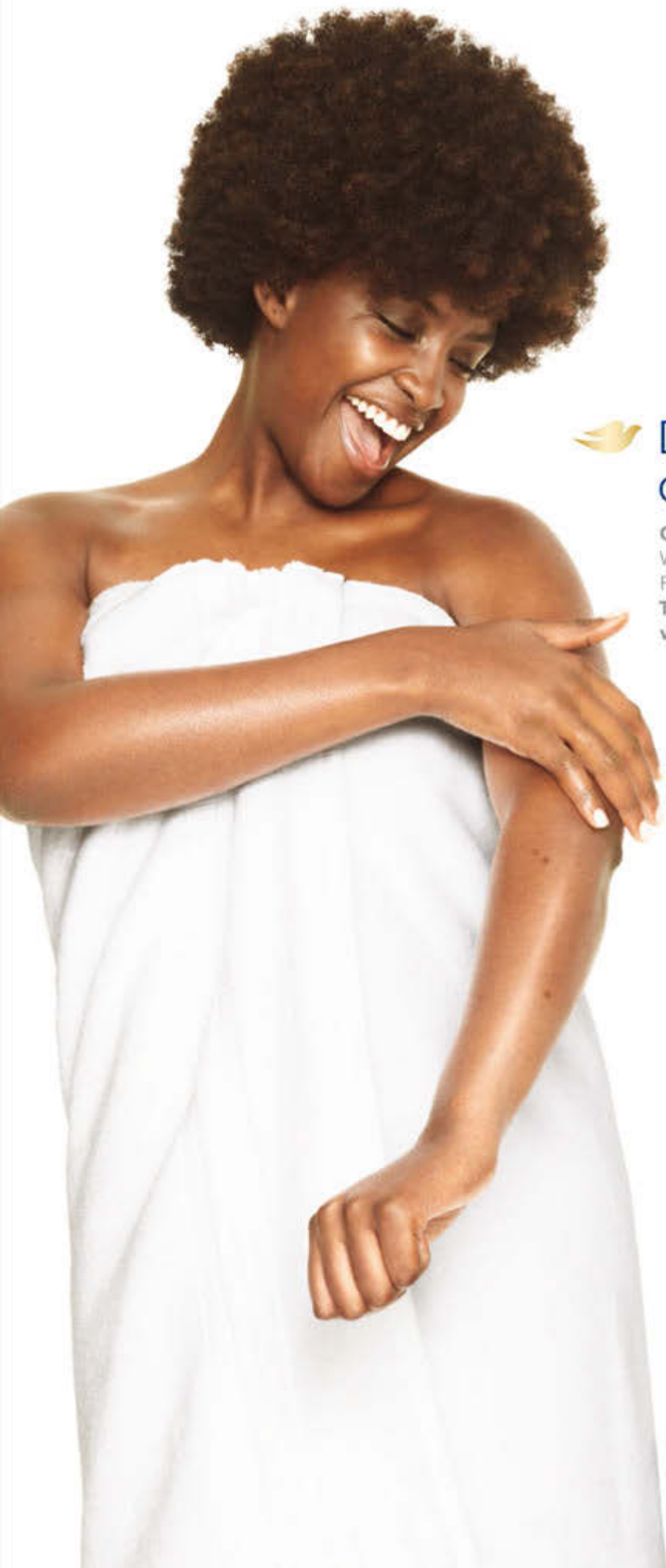
Her Skin Care Strategy

"I wish I'd taken better care of my skin in high school. I've gotten more serious about everyday maintenance."

Clinique 3 Step Skincare System (clarifying lotion not shown; \$64, clinique.com)



Want more beauty tips? Get 'em all day long at lipstick.com.



Discover the power of just one shower.

Get softer, smoother skin after just one shower.
With our most effective skin natural nourishment.
Feel the difference it makes to your skin.
To learn about the **NEW** breakthrough formula,
visit Dove.com





**LESS
CALORIES**

**MORE
OF WHAT
MATTERS**

**99 CALORIE CORONA LIGHT.
THE LIGHT CERVEZA.**

Drink Responsibly. Corona Light® Beer. Imported by Crown Imports, Chicago, IL.

Corona Light has fewer calories compared to Corona Extra. Per 12 oz. serving of Corona Light: Calories: 99, ABV: 3.9%, Fat: 0 g, Carbohydrates: 5.0 g, Protein: 0.8 g. Per 12 oz. serving of Corona Extra: Calories: 149, ABV: 4.6%, Fat: 0 g, Carbohydrates: 14.0 g, Protein: 1.2 g.

Health



Make Your Own Damn Lunch!

Brown bagging is healthier *and* more slimming than eating out. We've got a month's worth of options. By Juno DeMelo

All those yummy lunches you've been buying? They're damaging your diet. The average restaurant or fast-food lunch contains roughly 1,000 calories. Eat one even just three times a week and you're more likely to be overweight and low in key vitamins, a new study shows. "Healthy options *are* available," says Dawn Jackson Blatner, R.D.N. "But choosing one is hard. Lunch is often eaten quickly, mindlessly, and when you're starved. We blow a lot of calories on it."

So let's stop! *Glamour* challenged a group of women to

brown-bag their lunch to work at least four days a week using Blatner's basic formula: one or more cups of produce, half a cup of whole grains, three ounces of lean protein (that's a small chicken breast), and 100 calories' worth of healthy fat (like guacamole). "The produce provides a big dose of essential nutrients, the grains give you energy, and the protein and fat keep you full," she says. After just one month, those who'd stuck with it had lost an average of four pounds. Your turn!

20 Quick and Healthy Lunches

Each meal has 400 or fewer calories and an ideal mix of fiber, protein, and fat.

1 Barbecue Chicken Wrap:

Fill a small whole wheat tortilla with 3 oz. grilled chicken, 1 cup spinach, and 1 tbsp. barbecue sauce. Pair 8 carrot sticks with 2 tbsp. ranch dressing.

2 Lentil Soup and Pita:

Have 1 cup lentil soup, 1 small whole-grain pita with 2 tbsp. hummus, and 1 orange.

3 **Italian Bowl:** Combine ½ cup cooked quinoa, ½ cup canned white beans (rinsed and drained), and 1 cup steamed broccoli; top with ½ cup marinara sauce and 2 tbsp. shredded Parmesan cheese.

4 **Veggie Burger:** Layer a veggie patty (150 calories or less), ¼ cup roasted red peppers, 2 tsp. sriracha mayo, and 4 cucumber slices in a whole wheat bun. Serve with 5 celery sticks and 1 tbsp. peanut butter.



Build a healthier lunch with fresh fruit—a great source of the vitamin C missing from many restaurant meals.

5 Loaded Sweet Potato: Top a small sweet potato with $\frac{1}{4}$ cup canned chili and a quarter of an avocado, diced. Pair with a 5-oz. container of Greek yogurt with raspberries.

6 Protein Plate: Mix and match 1 oz. cheddar cheese, 7 whole-grain crackers, 1 hard-boiled egg, $\frac{1}{2}$ cup snap peas, $\frac{1}{2}$ cup grapes, and 10 almonds.

7 Chicken Caesar Salad: Toss 2 cups kale, 3 oz. rotisserie chicken, $\frac{1}{2}$ cup grape tomatoes, 1 slice toasted whole-grain bread torn into cubes, and 2 tbsp. Caesar dressing.

8 Southwest Wrap: Fill a small whole wheat tortilla with $\frac{1}{2}$ cup canned black beans (rinsed and drained), 1 cup baby spinach, and 3 tbsp. guacamole. Pair with 2 pieces unsweetened dried mango.

9 Peanut Chicken Salad: Toss 2 cups romaine, $\frac{1}{2}$ cup coleslaw mix (veggies only), 3 oz. grilled chicken, $\frac{1}{2}$ cup cooked brown rice, $\frac{1}{4}$ cup chopped peanuts, 2 tbsp. chopped green onions, and 2 tbsp. seasoned rice vinegar.

10 Mediterranean Salad: Combine 2 cups spring mix lettuce, $\frac{1}{2}$ cup chopped cucumber, $\frac{1}{2}$ cup canned chickpeas (rinsed and drained), $\frac{1}{4}$ cup hummus, half a toasted pita torn into pieces, and 1 tbsp. fresh lemon juice.

11 Smoked Salmon Tartine: Slice an avocado half; place it and 3 oz. smoked salmon on 2 pieces of whole-grain crispbread. Serve with $\frac{1}{2}$ cup fresh pineapple chunks.

12 Burrito Bowl: Top $\frac{1}{2}$ cup cooked brown rice with 1 cup peppers and onions (sautéed in 1 tsp. olive oil), 3 oz. grilled chicken, and $\frac{1}{4}$ cup fresh salsa.

13 Sunflower Salad: Toss 3 cups arugula, 1 chopped hard-boiled egg, 2 thinly sliced radishes, and 2 tbsp. sunflower seeds with 2 tbsp. vinaigrette.

14 Tuna Salad Sandwich: Mix a 2.5-oz. pouch of tuna in water with $\frac{1}{4}$ cup chopped celery, $\frac{1}{4}$ cup shredded carrot, 1 tbsp. mayonnaise, and 1 tbsp. mustard. Scoop onto a whole-grain English muffin.


15 Sesame Rice Bowl: Combine 2 cups coleslaw mix, $\frac{1}{2}$ cup cooked brown rice, $\frac{1}{2}$ cup shelled edamame, 2 tbsp. seasoned brown rice vinegar, and 2 tsp. dark sesame oil. Serve with 2 clementines.

16 Apple Walnut Chicken Salad: Toss 2 cups spinach with 3 oz. rotisserie chicken; half an apple, chopped; 2 tbsp. chopped walnuts; and 2 tbsp. vinaigrette.

17 Turkey Avocado Sandwich: Fill a whole-grain English muffin with 2 oz. sliced turkey, 1 cup arugula, and a quarter of an avocado. Add 1 cup blueberries on the side.

18 Chicken Pesto Quinoa: Have 2 cups raw spinach, $\frac{1}{2}$ cup cooked quinoa, 3 oz. grilled chicken, and 1 tbsp. pesto. Pair with 1 cup fresh strawberries.

19 Complete Green Smoothie: Blend 1 cup 2 percent milk, $\frac{1}{2}$ cup ice, 1 banana, $\frac{1}{2}$ cup baby spinach, $\frac{1}{4}$ cup uncooked rolled oats, and 1 tbsp. almond butter.

20 Summer Squash Spaghetti: Stir $\frac{1}{2}$ cup zucchini noodles, 4 large grilled shrimp, 5 cherry tomatoes, and 2 tbsp. pesto into $\frac{1}{2}$ cup cooked whole-grain spaghetti. 

Why Don't We Brown-Bag It More?

Here, your every excuse, addressed by our successful testers

"I have no time."

It's a common problem, but you can surmount it if you multitask. "I've started putting together my lunch while my husband and I are making dinner the night before," says Wendi Hausfeld, 33, of Washington, D.C.

"I don't like to cook."

If that's your issue, then purchase prepared foods, like a rotisserie chicken you can cut up for lunches. Becky Gibson, 34, of New York City, started buying chili from a grocery store that's similar to the one she orders from a soup-and-salad chain. "Now I can control portion size, and it's more economical," she says.

"I hate eating alone."

Get a coworker to pack lunch too, or reward yourself with an occasional meal out with friends: "Knowing I would treat myself to lunch out on Fridays kept me on track the rest of the week," says Ingrid Ahlgren, 39, of New York City.

"I don't have access to a fridge."

Upgrade your lunch bag. "I bought one from PackIt [packit.com]," says Megan Ochylski, 29, of Mill Valley, California. "It's lined with ice packs and keeps my food and a big water bottle cold all day."

MADE WITH

6.5%	Madagascar rain water
4%	Hand-blown glass
89.5%	Tastes the same as tap water



MADE WITH

100%	Turkey Breast
------	---------------



Sometimes life can get complicated.
Your sandwich doesn't have to be.

#sanewich

It's Deli Quality Every Time. It's Oscar Mayer.

This Is How Much Cardio You Really Need

Official recommendations say about 20 minutes a day, while top trainers peddle eight-minute plans. Who's right? Writer Anna Maltby investigates.

We all know that cardio—defined as any activity that gets your heart beating fast—is important. But how much is enough? On that the experts are frustratingly divided: Lately trainer after trainer *Glamour* speaks with recommends tiny amounts of aerobic exercise, while groups like the American Heart Association (AHA) and the Centers for Disease Control and Prevention (CDC) say women need 30 minutes most days of the week. So what *is* the right amount? The answer—hundreds of studies show—depends on your goal. Adjust accordingly!

If You Want to Stay Well

You need a minimum of **150 minutes of moderate-intensity exercise a week or 75 minutes of vigorous-intensity exercise a week**. That's how much it takes to improve your total cholesterol, blood sugar, and resting heart rate (a key metric) and to lower your risk of dying from heart disease by about 60 percent. "If you want to be healthy at the most fundamental level," says Denise Smith, Ph.D., a professor of health and exercise sciences at Skidmore College in Saratoga Springs, New York, "you have to address your heart health."

If You Want to Lose Weight

Extra cardio is key. Women who lose more than five pounds do **at least 45 minutes of brisk cardio five days a week** (225 minutes


total), according to an American College of Sports Medicine (ACSM) review. And women who keep the weight off get, on average, a full 60 minutes of moderate-intensity cardio *a day*, Harvard University researchers found. Can't fit in a daily sweat session? Multiple studies show that interval workouts—alternating all-out efforts with low-intensity work—burn more fat than a longer workout at a steady pace. Try three 25-minute sessions of those intervals a week; that way, your workouts are long enough to yield heart-health benefits. "Long-term studies haven't been done," says Jonathan Little, Ph.D., an assistant professor of health and exercise sciences at the University of British Columbia Okanagan in Kelowna, "but so far interval training looks to be as effective at weight loss as traditional cardio."

If You Want to Tone Up

Want shapely muscles? Regularly doing **separate cardio and resistance-training sessions** is your best bet, according to the

ACSM. But that's time-consuming, which is why workouts that combine cardio and strength-training exercises with little rest between sets have exploded in popularity. You've seen some of these workouts in *Glamour*; they keep your heart rate elevated, burn off fat (three and a half pounds of it in four weeks, one study found), and give you toned, sexy muscles. But there's a catch: New studies show that participants who are successful on these plans use *weights*, not just body-weight exercises, and push themselves to the max. And know that "your results may not be as strong as they'd be if you targeted your heart and muscles in separate workouts," says Smith.

And If You Want All of the Above

Have time for several workouts a week? **Change things up!** "We do our bodies a disservice when we get into any one routine," says Smith. "Just doing intervals isn't the way to go, nor is just Spinning. A combination will support all of the body's systems—and keep you happy." 



Jump-start a New You
"Our bodies need aerobic exercise," says Denise Smith, Ph.D.

The moment was perfect.



easy to find
#1
OB/GYN recommended
emergency contraceptive
brand*
right in the aisle

But your plan for birth control wasn't.

When preventing pregnancy doesn't go as perfectly as planned, it's good to know there's Plan B One-Step®. It's the #1 OB/GYN recommended emergency contraceptive brand* chosen by millions of women. Plan B One-Step® helps prevent pregnancy when used as directed—within 72 hours of unprotected sex or birth control failure. There's no prescription required. It's right in the aisle when you need it. And it won't affect an existing pregnancy.

So when you need a backup plan, it's there for you.



Use as directed.

www.PlanBOneStep.com

For the perfectly imperfect.

*Survey of 916 OB/GYNs, February 2014. 1. Data on file. Market Research, February 2014. Teva Women's Health, Inc.
Plan B One-Step® is a registered trademark of Women's Capital Corporation. ©2014 Teva Women's Health, Inc. PBD-40286 August 2014

For use by women only.



LEGS SO AMAZING, IT'S LIKE WE'RE AT WORK EVEN AFTER YOU SHAVE.

Skintimate® is much more than a shave gel, it's a nourishing beauty treatment for your legs. With a revitalizing blend of moisturizers, vitamins and olive butter infusion, Skintimate Shave Gels leave your legs feeling healthy and beautiful after every shave.

GET *Skintimate* WITH YOUR LEGS.

All About Life Love Guys Sex YOU



relationships

I Found the Best Love Coach Ever

And he's my dad. Wait! Don't laugh. His advice could change *your* dating life. By Alexandra Fiber



My girlfriends are wonderful. They are ambitious, smart, and funny, and we support one another endlessly. We are one another's trusted resource for the things that truly matter: celebrity gossip, brownie recipes, and GIFs of chubby puppies.

However, when it comes to dating advice, I can't trust them for sh-t.

Hear me out. The truth is, in love and romance, my friends and I generally have no idea what we're doing. Not that we'd ever admit it—I defy you to

find someone better at B.S.-ing about dating than a woman in her twenties! Oh, he didn't text you back? My squad could weave you an excuse so elaborate you could wear it as a jacket.

And it's not just that they're clueless or in denial. In fairness, the best dating advice is often really hard to give. I once spent months pining over a guy named Josh—even after he relocated 3,000 miles away and stopped calling. But my friends said nothing. Only after I'd (finally!) moved on did my best friend concede that my Josh-mania had been "hard to watch." I

wasn't angry: Honestly, I don't need my girlfriends to be hard on my heart; I need their empathy. But I realized in that moment that if I ever wanted real dating advice in the future, I'd have to outsource.

Enter my dad, Frederick. Until recently he was the last person I went to for guidance. He grew up in post-war Poland, a far cry from my suburban upbringing in Albuquerque, New Mexico. In my teen years he'd wonder why I wasn't reciting Russian poetry in school, and I'd wonder why he was being "like, so annoying."

"I asked him to stop saying the word *sex*, but I knew he was right."

As I've come into adulthood, my dad and I have finally found common ground. We share mutual loves of uniform dressing (he wears only black slacks and Breton-stripe shirts—very chic), dark TV dramas, and cooking at home. My father is an ideal advice-giver because, at 75, he has life experience in spades, including a 32-year marriage to my mom. He's also

funny and has a cool accent, which makes any hard-to-hear wisdom go down easier! Now when I need relationship guidance, I go to him. Dad loves to talk over Skype, although his bald head is never fully in frame. Here's some of the best wisdom he's imparted to me:

"Your Sad Story Is Boring"

My college boyfriend and I dated for six years until, shortly after moving into a beautiful Brooklyn apartment together, he broke up with me. I was blindsided; for months I told and retold the "Girl Who Got Dumped" story to anyone who would listen. Eventually my dad stepped in: "Alex, nobody wants to hear this anymore!" he said. Harsh, but I got his message. The longer I kept my sob stories in rotation, the longer they defined me, and I was definitely more than some guy's ex-girlfriend. Since then, I've tried to impose a one-week limit on all



wallowing—though my dad's suggestions for what to do to distance myself were unhelpful. "Turn to other interests," he said. "Join the Sierra Club!" "Is that like Soho House?" I asked. (I googled it. It is *not* like Soho House.)

"Handle Your Own Money"

While my ex and I were living together, he was always the one in charge of paying our bills. I deferred to him because, I told myself, I was "bad at money." But post-breakup, my dad insisted I clue in. "Take this time to be interested in your finances," he counseled. "Even if you don't want to, you need to understand them." It was daunting, but as I put myself back together, taking control of my money made me feel strong. And my new-

My Dad Has Some Decent Dating Advice Too!

Fathers: telling it like it is since you were born (and probably before)

"Enough with this texting sh-t. Always make the guy call you, pick you up, and come to the door."

—Colleen Stauffer, 30, quoting her dad, Dick

"Don't date politicians or pro athletes!" I forget the context, but it stuck with me."

—Caitlin McKinney, 30, quoting her dad, Tim

"When I was about 16, my dad said to me, 'Hold on loosely, but don't let go. If you cling too tightly, you're gonna lose control.'"

It took me years to realize he was quoting a 38 Special song."

—Rae Boxer, 28, quoting her dad, Garry

"Nope, no crying. Forget guys. Get money.' He was mostly being silly, but I had just started my first job in a new city, and he wanted me to establish myself before worrying about boys."

—Concepcion de Leon, 25, quoting her dad, Martin

"My dad told me to find someone who would get me a glass of water when I asked for one. If he got the water, he was a keeper. If not, 'Get rid of him!'"

—Lindsay Kincheloe, 32, quoting her dad, Beny

"He told me to marry my best friend...and I am, next summer!"

—Anna Moeslein, 26, quoting her dad, Scott

Toes pointed toward each other—don't need Dad to spell this one out.

found clarity at the bank helped me see things more clearly with guys too. By taking a financial backseat, I'd been supporting the "less than" dynamic that fueled most of our fights. If I wanted to be someone's equal, I realized, I had to take on an equal role.

"Great Sex Without Great Conversation Is Tragedy"

When my dad dropped that truth bomb out of nowhere over brunch, I almost choked on my omelet. My parents usually have a sixth sense about what's going on with me; I just didn't know it applied to my sex life. As it turned out, I was getting back into dating and had been seeing a new guy, Ben, for a few weeks. Our hangouts adhered to a strict schedule: 1. Meet at Ben's apartment. 2. Immediately have sex. 3. Go get pizza. At first this was amazing, like winning

some sort of delicious lottery. But then I started losing my appetite for our meet-ups, and I couldn't figure out why. What my dad said at brunch clicked: "If you cannot talk after sex," he continued, "it doesn't leave you with any deeper emotion." I asked him to please stop saying the word *sex*, but I knew he was right. If sex is pizza, great conversation is the cardboard to-go box: It supports the relationship and helps it retain its heat over time. And woman cannot live by cold pizza alone!

"Don't Waste Time on Unnecessary People"

I once went out with Pete, a mild-mannered music manager who asked if he could invite the Counting Crows on our first date. (I said yes, but all Crows no-showed.) I knew before dessert that I didn't want to see him again, but when he texted about a second date, I froze—I didn't have any other dates in my iCal. I considered saying yes (beggars, choosers, etc.), but my dad warned against it. "Follow your instincts!" he insisted. "If you know it's not going anywhere, you should cut it out very fast." My father's allergy to wasted time stems from his 40-year career as a surgeon. If a treatment isn't working, my dad doesn't suggest the patient "give the pills another chance because maybe they were nervous"—he moves on. He pointed out that the health of my love life is *my* responsibility, and by letting my Something's Better Than Nothing syndrome go unchecked, I was precluding myself (and Pete) from meeting the next, truly exciting person.

"Look for the Glue"

Two years after my breakup, I met Andrew. He'd seen my Web series, *SRSLY*, and asked a friend to

connect us. Even in our initial text exchanges, we hit it off right away. When I told my parents about him, my dad asked, "So you think there is glue with him?" Glue, according to my father, is a bond that goes deeper than having mutual friends or similar Netflix queues: "First, it's physical attraction, then sensory attraction. There's some immediate, mutual satisfaction of being around each other." Translation? If you're into someone, you should both get buzzy, gooey feelings when you're together. On my first date with Andrew, we both kept asking, "Should we go get a drink somewhere else?" until all the bars were closed, at which point we both rushed home and texted each other about what a good time we'd had. I didn't know where we were headed; I just knew I wanted to keep being around him. At the outset, a great relationship might be gloppy and amorphous, like Elmer's, but give it time and a real bond can form.

"Alone Is the Best Company There Is"

Andrew and I are still together, and I think one reason is something I learned when I was single. I always thought the hardest part of dating was the not-dating, when I felt lonely and small and certain I'd never find anyone in the entire world, let alone in a three-mile Tinder radius. But whenever I moped to my dad, he'd say, "There's always another day and another date," and laugh. My dad knew I would eventually meet The One, so to him my time alone wasn't endless; it was precious. He himself loves spending time alone, waking up early every morning to ride his bike and finding new topics that interest him (I get a lot of weird links in my inbox). With his perspective I was able to abandon my Tinder myopia and focus on things that made my life feel full. Now my alone time isn't an escape—it's maintenance for a healthy relationship. Andrew loves me for being a whole, present woman who knows herself, and I make a point to reserve some time for myself every week. I'll go to a movie or take myself out to dinner, sit at the bar, and order anything I want. Sometimes I'll just get off the subway a stop early and take a longer walk home. That's usually when I call my dad.

Alexandra Fiber is a writer and actress in New York City, and cocreator of the Web series *SRSLY*. Follow her @alexandrafiber.



The author with dad Frederick on vacation. Cute!

GUILT-FREE ZONE:

HEY, IT'S OK...

...to feel more mortified that your one-night stand is wearing a Lance Armstrong bracelet than that he is a one-night stand.

...that you never make the 7:00 A.M. yoga class. Sleep is good for you too! You're just doing your Savasana in bed.

...to like both Hillary Clinton and Monica Lewinsky these days.

...to refuse to be "a cool girl" or "chill." There is power in being you and saying what you mean.

...to spend hours making a barbecue playlist and ditch it for "Uptown Funk" on repeat. Give the people what they want!

UMMM... NOT OK

...to show up to a summer party without a six-pack. Or rosé, or corn salad, or brownies—the point is, bring something. You're not a deadbeat.

You Guessed It

There's a threesome involved.

Jake: A Man's Opinion

My Top Sexual Experiences

Yes, Jake keeps a list—and yes, we can all learn from it.

A few months ago in these pages, I mentioned that I keep a mental list of my all-time best sexual experiences. My editor, like any other sexually confident woman, was curious, so she called to ask: What's *on* that list? And then she convinced me to write it down. So here are my confessions, for her and for the rest of you. (Sorry in advance for the last one.)

The Quiet Man Several years ago I had just initiated a little afternoon delight with my girlfriend when her housemate returned. We didn't want to be heard, so we just lay there, silently and—this is key—*slowly* having sex. The buildup was amazing, and the extra time allowed us to pay more attention to what exactly gave us pleasure. I learned a lot about the subtleties of sex that day.

The Slow-Build BJ By far the best blow job I've ever received was from a girlfriend in college. Everything she did was in slow motion—the complete opposite of what you see in porn. When I finally came, my body convulsed for about three minutes afterward. It was *that* intense. Like *The Quiet Man*, the lesson here is that slow-and-steady wins the race. Second lesson: Porn is for watching, not reenacting!

The Game of Foolsie On a weekend getaway with my current girlfriend, we took a bath together in a swanky hotel. After giving my feet a nice scrubbing with some fancy hotel soap, she began licking my toes. I know! It sounds like a scene from a terrible late-night cable soft-core, but it worked. I was so turned on that by the time we moved to the bedroom, the sex was incredibly intimate.

The Threesome Yes, cliché on top of cliché here. But my ego was in the dumps after my divorce, and I was out on tour with my band, and it happened—with two beautiful women. The hottest moment I can remember was having sex with one of them as I sucked on the other's fingers. It was like watching the impossible: a good porno, costarring me!

So what have we learned? One, keep your fingers and toes clean, just in case. Two, for me, the common factor is that these experiences were never rushed, which goes to show you that, for men, not everything has to be a fast and furious extravaganza. Sure, we may fantasize about that on occasion, but we like intimacy too. We are complex! Except when we're offered a threesome. **G**

Jake is a semi-single guy living in L.A.

What Men Think:

More Guys Reveal the Best They've Ever Had

Jake isn't the only one who's had his bed rocked.
By Zahra Barnes

"It involved being woken up with surprise kisses on a Saturday morning. We fooled around, talked, laughed, kissed, fooled around again, repeat!"

—Stephen, 26,
San Francisco



"My girlfriend and I stayed at a nice hotel for her birthday weekend, and the staff was kind enough to bring a cake to our room to celebrate—which, after a few drinks, we ate drunkenly off each other's bodies. Sorry, housekeeping!"

—Ryan, 25,
Orlando, Fla.

"One of my best sexual experiences was getting oral sex while driving from Long Island to Yonkers—which was about 47 miles! Heaven."

—Nore, 32,
Yonkers, N.Y.



"Every single time my ex and I had sex in her childhood bedroom was better than the last.

Twin beds and hold-in-the-moan sex are both very underrated."

—Sajid, 29,
Somerville, Mass.



Advertisement

"ALL THE MAGAZINES I LOVE."

One place. One price. Unlimited access.

Try it for free at nextissue.com



**Strength in Numbers**

"Surround yourself with good people," says Saldana.

10

Women Who Changed My Life

By Zoë Saldana

Each month we ask one amazing woman: Who's made you *you*? Here the star of *Infinitely Polar Bear* shares her heroines.

1. Pina Bausch

Choreographer

I always say that before my husband [Marco Perego], I'd never really been in love. But that's not true, because my first love was ballet. Pina's performances have intelligence and curiosity that push the boundaries of dance. Start by watching "Rite of Spring" or "Trust"—they're on YouTube.

2. Julie Hanna

Entrepreneur and chair of Kiva

Julie is an Egyptian refugee and a survivor of war. She was full of hope when she came to the U.S., only to find that immigrants face different challenges. So she sought out groups that help, like the micro-finance organization Kiva. Her story and her passion really moved me when we met.

3. Mary Oliver

Poet

A friend introduced me to her work, and I'm so thankful because "The Journey" is a poem I

read whenever I'm doubting myself. I read it and think, I will dare myself to want more because I *deserve* more.

4. Frida Kahlo

Painter

I love her self-portraits and the way she used to see herself as two different people—the internal and the external Frida. And I admire how honest she was about both personalities. Her womanhood was timeless. God, she's my favorite!



Frida Kahlo

5. Gertrude Stein

Author

Besides being a successful writer in her own right, Stein challenged and enabled some of the greatest artists of the twenties and thirties—people from Picasso to Hemingway—with her Paris salon. I love how confident she was.

6. Oprah Winfrey

TV host and executive producer

Every time I see Oprah, I just hug her and close my eyes. One day someone's gonna be like, "Get that woman away from Oprah." But I love the Oprah idea of,

Make a list. Have a goal. Throw it out there in the universe. It will bounce back at you.

7. Diana Vreeland

Fashion editor

When I saw the documentary *Diana Vreeland: The Eye Has to Travel*, I just thought, She's fabulous! She oozed culture, and she made the absolute most out of her life. And it was a very beautiful life!

8. Eleanor Roosevelt

First Lady

I mean, the greater of the two Roosevelts—everybody knows it. One of my favorite quotes of

hers: "You gain strength, courage, and confidence by every experience in which you stop to look fear in the face."

9. Marian Anderson

Opera singer

Marian was the first black opera singer to perform at the Met, and she had a voice that would make you cry. It was Eleanor Roosevelt, actually, who helped arrange for Marian to sing at the Lincoln Memorial after the Daughters of the American Revolution turned her away because of her race. (Find that historic performance on YouTube.) She inspires me to be a better artist. She needs to live on.

10. Argentina Cassé

My grandmother

She emigrated from the Dominican Republic to New York in the sixties, and worked in a sewing factory downtown. Then she helped raise my sisters and me to be tough, loving women. She's the most unassuming queen.





THE ONLY
**INSTANT
COFFEE**
WITH THE GREAT TASTE OF
STARBUCKS

Available in black,
flavored lattes,
and iced coffee.



NOT YOUR AVERAGE INSTANT

Made from the same rich-tasting 100% arabica
beans brewed in Starbucks® stores.

Thumb on the Pulse

Lublin, near her New York City office, tapped into a genius way to help teens.

Real Life

Saving Lives,
Text by Text

Three years ago Nancy Lublin had a bold idea. Today her text help line is an outstretched hand for teens, and increasingly adults, in crisis. And she's just getting started.

By Alex Morris

The girl was 13, and she'd decided she wanted to kill herself. She went to a room in her house with a bottle of pills and started taking them—but as she did, she also grabbed her phone and texted the number 741741. Within seconds she received a response from a counselor at an organization called Crisis Text Line (CTL), asking what was on her mind. As the girl shared her feelings, the counselor offered support and posed key questions: Was the girl alone? Did she have the bottle of pills right there? Yes and yes. So the counselor triggered a 911 rescue, all while texting with the teen. “How about putting the pills in a desk drawer and closing it as we text?” she gently suggested.

Suddenly the messages stopped.

“We didn’t hear anything for 23 minutes—total silence,” says Nancy Lublin, 44, the founder of CTL, who still gets teary when she tells this story. “Then a message comes in: ‘Hey, this is the mom. We’re in the ambulance on the way to the hospital. I was in the house and I had no idea. Thank you.’”

Launched in 2013, CTL is the first around-the-clock hotline in America to provide its services solely over text messaging, and it’s changing the game for helping young people in distress. Through word of mouth alone, as many as 350 teens and

adults now tap out messages to trained volunteer counselors on 741741 every day, and the data from those conversations is providing tantalizing possibilities for how to reach people *before* a crisis even starts.

This is by no means Lublin’s first Big Idea. At 24 she started the career-wardrobe charity Dress for Success with a \$5,000 inheritance from her great-grandfather. After outfitting half a million unemployed women for job interviews, she went on, in 2003, to helm the teen volunteer organization Do Something at the request of its cofounder, actor Andrew Shue (“I sat through the interview thinking, Oh my gosh, you’re so cute!” she confesses). It was there that she got the idea for CTL: Kids, she noticed, were replying to the organization’s text blasts. “We’d get messages saying, ‘I’m being bullied.’ Or ‘I’m cutting and I can’t stop.’ Or, and this is the one that really got me: ‘He won’t stop raping me. It’s my dad. Are you there?’” says Lublin. “I realized that teens want to communicate by text. So we set out to build the Crisis Text Line.”

A Crisis Crystal Ball

Still, Lublin wasn’t sure how effective CTL would be. Could you really deal with huge, complex emotional issues in tiny on-screen

bubbles? “But texting turns out to be *incredibly* effective for counseling in a crisis,” Lublin says. “It cuts right to the chase. You don’t get hyperventilating and crying. You just get facts. By the third message they’re spilling their guts.”

Texting is also very immediate. A telephone hotline requires finding a private place to make a call, but even the most personal confessions can be texted in the heat of a crisis. “People are texting us from the office, from the lunch table,” says Lublin. “They’re texting us right when this sh-t is happening. So we’re getting them at the moment we can be most impactful—and we’re telling them they’re not alone.”

As the volume of users grows, CTL is able to pick up certain patterns before a counselor sees a text: If an incoming message includes the words *sex* and *oral*, for example, “it’s likely the person thinks they might be gay,” says Lublin. “And if a text includes *mg* and *rubber band*, it’s probably about drugs. The counselor will see a pop-up on her computer screen that says, ‘This kid has used these six hot words, so there’s a 90 percent likelihood that crystal meth is involved’—and then a suggested question to ask next.” (If someone has reached out before, the thread is right there, allowing a new counselor to follow

up on past issues and give more in-depth assistance.) And if a text contains words like *die* or *kill*—suggesting immediate danger—it goes to the top of the queue for the fastest response. The bottom line? Counselors have intervened in nearly 1,000 suicide attempts since CTL was founded. Says Lublin: “I’ve got to admit that it feels pretty good to save lives.”

The Dramatic Data

The real promise of CTL, however, goes beyond helping on a one-to-one basis. In just two years more than 6 million texts have been exchanged between users and counselors. And Lublin’s team has turned that anonymous stream of thumbbed-out messages into what she calls a “live, real-time heat map of crises in America.”

Among the discoveries the map reveals: 30 percent of texts are about suicide and depression, with Sunday being the day people most often write in about killing themselves. Texts requesting help with eating disorders peak on Sunday and Monday. And two thirds of all crises happen at night, between 8:00 P.M. and 4:00 A.M. “This is when teens often feel they don’t have anybody else to reach out to,” says CTL’s chief data scientist, Bob Filbin.

The counselors aren’t sure why the crises trend the way they do—it could be that a teen’s hopeless thoughts take hold when, on Sunday, she looks ahead to a tough week, or perhaps partying on Saturday causes a bulimic to feel out of control for the next few days—but CTL’s team *is* convinced the data can help inform policy decisions.

“If you know anxiety peaks from 7:00 to 9:00 P.M., schools could schedule their guidance counselors to be available then,” Lublin suggests. And knowing that the worst day of the school week for eating disorders is Monday could prompt cafeterias to serve healthy foods that are less likely to trigger bingeing. “The Crisis Text Line has blown the roof off a lot of long-held assumptions about teens,” says Anthony Pisani, Ph.D., associate professor of psychiatry and pediatrics at the Center for the Study and Prevention of Suicide at the University of Rochester in New York and a

Where You Come In

In April Lublin announced she was leaving DoSomething.org to focus on CTL, and she has a message for *Glamour* readers: “First, if you’re hurting, there is totally help for you,” she says, noting that many adults now reach out to the text line. “The other thing is, the average young woman would make an amazing counselor.” The volunteer program involves a 34-hour, six-week online training program, and then a commitment of four hours a week for a year. “I think American women want to help other American women,” Lublin says. “In a way it’s like

“If a text includes *mg* and *rubber band*, it’s probably about drugs.”

member of CTL’s advisory board. “The number of kids reaching out is unprecedented. And I think the data could be revolutionary in terms of understanding adolescents in crisis and what it takes to help them.”

Lublin hopes the data, which she’s making public, will guide prevention efforts everywhere from schools to the federal government. “This is what technology is for,” she says. “It’s not just for getting your groceries delivered sooner or finding those classmates you went to elementary school with and would never have been in touch with otherwise, right? It should make us better people. It should make us safer. It should be for doing good.”

Dress for Success: one woman picking an outfit from her closet that will change another woman’s life—anonymously. With CTL, it’s one woman helping another get out of a hot moment. It’s come full circle.”

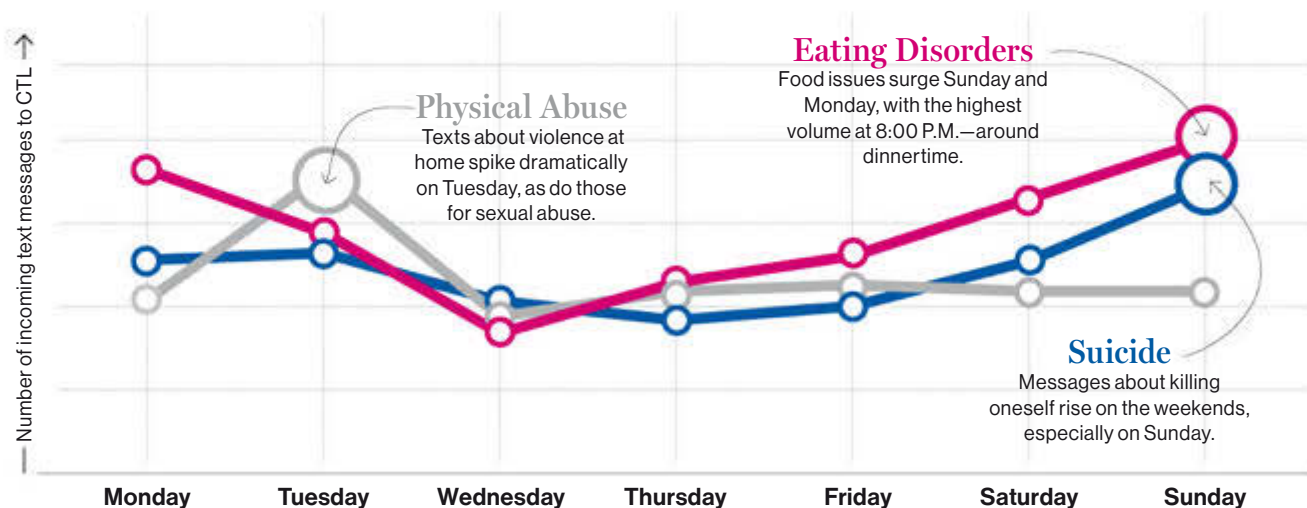
The text line is not meant to stand in for long-term therapy, but the success stories are real. A month after the 13-year-old girl with the pills texted in, Lublin says, “we got a message from her saying, ‘I’m out of the hospital. I was diagnosed as bipolar. Thanks to Crisis Text Line, I’m doing so much better.’”

If you need help, text 741741.

If you want to help, go to crisistextline.org to find out how to volunteer.

When Crises in America Peak Each Week

Thousands of texts a day show the moments people need help most.



—the—

CHIC PEEK

A SUMMER SOIRÉE

Looking to host a fab summer BBQ or are you planning your upcoming "I do"? Check out Lana's Shop, an illustration and design studio specializing in creating one-of-a-kind paper goods. Impress your guests with Lana's hand illustrated invites, cards and more.

Go to lanasshop.com to start your custom project today.



THE ULTIMATE BEACH BAG KIT

Planning on hitting the sand this season? Get ready for a summer full of fun and sun. Enter for your chance to win a beach bag packed with Australian Gold Sun Care products as well as other summer necessities. Get your sunnies on and hit the beach.

Check out the details at:
facebook.com/livethegoldlife.



INSPIRE A DIFFERENCE

Do you know someone who's inspiring a difference in their community?

Visit Glamour.com/InspireADifference to nominate an everyday hero. One winner's charity will receive a \$5,000 donation from Investigation Discovery.*



SUPPORT AND EMPOWER WOMEN

Finish school? Check. Land your dream job? Check. You've already accomplished so much, but there's one more thing you need to do: pay it forward. Help others reach for their dreams by joining the community that has empowered millions of women since 1881.

Learn more at www.aauw.org.



PREPARE FOR ADVENTURE CONTEST

Introducing the Motion Series fitness line by Eddie Bauer. Whether you're getting in shape, or training to climb mountains around the world like Eddie Bauer Guide Melissa Arnot, the Motion Series enables you to build fitness, strength and endurance for your next adventure.

What are you preparing to do? Upload a photo to Instagram or Twitter showing us how you #PrepareForAdventure. Be sure to include @EddieBauer #PrepareForAdventure and #GlamourContestEntry to enter for a chance to win. Two winners will receive a 5-piece Motion kit—plus, the winning entries may be featured in Chic Peek!*

For contest information go to chic-peek.com.



Eddie Bauer Guide
Melissa Arnot

Eddie Bauer EST. 1920

Prep 101: "Find a great mentor and *practice!*" says Columbia University's Sonia M. Winner.

How to Ask for Anything at Work

No one better for advice on *that* than women who make million-dollar requests every day. Here's how top female fund-raisers get to yes! By Bess Levin

When your day job consists of asking people to write you big checks, you get *really* comfortable talking about money. And that's a good

thing. "At some point, no matter your profession, everyone is going to ask for something, whether it's a salary increase or a big, new title," says Jennifer Scott, senior director of development and campaign

director at the American Museum of Natural History. Scott relies on a tried-and-true method for making her asks of major donors: "The best fund-raisers make it a dialogue, taking time to build a relation-

ship. That way, when the time comes to ask, you're able to make your request in a confident and specific way." On the next page, Scott and other officers at the country's major nonprofits share their tips.

Make the request about your boss, not you.

“When we talk to donors, we start out by asking them how they want to make a difference. Next, we talk about the kind of work we’re doing and the impact it has; we paint a vision of the future that builds on what they’ve said they want to change. *Then* comes our ask. The same rule applies at work. You need to know what your boss wants to accomplish: What matters to her? Detail how your performance is making an impact on those goals when you ask for a high-profile role or even a new office. Show that your request is a key part of carrying out her plan.”

—*Monique Hanson, chief development officer at National Public Radio*

Forget about the money itself—focus on the good you can do with it.

“A lot of women have trouble asking for things for themselves, but they can ask for others. When I’m speaking with potential donors, I don’t concentrate on the money itself; I focus on one individual deserving student whom the funds will help. If you want more money at work, a good trick is saying to yourself, ‘This raise will enable me to take my mom on the trip she’s always wanted.’ Your boss never needs to know that reason, but it can give you more confidence during the conversation.”

—*Aisha D. Gayle Turner, managing director of national development at OneGoal, which helps students stay in college*

Always ask for more than you want.

“When I sit down with potential donors, I have a ‘stretch goal’ in mind. In fund-raising, asking for more than you might really get is common practice: Even if the

donor comes in slightly under, I’m still getting what I need. Salary discussions are comparable. They’re a negotiation. Of course, you have to be familiar with the going rate; you don’t want to ask for something they’re going to balk at—if I’m with a donor who makes \$100,000 gifts, it’s not appropriate to ask for \$1 million. So do your homework. Then make your ask with confidence; you have to believe you deserve it in order for someone else to believe it too. Passion is infectious and always leads to a better end result.”

—*Rachel Nawi, development director at the Public Art Fund*

Get comfortable with quiet.

“Ask with confidence for something specific, and then zip it. Your instinct is to talk and fill up the dead air, just because it’s awkward. But embrace that silence, even if it feels strange. Your boss has listened to what you have to say; he needs a moment to digest it. His response—whether it’s yes, no, or maybe—will tell you a lot about how to proceed.”

—*Jennifer Scott, senior director of development and campaign director at the American Museum of Natural History*

Take “no” with a grain of salt.

“In my business, ‘no’ rarely means no. It means ‘No, not now.’ Maybe it wasn’t the right project, or the timing was off. Follow up by asking, ‘Why not?’ and adjust your approach appropriately for next time. Find out when would be a good time to check in again, and keep the conversation going. Most people like to invest in success, so show them that you’re on a good trajectory.”

—*Sonia M. Winner, vice president for university development at Columbia University*



“Make your ask with confidence. You have to believe you deserve it in order for someone else to believe it too.”

—*fund-raiser Rachel Nawi*



Effortless Beauty's Invisible Beginning



Introducing New Invisiblur. Perfecting Shield
a breakthrough invisible SPF formula that combats the signs of aging while instantly blurring away imperfections.

Murad products are available at Murad.com, Sephora, Ulta, Massage Envy Spa, Nordstrom and fine spas and salons.

© 2015 Murad, Inc. 005865/0415

Murad®

Follow us @MuradSkincare
Like us for exclusive offers

Brzezinski, left, with Leive on the set of MSNBC's *Morning Joe* in New York City



Need Career Confidence? She Can Help

Morning Joe cohost Mika Brzezinski has built a whole second career out of cheering women on. *Glamour*'s Cindi Leive got her salary-boosting tips for you.

Mika Brzezinski already had a pretty good gig going as the cohost of MSNBC's *Morning Joe* and a best-selling author. But after she discovered that cohost Joe Scarborough was getting paid more than her (she fixed that problem, as you'll hear in a minute), she found a whole new calling: encouraging other women to demand their worth too. Now with a new book, *Grow Your Value*, and a series of Know Your Value workshops touring the country (find locations at msnbc.com/knowyourvalue), the 48-year-old mother of two is on

a roll. I love that Brzezinski uses her own struggles to help the rest of us, so I cornered her on the *Morning Joe* set in New York City to get her specific advice for all of you. Read, stand up straighter, and go get 'em!

CINDI LEIVE: First things first: Why, in 2015, do women still need to be *told* to know their value?

MIKA BRZEZINSKI: I think it's part of our DNA to be self-deprecating, apologetic, and to worry about making everybody feel comfortable. We walk in the room saying, "I'm sorry." And by the way, when you say something is a terrible idea, you're telling people to think that. Be confident and say, "I'm so excited about this idea because it is awesome."

[Then] people will respond, "Well, maybe it is!"

CL: You're so open about your own mistakes. You've talked to *Glamour* before about when you left CBS—

MB: Yeah. Fired!

CL: You said it felt like getting divorced. What allowed you to get back in the saddle?

MB: For anyone who loses a job, it *is* personal. Having said that, you can't walk into interviews wearing that firing across your face and in your posture, and I did. My way of reinvention was to start at the bottom again.

I begged for a job at MSNBC doing news cut-ins, which was a huge departure from being a top CBS correspondent. Then *Morning Joe* came out of the blue because I was in the right place at the right time.

CL: And then you learned that your cohost, Joe, was getting paid so much more than you.

MB: Yeah, literally 14 times more. But Joe had cut a great deal for himself with his negotiating skills. He helped me learn that, and I used some of his skills to fix my problem.

CL: So you were being paid less just because you hadn't asked for more?

MB: Because I hadn't asked in the right way. I tried to fix it four times. I apologized my way in: "I'm sorry. I know this is a bad time for the company. I know I cut the deal, but...."

CL: What finally worked?

MB: When I was ready to walk. That's the ultimate power. I went in and said, "Listen, this show is doing well because of both of us. If you think you can do [as well] with just Joe, cool. If you think I'm part of this, you're going to have to fix the problem." And [my boss] did.

CL: In your book, you and I discuss the idea I have of "provider pride," the sense of accomplishment you get from being a breadwinner, which is something hard for women to embrace. How have you embraced it?

MB: We *need* to feel that pride. But a lot of women talk about how it's uncomfortable to make more; it shifts the balance of power. [When] I got my biggest raise, I didn't want to tell my husband because I felt bad—but he couldn't have been happier!

CL: So how should a woman start growing her value now?

MB: Sit down and tell a video camera why you deserve a bonus. Watch it and see if you're self-deprecating, if you can't find the words, if you're flinching. Study your posture, your eye contact. If it feels weird, trust me, it's even weirder to look into someone's eyes while negotiating.

CL: What else?

MB: Every time you use the words *I'm sorry*, think about why you said it, and don't say it again.

CL: But in a negotiation sometimes you do everything right and you still don't get what you want. What then?

MB: That is when you start looking for another job, quietly. You don't play the victim. You do your job with excellence, and you look for another one. **G**

Your body changes 500+ times a day.
Your deodorant should keep up.

Body changes can cause odor. So keep up with whatever
the day throws your way with **Secret Clinical Strength's**
Adapts&Responds Technology™. **FEARLESSNESS. APPLY DAILY.**

Adapts&Responds™
Customized Protection





AN ICED COFFEE BREAK WITHOUT THE BREAK.

Introducing NEW Maxwell House iced coffee concentrate made from coffee beans.
With water or milk and the simple squeeze of a bottle, you can mix a perfect,
lightly sweetened iced coffee-to-go, while you're on-the-go.

Get the great taste of Maxwell House, now on ice.

GOOD TO THE LAST DROP.



MADE FROM COFFEE BEANS

Home on the Range
Danielle, far left,
and Laura Kosann,
doing their thing.

From left: **Karen Walker**
dress, \$577. **See by**
Chloé romper, \$340



Your Ultimate Summer Barbecue

Take the party outside! The stylish sisters behind the food site The New Potato show how to make the most of the grill.
By Brittany Adams

Nothing against classic burgers and hot dogs, but when it comes to summer grilling, there's

so much more you can cook over an open flame. Need inspiration? Danielle and Laura Kosann—28 and 26, respectively—the sisters behind the wildly popular food site The New Potato (where they interview

bold-faced tastemakers from Jessica Alba to Martha Stewart), told *Glamour* their secrets to being impressive and unpredictable at the grill this season.

Their Dream Barbecue Menu

First of all, get over any hesitation you might have about womaning the grill. “I’m constantly kicking my husband off

it,” says Danielle. “We love to get creative and cook unexpected things like romaine and oysters.”

Lettuce on the grill? It's less complicated than it sounds. Cut hearts of romaine in half, brush them lightly with olive oil, and grill until charred but not totally wilted, 3 to 4 minutes, then drizzle with lemon juice. For oysters, shuck a dozen or so fresh ones

(East Coast oysters are typically larger and easier to work with than other kinds) without cracking their shells, and discard the juice. Then top each open oyster with a little butter and grill for 4 to 6 minutes. Voilà—briny perfection!

As for the main course? On the menu today: grilled swordfish with a simple mango salsa (for flavor and a colorful twist). “Swordfish is a very meaty fish, so it grills nicely, almost like a steak,” says Danielle. Firm tuna and mahimahi are fine substitutions, she says; more delicate, flakier fillets like cod or tilapia will fall apart.

The ABCs of Grilling

Need a refresher? Consider this your cheat sheet no matter what you’re cooking.

- Above all, make sure you start with a clean grill. Brush the rack vigorously with a dry wire brush before every use. (Don’t be tricked into thinking the remnants from your last cookout will give the meal special flavor; the residue just causes sticking.)
- The key to being a relaxed host, says Danielle, is to “cut and prepare ingredients as much as you can beforehand so you’re not dicing vegetables while flipping food and missing out on the fun.”
- Use only long-handled tongs and spatulas. And never poke a piece of meat or fish with a fork or press it flat; it’ll squeeze out the juice and make the food drier.
- “Don’t overcook it” is the Kosanns’ number-one rule. “You can always put something back on the grill, but you can’t make it tender again,” says Laura. They suggest you invest in an instant-read thermometer to gauge cooking time. (A good guideline: Take fish off when it approaches 140°F in its thickest section.)

What’s Cooking for Dessert

“We’re all about grilling peaches,” says Danielle. “Find really ripe ones, cut them in half, and remove the pits. Start with them facedown, and turn them over a few times so the juice is runny. They’re perfect with a dollop of crème fraîche or a little ice cream.” Laura adds, “When you have in-season produce—we look for what’s trending at the green market—you can keep it simple.”

Cue the Foodstagram

Last but not least, the Kosanns’ pro tip for taking “like”—worthy foodstagram: “Shoot from a bird’s-eye view above, with good, natural light,” says Danielle. You’ll be doing that a lot with this mouth-watering menu.



Grilled Swordfish With Mango Salsa

A zesty fish dish sure to please even the meat lovers in your crew

For the salsa:

- 1 mango, peeled and diced
- 1 green bell pepper, diced
- ½ red onion, diced
- 1 red jalapeño or habanero pepper, seeded and finely chopped
- ¼ cup cilantro leaves, chopped
- 1 tbsp. lime juice
- 1 tsp. kosher salt

- 2 swordfish steaks (each 4 to 6 oz.)
- Salt and pepper to taste
- 2 tbsp. extra-virgin olive oil
- 1 tbsp. red wine vinegar
- 1 tsp. fresh oregano, chopped

1. Preheat grill to medium-high heat.
2. In a bowl, combine all salsa ingredients. Mix well and refrigerate.
3. Season swordfish steaks with salt and pepper. In a small bowl, whisk together oil, vinegar, and oregano, and brush over both sides of fish. Grill fish until nicely charred on the outside and just cooked within, 3 to 4 minutes per side.
4. Top each swordfish steak with salsa. Serves 2.



The Taste of Summer

Quick and healthy—brush veggies with olive oil, grill for 3 to 4 minutes each side, and sprinkle with salt.



Instant Refresh

Try one of the sisters’ favorite summer drinks: a Pimm’s cup (like adult iced tea), above left, or a gingery Moscow mule, right (recipes at glamour.com).

Saving People Money Since 1936

... that's before the bikini.

GEICO has been serving up great car insurance and fantastic customer service for more than 75 years. Get a quote and see how much you could save today.

geico.com | 1-800-947-AUTO | local office

GEICO®



Ogx[®]
beauty pure and simple

a daily dose of
vitamins...
moisturize
rebuild,
strengthen
& get hair
looking healthy.

moisture + vitamin

B₅

SHAMPOO

Drench and nourish strands with this rich blend with **Vitamin B₅**. It helps to speed moisture to stressed locks, rebuild damaged lipids to improve ability to retain moisture, and adds strength and elasticity to help get your hair back to healthy.

Ogx[®]
beauty pure and simple

16.9 FL. OZ. (500 mL)



ogxbeauty.com |    ogxbeauty

KARDASHIAN WEST, FLORALS: PATRICK DEMARCHELIER, IMAN; CEDRIC BUCHET. ACCESSORIES: DANIEL LINDH. CLOCKWISE FROM BOTTOM RIGHT: (1) THE BRAVE COLLECTION, CAROLINA BUCCI, TILDA BIEHN. (2) HILFINGER COLLECTION DRESS, BRACELET, FREEDOM OF ANIMALS BAG, DITA SUNGLASSES, GH BASS LOAFERS. (3) MICHAEL KORS COLLECTION SHIRT, PANTS, MUFFLER, EVA FEHRENS EAR CUFF, DELFINA DELETTREZ EARRINGS, DONNA KARAN NEW YORK BELT. SEE GLAMOUR SHOPPER FOR MORE INFORMATION



Summer Looks
Good on You, Woman!
Especially with easy dresses, beyond-
bold shoes, and a healthy dose of sexy
confidence (work it, Kim).



Kim Kardashian West Has a Few Things to Clear Up

Yes, she still takes selfies and bares that famous body. But over the last few years, thanks to a new marriage, motherhood, and a stepfather in transition, the CEO of celebrity says she's become "a completely different person."

Let her explain. By Alex Morris

Photographs by **Patrick Demarchelier** Fashion editor: **Jillian Davison**



Happy in Public and Private

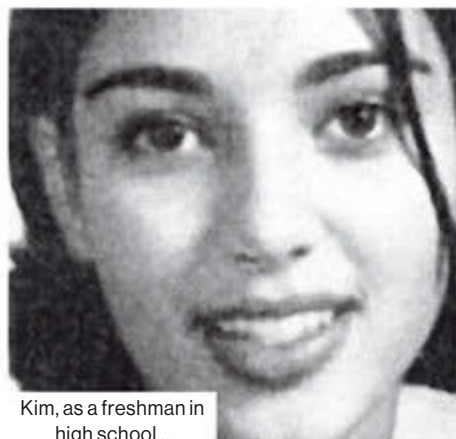
"I used to enjoy the spotlight," says Kardashian West. "Now I enjoy my family time so much, there is this sense of, If it all went away, and I was just a mom, I would love my life."

Balmain jumpsuit. **Lanvin** necklace, \$950. For a pretty pink lip like hers, try **Kardashian Beauty** Honey Stick Lipgloss in Wild Flower (\$9, ulta.com).

The huge spotlights sitting high on a ledge inside Kris Jenner's home are off. Kim Kardashian West and her famous family aren't filming right now, and the vibe at the house, a frequent and frenzied location for *Keeping Up With the Kardashians*, is tranquil to the point of being mundane. (Family friend Melanie Griffith pops in to pick up Kris for sushi; sister Kylie Jenner passes by in workout clothes; daughter North West, age two, can be heard playing in a far recess of the mansion.) Nevertheless, Kardashian West, 34, looks camera-ready as she clicks her Hermès heels across the black-and-white checkerboard floor of the foyer. She enters a sitting room and lowers herself gracefully onto a velvet sofa, folding her tiny feet under her. "Hi," she says sweetly. "I'm Kim."

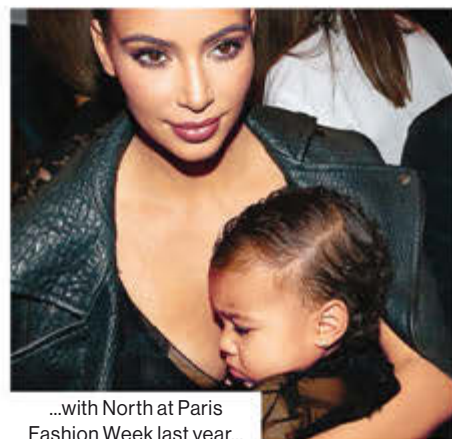
Which, at this point, is such a ridiculous pronouncement that it's endearing. How could anyone not know Kim Kardashian West, with her three reality shows, seven fragrances, multitude of fashion and beauty lines, Kim Kardashian: Hollywood game, book of selfies, famous marriages, famous divorces, 33 million Instagram followers, and gravity-defying derrière (preserved in its full glory for eternity on the cover of *Paper* magazine)? For eight years she's been a fixture of the cultural zeitgeist, a ubiquitous meme of unbridled ambition and unbounded success. She has such massive influence that she was named one of *Time*'s 100 Most Influential People this year, on a list that also contained Pope Francis.

To critics, her prominence might come across as canny and con-



Kim, as a freshman in high school...

"I chose this life, but North hasn't. When she was born, I would just pray, 'I hope you can handle this life.'"



...with North at Paris Fashion Week last year...

trived, but sitting on her mother's sofa, fingering a gold necklace that husband Kanye West had engraved with her daughter's nickname, Nori, she seems authentic and thoughtful. Picture-perfect, yes, but far removed from the reality-show drama and the attention that came with its success. Her focus is family. She's championing her stepfather, Bruce Jenner, as he's transitioning to living as a woman; she's talking about how far she'll go to protect North; and she's opening up about her fertility issues and hopes for a second child. On the cusp of 35, she says she finally has the reality she wants—and yes, even that baby: Two weeks after our interview, as the magazine went to press, she confirmed to *Glamour* that she and Kanye are officially expecting. "We are so beyond excited," she says. Think you know all there is to know about Kim Kardashian West? Think again.

GLAMOUR: So much has changed in your life since your last *Glamour* cover, in January 2012. Do you feel like a different person now?

KIM KARDASHIAN WEST: I'm a completely different person. I don't know if it's growing up or being with Kanye, who's more private, but I try and live my off time as privately as possible. I used to enjoy the spotlight. If I had a day off from filming, I didn't know what to do. Now I enjoy my family time so much, there is this sense of, If it all went away, and I was just a mom, I would love my life.

GLAMOUR: Well, it's a big change, having a kid.

KKW: Yeah, it really changes you. When I found out I was pregnant, I was going through an awful divorce, Kanye and I had just been dating for seven months—granted, we knew each other for a decade—and I was like, "I can't do this. It's not the right time." But then I figured, If I'm in my thirties and I'm not ready, I'll never be ready. So it's been the biggest lesson, and the biggest joy of my life.

GLAMOUR: But it's also hard having that much responsibility.

KKW: Yeah, but I thought it would be. My best friend told me, "You'll never remember what your life was like before her, but it'll be OK."... North has taught me patience. There's nothing I wouldn't do for her. And nothing I wouldn't do for my husband. She's empowered us to want to be the best parents and the best spouses.... Today North put on these Manolo heels of mine and was walking perfectly around my closet. I sent Kanye a video of her; he was like, "Tell her to stop! She cannot grow up, she cannot wear your heels."

GLAMOUR: You're turning 35 in October. Do you feel like you are living the way you want to live right now?

KKW: I do. I mean, obviously as you grow up, no one's ever 100 percent proud of every decision that they've made, and that's OK. I think as long as you learn from your mistakes, and don't make them over and over again, you're on the right path.

GLAMOUR: You said recently that you don't consider yourself a role model because of certain choices you've made.

KKW: I'm not trying to influence anyone else; I'm not saying, "Do

what I do." I think it's a little pretentious to say, "I'm a role model"; I would never say that, and I don't think of myself that way. Are there things I'd take back? I don't know if I'd take back the lessons that I've learned. Yeah, there are things that I can be embarrassed about or wish didn't happen, but if I didn't have all those bad, crazy things, would I be who I am today? I don't know.

GLAMOUR: Your *Paper* cover last fall bragged that it would "break the Internet." Looking back, do you love it? Any regrets about it?

KKW: I love it! We were just shooting a cover, me in the dress with the champagne glass. But [photographer] Jean-Paul Goude gave me a book of his images when I was in makeup, and it was, like, Naomi Campbell naked and hanging from a rope—one of the coolest shots I've ever seen. So I said to him, "Hey, there's no rush. My publicist isn't here. We can kick the magazine out. If you want to work more, I'm here all night." When everyone came back, I was like, "You guys are going to die when you see what we did." I had dinner with my mom and Kanye afterward; they were like, "How was your shoot?" I was like, "Oh, good." I didn't say anything. When the magazine came out, my mom called screaming, "You didn't f—king warn me!" She went so crazy. I was like, "Relax, it's my shoot, my body, my life."

GLAMOUR: If North wanted to do a shoot like that one day, would you be like, "Go for it?"

KKW: I think I would if it were done artsy and cool. I can't speak for Kanye—he freaks out when she tries on my heels.

GLAMOUR: Since dating Kanye, you've gone through a style transformation yourself. How would you define your look then versus now? **KKW:** My style was really fun and flirty and cute; very colorful, very trendy. When I started dating Kanye, he was like, "Babe, you have so many crazy shoes and platforms with spikes and jewels, so much going on. Can I have my stylist come and we'll clean out your closet?" I've become in love with this still sexy but just cleaner look.

GLAMOUR: I have to ask about your Met Gala dress. You wore one of Peter Dundas' first designs for Roberto Cavalli, and it was amazing.

KKW: Oh, thank you. I remember when Peter brought me the dress, it looked really sheer—and I was like, "Wait, I don't understand. Is there a slip?" We had to do all these photo tests walking from every angle.... Cavalli just fits so well for a woman's body and curves. It was so beautiful.

GLAMOUR: You've shot 10 seasons of *Keeping Up With the Kardashians*; the tenth seems to be very personal for you. You've dealt with fertility issues and even let the camera capture a surgery to have your uterus examined. Do you ever say, "I'm not comfortable"?

KKW: It's really rare. I didn't know that I was going to be so open with [my fertility challenges]. But meeting people at my fertility doctor's office who are going through the same things I'm going through, I thought, Why not share my story? It's been really emotional. One doctor told me I would need my uterus removed after I had another baby—I could only have one more. One was like, "You should get a

we're saying our prayers. When she goes out, she puts on the most serious face to the cameras. She'll be laughing hysterically in the car, then literally gets a straight face. It's so funny. She has so many of Kanye's facial expressions. She might not have even seen all of them—how was she taught to do that? They're totally in her.

GLAMOUR: After North was born, you wrote a post on your blog about racism. You mentioned that you had experienced some incidents that "sickened" you. What were you thinking of?

KKW: I remember I was on an airplane back from Vienna, and this woman—she must have been drunk—was screaming that I have this "black baby," saying the craziest things. They had to restrain her. And at the beginning of the flight, before she started drinking, she had asked me for a photo! It was so crazy.

GLAMOUR: That's awful. What are you doing to make sure your child and other children don't grow up and experience that type of thing?

KKW: Just teaching North and her generation [to not judge based on] color is a good step—I always grew up in a home knowing that.

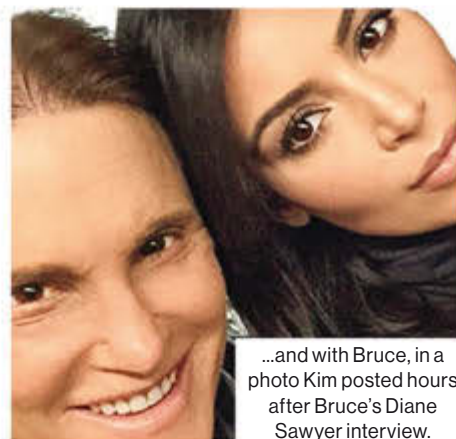
GLAMOUR: And what is a normal evening like at the Kardashian-West home? It just seems so beyond my grasp.

KKW: We are so normal. A typical night, I'll either cook or we will get a big bowl of cereal—right now we're into Lucky Charms. We'll all get blankets, and we'll fall asleep on the big couch watching a movie. Sweats, pajamas, no makeup. Or I'll take a shower with North, everyone will have dinner, then she goes to bed around



...with Kanye at the 2015 Met Gala, in Roberto Cavalli...

"I feel I'm so equal with my husband, like, 'This is my best friend.' It helps that we were friends for so long."



...and with Bruce, in a photo Kim posted hours after Bruce's Diane Sawyer interview.

surrogate." The other one was like, "Oh, no, you'll be fine." Then I called my doctor, and he's like, "You know what? I believe—we'll get through it." There are definitely times when I walked out [of the doctor's office] hysterically crying, and other times when I was like, "OK, everything's looking good—it's going to be this month!" The waiting and waiting has been a roller coaster.

GLAMOUR: Speaking of motherhood, what lengths do you go to in order to protect North from the fame machine?

KKW: I mean, I chose this life, but North hasn't. When she was born, I would just pray, "I hope you can handle this life." But since she's our daughter, I know that she can handle it. When we take her out, there will be tons of paparazzi; I say to everyone, "Hey, I've got the baby with me. Please don't say one thing to me." They've actually been OK. When I first took her to a music class, the teacher was like, "Do you want to switch her name in class so no one would know it's her?" And I said, "No, because I don't want her to grow up and be like, 'Who's Sarah? Everyone's calling me Sarah.'" I want her to be as normal as possible. But obviously I have to teach her and give her the tools to handle it.

GLAMOUR: How do you teach someone that?

KKW: I think you learn little things as you go. When a TV commercial comes on and it's a family member or me, and she goes, "Mama," I'll explain it to her. Like, "That's Mom. I'm on a TV show with Kourtney and Koko." I talk to her about it when I'm putting her to bed and

eight, and Kanye and I have the whole night. He and I watched the whole season of *Empire*, and we just started *True Blood*.

GLAMOUR: Does this marriage feel different to you than your previous marriages?

KKW: Absolutely. You know, the first one, I was a teenager, I was like, Oh sh-t, my parents are going to kill me. That was the thought that was going through my head—just young and dumb. Second time, you know, it's not even in the same sentence. There's just something [now] where I feel I'm so equal with my husband, like, "This is my best friend." And I think it helps that we were friends for so long and knew each other for almost 10 years.

GLAMOUR: When you were on the cover of *Glamour* the first time, in 2011, Kanye was at the shoot for a while, right?

KKW: Yeah, he was!

GLAMOUR: In hindsight was there any inkling that this guy was going to become your husband and the father of your child?

KKW: Not at that moment, no. But I look back and he was always there to support me. We were such good friends, and it just felt right from our first date.

GLAMOUR: So how did it progress from friendship?

KKW: There was flirting before, so it was obvious there was attraction, but there was a moment in my mind that clicked when I was like, I'm going to give this a shot. I was probably so tired of bullsh-t in the past. I'd gone through a divorce six months before. And I was

like, This guy has never bullsh-tted me. He had made it clear that this is what he wants. Why don't I give it a shot? I went through so many mistakes that must have hurt Kanye, watching me get married, knowing, That's not the right situation for you. So it was a great feeling when I was finally like, OK, this is it. My only regret is that I didn't give it a shot sooner. It would have saved so much B.S.

GLAMOUR: Kanye was on that list of *Time*'s Most Influential with you; so was Laverne Cox [the actress and transgender advocate], whom I've interviewed for *Glamour*.

KKW: Oh, wow. Yeah, I met her for the first time at the *Time* event.

GLAMOUR: A lot of the transgender women I've interviewed were moved by Bruce's Diane Sawyer interview, as was I. What does it feel like now that the world knows about Bruce?

KKW: It is definitely a relief. Everyone had been speculating about him for so long—and I'm saying "him" because, as of now, that is what he prefers. When friends would say, "Bruce is out with nail polish, what's this about?" We would be like, "Oh, no, it's near Hal-loween." We were so protective; we didn't know what to say.

GLAMOUR: Walk me through how you felt when you saw Bruce in women's clothes for the first time.

KKW: Well, I walked in on Bruce at my mom's house when I was like 21 years old. My mom and sisters were visiting my grandma in San Diego. I knew it was him because there were rumors about him years ago. I ran out, and I slept at Kourtney's house. I was hysterical. Kourtney and I didn't know what it meant, so we looked at Oprah episodes and were typing in "cross-dressing" on the computer. Bruce called me 30 minutes later and said, "That was really awkward. I'm so sorry. Please don't tell anybody." So I didn't tell anyone, not even my mom, for years. I still didn't know [what it meant to be] transgender. I just thought maybe every once in a while he would dress up in women's clothes. Then, when I was 30 and getting married, he sat me down and explained, "Hey, this is the struggle I've been through. I've had these feelings. That's what you walked into years ago." He never said, "I want to become a woman." That was more of a recent feeling that he's expressed.

GLAMOUR: And he said Kanye actually helped you come to terms with the fact that he did want to transition.

KKW: Yeah. Kanye said, "Can you imagine not feeling like yourself? Why shouldn't he be himself? If you're not yourself, what do you have?" And it just really clicked for me.

GLAMOUR: Bruce also told Diane Sawyer that of all the kids, you had been the most accepting.

KKW: I feel like we've gotten closer since this experience. I don't really like to golf or [fly toy] helicopters, which he still does—I always say, "You're a tomboy, because you like to do guy things"—but I support his struggle, and I'm there to listen and understand. And it's helped me understand the dynamic that he had with my mom and why they got a divorce.

GLAMOUR: Did you really tell Bruce, "Girl, you gotta rock it, baby. You gotta look good"?

KKW: I didn't say those exact words. I was like, "If you are going to do this, you cannot look a mess." I went shopping. I'm helping him pick glam teams. He has to look good—or she has to look good. When he becomes she, which will be in the near future and remain that way full-time, I'm prepping her to have the best wardrobe and hair and to feel really good about herself. I know she would want that.

GLAMOUR: What would you tell another family going through this?

KKW: It's OK to feel a loss, it's OK to feel angry—and it's OK to be happy. It's OK to have every emotion as long as you get to the posi-

tive, happy place. It's such a personal experience. Khloé's emotions were harsh because she was told through a third party that he was transitioning. Her pain was so deep that someone she considered her dad—they met when she was four—[is changing]. You know, she lost our dad [Robert Kardashian]; she and her husband aren't together; she has this male loss in her life. But now she's doing amazing, and she's always supported him. No matter what, we love Bruce. I'm so proud of him for being so brave. I know he feels great that his whole family does support him. I feel for people that don't have that support. There's such a high suicide rate in the transgender community, which is heartbreaking. No one should feel alone.

GLAMOUR: I do want to switch topics. Monica Lewinsky, Ashley Judd, and so many other women are calling for a change of tone on the Internet. Monica has said there's an "empathy crisis" online.

KKW: Actually, Bruce and I watched that Monica Lewinsky TED Talk [about the online culture of humiliation] together, and we thought it was so powerful.

GLAMOUR: You've had your share of haters come after you online. On a scale of 1 to 10, how vitriolic can their comments be?

KKW: On a scale from 1 to 10? A hundred. They can be so, so, so nasty. Once, I posted a photo of North wrapped in a towel; she had just finished her swim lesson and taken her first step. It was such a proud mom moment. On Instagram someone said, "I hope she drowns and dies in that swim lesson." I could not believe people

have these thoughts.

GLAMOUR: How do you cope with that? You've said before that you've developed a thick skin. But how?

KKW: I have developed a thick skin. After I went through my [last] divorce, I saw so much hate, people writing the nastiest, craziest things—stories that weren't true, that [the marriage] was fake for TV. Come on. I would never, ever, ever do that. Think about it. If it was fake, I would have picked someone who had signed something to not make my life so difficult afterward, you know? Isn't that what it is, if it's fake? There's a contract? That changed me, to see people who were so nice to me turn on me. I moved in

here [to my mom's house] for four months. I retreated. It changed a lot about me. Then, with Kanye, it seemed like everything was how it was supposed to be. I am supposed to be a bit more private. Had I not gone through that divorce, I wouldn't be as strong. It was a good lesson.

GLAMOUR: Speaking of strength, at *Variety*'s recent Power of Women luncheon, you quoted this saying: "Here's to strong women: May we know them, may we be them, may we raise them." How are you raising North to be a strong woman?

KKW: At this stage, I build her confidence. Every time someone hands her something, I say, "Look them in the eyes, North." And she does, and she'll say, "Thank you." I think to be kind is strong. I think to be polite is strong.

GLAMOUR: You seem very Zen now.

KKW: I think I've always been. People who have met me have been like, "You're always so calm." Probably compared to what you think I would be like!

GLAMOUR: When *Glamour* last interviewed you, you were divorcing Kris [Humphries] and wondering if the fairy tale wasn't real. Do you feel like you've got the fairy tale now?

KKW: I feel like I got the fairy tale. I should have had even higher expectations, because I got the fairy tale.

Alex Morris is a contributing editor for New York magazine.



Force of Nature

"I think to be kind is strong," says Kardashian West. "I think to be polite is strong."

Baja East bodysuit, \$595. **Balmain** skirt. **Vionnet** belt, \$690. **Lynn Ban for Donna Karan** ear cuff. **Jennifer Fisher** studs, \$2,200. For her sleek updo, try **John Frieda** Frizz Ease Beyond Smooth Frizz-Immunity Primer (\$10, at drugstores).

See Glamour Shopper for more information. Hair: Oribe for Oribe Hair Care; makeup: James Kaliardos at Art + Commerce; manicure: Gina Viviano at ABTP.com; production: Brachfeld.



The Suede Topper

Suede for summer? Absolutely. Keep the color light and throw on over any free-spirited look.

Gerard Darel coat. **Wilfred for Aritzia** top, \$65. **Derek Lam 10 Crosby** skirt, \$795. **Céline** earrings. **Maiyet** rings. **Proenza Schouler** bag. **What Goes Around Comes Around** cravat (on wrist), \$150. **Alexis Bittar** bracelet, \$75. **Ada Collection** belt, \$100. **Marni** boots. On him: **Hermès** blazer, pants, hat. **Lanvin** shirt. **John Lobb** shoes.



Be That Girl

This summer it's all about eyes-on-you festival dressing. Chanel Iman and Shameik Moore—two breakout stars of the new movie *Dope*—show you how.

Photographs by **Cedric Buchet** Fashion editor: **Laura Ferrara**

The Bohemian Dress

Try this outfit hack now: Pair a fluttery tiered dress with delicate gold earrings and long, sleek strands. So twenty-first-century chic!

Chloé dress. **Isabel Marant** earrings, \$160. **Ada Collection** belt, \$70. On him: **Lanvin** shirt. **Gant** Rugger jeans. **Marc Jacobs** belt.

The Maxiskirt

A flowy style, worn with a breezy silk blouse and graphic striped belt: *This* is your fresh summer silhouette for daytime.

Club Monaco top, \$170. **Rebecca Taylor** skirt, \$425. **Stella McCartney** earrings, \$425. **Jason Wu for Pluma** collar, \$720. **Only Genger by Jaclyn Mayer** necklace, \$125. **Fendi** belt. **Tibi** sandals, \$425. On him: **Lanvin** coat. **Prada** sweater. **Dsquared2** pants. **Dior Homme** sneakers.



The Goddess Gown

Embrace a gypset vibe with a floor-length printed, beaded number. Want to give the look ease for day? Add a wide-brimmed hat.

Gucci dress. **Eugenia Kim** hat, \$440. **Isabel Marant** cuffs, from top, \$695, \$475, necklace, \$335. **Marni** boots. On him: **Prada** shirt, vest.

Hermès hat. **Cole Haan** boots. To get her smooth, frizz-free hair, we like

Tresemmé Get Sleek Blow Dry Balm (\$7, at drugstores).



Meet Summer's It Couple

Co-executive-produced by Pharrell Williams, *Dope* sparked a bidding war at Sundance—and for its star, Shameik Moore, 20, the hubbub is a dream come true: "I used to literally pray about fame," says Moore, who also dances and raps (see page 136). "I'd write it down, try to visualize my future, and now it's happening! I'm extremely thankful." Chanel Iman, 24, leaned on her Victoria's Secret experience to prep for her role; on her *first day* of filming she had to strip down for a make-out scene with Moore. "One thing I got from modeling since I was 16 is my 'F--k it—you have to own it' attitude," she says. "Sometimes you have to find that confidence within yourself." —Kate Branch



The Festival Shorts

Balance itty-bitty shorts with knee-high boots in rich copper tones. A geometric necklace keeps everything from feeling too Woodstock.

Vera Wang Collection top, \$695. **Zara** shorts, \$40. **Sorelle** earring, at left, \$120. Earrings at right, Iman's own. **Stella McCartney** necklace, \$575. **Ming Yu Wang** rings, from left, \$785, \$565. **Chloé** bag. **Stuart Weitzman** boots, \$698. On him: **Prada** jacket. **Hermès** shirt. **Gant Rugger** jeans. **Marc Jacobs** belt. **Christopher Kane** shoes. For her glowing skin, try **Estée Lauder** Bronze Goddess Illuminating Powder Gelée (\$40, esteelauder.com). Hair: Ward, manicure: Geraldine Holford, grooming: Jessica Ortiz, all at The Wall Group; makeup: Ayami Nishimura for Chanel; production: Nathalie Akiya at Kranky Productions; prop stylist: Jarred Metz.



The Tie-Neck Blouse

It's a new staple for work and play. We love how Iman's pendant necklace peeks out from the keyhole detail.

Reiss blouse, \$245. **Sonia Rykiel** pants. **Burberry Prorsum** hat, \$375. **Chloé** necklace, \$890. On him: **Dsquared2** jacket, shirt. Want her caramel lip? We like **L'Oréal Paris** Infallible Pro-Last Lip Color in Neverending Nutmeg (\$13, at drugstores). **See Glamour Shopper** for more information.

Easy Rider

Layering idea to try: Skip the structured blazer, and instead do a gauzy knit shirt *under* your dress.

Stella McCartney dress, \$2,200, top. **Fendi** headband, \$450. **Kendall Conrad** silk ribbon, \$8, with flamenco dancer pendant, \$190; **Bulgari** gold circle pendant; **Jennifer Fisher** pearl charm, \$900, all worn throughout. **Tabitha Simmons** sandals, \$695. **Burberry Prorsum** bag. On him: **Quiksilver** wet suit, \$195. **Warby Parker** sunglasses, \$95.



A man with long hair and sunglasses, shirtless, is seen from the back, standing in the open rear of a dark-colored convertible car. He is wearing dark pants with a bright yellow shirt tied around his waist. A tattoo is visible on his left shoulder blade. The car's interior has brown leather seats, and a rolled-up rug is visible in the back. The background is a bright, hazy outdoor setting.

One And Done

Meet the season's wardrobe MVP: soft, floaty dresses you can wear from dusk to dawn.

Photographs by **Patrick Demarchelier** Fashion editor: **Jillian Davison**



Tangerine Dream

Tonal dressing is still going strong! Match a color-blocked dress to your bag. It'll take you far beyond the beach.

Céline dress, tote. Like the windswept look of her hair? For texture, try **Vidal Sassoon** ColorFinity Dry Shampoo (\$4, amazon.com).

The Belt Way

Give a floaty dress some cool-girl kick with a cinched leather belt and pendant necklace.

Zimmermann dress, \$630.

Donna Karan New York belt, \$995.



Garden Party

Who says florals have to be sweet? This bold print packs plenty of punch. Balance it with casually pulled back hair and fresh skin (better with major patterns than, say, mega waves and heavy makeup).

Giamba dress, \$3,375. **Fendi** headband, \$450. Into her rosy lip? We like **Maybelline New York** Baby Lips Moisturizing Lip Gloss in Berry Chic (\$4.50, at drugstores).



The Heat Is On

A sleek slipdress is the season's new must-have. Wear with heels at night, or with flat sandals every day.

Salvatore Ferragamo dress. See **Glamour Shopper** for more information. Models: Emily DiDonato at IMG, Peter-Raven Maben at Soul Artist Management; hair: Franco Gobbi at Streeters; makeup: Virginia Young at D+V; prop stylist: Jill Nicholls at Brydges Mackinney; production: Sara Mouzayanni at Brachfeld NY; location: Jenny Landey; dog: Remi.



The Truth-Teller

Hyeonseo Lee escaped from North Korea—home to one of the most repressive governments in the world—when she was just 17. Then she risked her life to get her family out. You won't forget her story. By Susan McClelland

Photograph by **Norman Jean Roy** Stylist: **Marina Muñoz**

"Hyeonseo Lee brought the human consequences of global inaction on North Korea to the world's doorstep.... Against all odds she escaped, survived, and had the courage to speak out."

—Samantha Power, U.S. permanent representative to the United Nations

Posters around Hyesan, North Korea, announced the date and time. Schools canceled class and brought their students out to watch. The crowd was terrified. "I saw my first public execution when I was seven," says Hyeonseo Lee. "I was shocked. A man was hanging by his neck under a bridge."

Ruled by one of the most despotic, locked-down regimes on the planet, North Korea (under particular scrutiny after the recent cyber attack on Sony Pictures) is a place few people escape from. But Lee did. Then, in an even braver act, she went back with the dangerous goal of getting her family out. Now, at 35, she's working to expose her homeland's atrocities—the executions, the prison camps, the terror—and to help its refugees. "I feel a responsibility to tell the world what life is like on the other side," she says.

Raised with her brother in Hyesan, near the Chinese border, by a military-officer father and a stay-at-home mom, Lee was a curious child. Her father died when she was a teen, and at night, after the city's power grid shut down, she'd sit in the dark and gaze longingly at China, with its landscape "lit up like a firecracker," she says. One winter evening when she was 17, she went to the Yalu River, which divides the two countries, and persuaded the guard, a young man her family knew, to let her walk across the frozen water. "I told him I'd come home in a few days," she says. But she made her way to distant relatives in China—and then swiftly realized she couldn't return; if she did, she and her family risked prison camp, even execution. At the same time, if Chinese authorities discovered her identity, they'd send her back to face punishment. "I made a really quick phone call to tell my mom where I was," says Lee. "After that I didn't talk to her for five years."

For the first two of those years, Lee hid out with her relatives and studied Mandarin. She became so fluent that once, when she was detained by officials ready to deport her, she was able

to convince them she was Chinese. By then she was working as a waitress; she eventually saved enough money to make her way to South Korea, which recognizes North Koreans as citizens.

But the news from home was bleak. Because of her defection, her mother and brother were on a list to be relocated to the brutal, frigid, uninhabitable mountains. Over hurried calls on a cell phone Lee had surreptitiously sent them, they hatched a plan: She would return to the border on the Chinese side of the Yalu so she could help them escape.

On the agreed-upon morning, the river was flowing but extremely cold. Before dawn Lee crept down the bank. "Finally in the dark I spotted two dark objects," she says. "They were crouching low so the border guys wouldn't see them."

It had been 12 long years, but when Lee's mother and brother finally stood before her, soaking wet and shivering, no one said a word; no one dared to embrace. In dead silence they made their way to the taxi Lee had left waiting in the street. "It was only after we got to our hotel room," she says, "that we just couldn't stop hugging or crying together."

Now, with all three settled in Seoul, Lee's full story is coming to the U.S. with the publication of her memoir, *The Girl With Seven Names*. Since her 2013 TED Talk (viewed more than 4 million times), she has testified at the Oslo Freedom Forum and the U.N. Security Council. "At the United Nations it can be too easy for daily tasks to become routinized," says U.N. Ambassador Samantha Power. "But there are rare occasions when someone punctures the bubble. That is what happened when Hyeonseo Lee told her story—we were all transported to the bloody, paranoid world of the Democratic People's Republic of Korea." Adds Lisa Ling, the CNN host and coauthor of *Somewhere Inside*, about her own sister's detention in North Korea: "There isn't enough attention on the plight of citizens inside the 'Hermit Kingdom,' because so little is known. Lee is courageously speaking out, even at risk to her safety."

Lee recognizes that risk—she's received threatening messages. "Of course I'm scared; the regime has killed defectors," she says. "But I can't stay silent while it commits horrible human rights abuses. I've decided to use my voice, and I'll keep doing that, because one day we will resolve these problems."



HER WORDS TO LIVE BY:

“When you encounter an obstacle on the road, don’t think of it as an obstacle—think of it as a challenge to find a new path.”

—Hyeonseo Lee, photographed in New York City

Bella Vita

Fashion's latest muse? Bella Hadid, who's following in the footsteps of famous sister Gigi and mother Yolanda Foster, an eighties model. Here, the 18-year-old star-in-the-making shows her soft side in easy pieces paired with beautiful bare skin.

Céline dress, top, earrings.

Sophie Hughes Jewelry studs.

For her luminous complexion, try Lancôme Miracle Cushion Liquid Cushion Compact (\$47, lancome.com).



She's Golden

Sandy knits. Eye-catching jewelry. Gorgeous, glowy skin. It Model Bella Hadid has got it *all* going on.

Photographs by **Alique** Fashion editor: **Jillian Davison**





The Midas Touch

Up the glam factor of a basic ribbed tee with a pair of statement-making earrings. To take your tan from day to night, sweep a pearly highlighter (we like Maybelline New York Face Studio Master Hi-Light in Nude, \$10, at drugstores) on cheekbones, down the bridge of your nose, and on the Cupid's bow.

Sonia by Sonia Rykiel sweater, \$360. **Sophie Hughes Jewelry** hoops, studs. **Céline** earrings.



Natural Selection

Knits at the beach? You bet. Consider a tunic with cutaways your new cover-up. For an easy updo, spritz hair with Suave Professionals Sea Mineral Infusion Sea Salt Spray (\$5, walmart.com), then twist into a loose bun, leaving ends free.

Stella McCartney dress, \$930.
Sophie Hughes Jewelry studs.
Kara Ross New York necklace.

Knits and Skin

A creamy handcrafted pullover is perfect against your bare (self-tanned!) body. For more tips on how to get her glow, see page 63. If you need a quick fix, cover imperfections with concealer, set it with translucent powder, and go.

The Row top, \$2,750. **Proenza Schouler** briefs, \$315. **Sophie Hughes Jewelry** hoops, bar studs, seed studs. **Jean Grisoni** bracelet, \$1,800. **Giles & Brother** rings, \$70, \$65. **Samma** flat ring, \$101. **Loewe** tote, \$2,690. **Marni** sandals, \$720.





In the Loop

Peekaboo! A crocheted dress is the ideal foil to a summer glow. For supersmooth skin, first exfoliate with a sugar scrub, then douse yourself in Jergens Wet Skin Moisturizer (\$7, at drugstores). Done.

Proenza Schouler dress.

Sophie Hughes Jewelry studs.

See Glamour Shopper for more information. Model: Bella

Hadid at IMG; hair: Alessandro

Rebecchi, manicure: Laura

Forget, both at ArtList; makeup:

Frankie Boyd at Tim Howard

Management; production:

Céline Guillerm at Octopix; set

design: Fabienne Eisenstein

at Lalaland Artists.

Dancing Queen

Rumer Willis—the 26-year-old daughter of Bruce Willis and Demi Moore—won *Dancing With the Stars*, but she gained something more valuable: killer confidence. As told to Shaun Dreisbach

Photograph by **Doug Inghish** Stylist: **Marina Muñoz**



Ohne Titel top, pants.
Staerk & Christensen + Skagen bracelet. **Nicholas Kirkwood** heels. For her silky straight hair, try **Pantene Pro-V** Smooth Serum with Argan Oil (\$8, at drugstores). **See Glamour Shopper for more information.** Hair: Charles McNair at Jed Root; makeup: Jeannia Robinette at Tracey Mattingly; manicure: Nettie Davis.

Comparison is the thief of joy.” I read that quote the other day, and it is *so* true. When you grow up in the public eye the way that I did, everyone’s looking at you and waiting for you to do something crazy or say something wrong or have a meltdown. I was constantly bullied because of my looks, so I struggled a lot with my body image. I wanted to have no butt; I wanted to have no boobs. For a long time I just wanted to look tiny and androgynous.

I never really shared what I was going through with my parents, because it was too painful. I didn’t know how to ask for help or how to even bring it up. But I do remember my mom telling me, “There’s always going to be someone who’s a better singer. There’s always going to be someone more fit. There’s always someone who’s going to be, in your mind, better than you—who you’re comparing yourself to. But you can’t do that, because you will live such an unhappy life.” It just took me a *long* time to put that advice into practice.

I’d say that, before this year, I was kind of stuck. Fear is a really debilitating emotion. Yes, there’s been paparazzi: There were times when personal stuff in my life was blasted everywhere and I couldn’t leave my house for a week because I would be aggressively and dangerously followed. But the real pressure comes from the Internet and social media—the mentality that it’s OK to attack people from behind a computer screen. Strangers say the nastiest things. Until recently the thought of making one misstep that could be criticized would stop me from trying new things and from standing up for myself.

Then last year I decided to pose for a fashion shoot, and without my permission my face was photoshopped to appear thinner. I’d had enough and spoke out against it. I was done allowing other people’s perceptions of me to dictate how I viewed myself. Seeing my younger sisters be brave also inspired me: Scout is so unbelievably strong and opinionated, and she sticks to her convictions. And the way Tallulah was so honest and owned her situation when she went to rehab was amazing. The norm is to hide what you’re dealing with, but Tallulah came out and said, “This is who I am. I struggled and fought, and I came out on the other side.” Honestly, I wouldn’t be so strong if I didn’t have them.

Dancing With the Stars helped me get over my fear of failure too. When I signed on to do the show, I didn’t know what to expect. I had no dance training, had never played sports or even worked out much before, but I came in with an open mind. I just wanted to become the best dancer I could be. The first day I danced on-air, I was nervous; I had been struggling, and the dress rehearsal hadn’t gone well. But after I finished I felt more beautiful than I had in my entire life. Not because of how I looked—it’s not about having on a fancy dress or having your hair and makeup done—but because of what I’d accomplished and worked so hard for. When you conquer something you didn’t think you could do, energy and confidence radiate out of you, and that’s more beautiful than if you were skinny or had the perfect face.

That feeling is completely new for me. When you don’t think you can do something, you have so much self-doubt—but then when you not only do it but do it *well*, you start believing in yourself. You feel unstoppable, like, OK, well, what else did I think I couldn’t do that I can? I’m excited to start working on my debut album, and at this point if someone said, “Hey, would you want to do this Broadway show?” I would say yes in a heartbeat.

This doesn’t mean I’m invincible. I still have low moments. Just because I was celebrated on *Dancing With the Stars* doesn’t mean the bullying has stopped. After the show started, I had to block almost 10 people every day on social media because they wouldn’t leave me alone. But when it happens now, I remind myself that focusing on people’s negative opinions will only make me feel like crap. If I start to get discouraged, I take a step back and go, All right, I don’t feel great today, but what can I do to shift how I’m thinking? It’s difficult, but the moment you stop saying, “I’m really fat,” or “I’m ugly,” and just say, “Wow, I have *this*,” then you’ll see a change.

Honestly, the best part of doing a reality show is having a platform for people to get to know me better. I feel like I have a voice

“We all need to stop bullying ourselves and being cruel to other women.”

for the first time and that I can say, “This is who I am, and this is what I’ve gone through.” I’ve received an overwhelming outpouring of support. It’s amazing to know that I’ve been able to have a big impact on people.

What it comes down to is this: We all need to stop bullying ourselves and being cruel to other women. Attacking one another instead of supporting one another has become the norm. Life’s hard enough as it is. Let’s find strength in the fact that we’re different and unique. Let’s allow ourselves to say, “These are my flaws, but I’m still beautiful.” Let’s find our own value, know what we have to offer—and know that that is enough.

Rumer Willis is an actress, singer, and the most recent winner of Dancing With the Stars. Follow her @TheRue on Twitter.



Bright? Right.

Move over, sensible shoes (and bags)! The hottest accessories for the season to come are made of attention-grabbing goodness.

Photographs by **Daniel Lindh** Fashion editor: **Gretchen Gunlocke Fenton**

Match Points Think outside the monochromatic box! Mixing complementary shades like blues and greens with metallics is a Do. For an office-ready look, stick with classic shapes.

Prada bag, \$2,220, heels, top, pants. **Sophie Buhai** cuff, \$740. **Jennifer Fisher** ring, \$290. **Sarah Chloe** signet ring, \$98.



Not-So-Mellow Yellow Your summer uniform, for dates or work: a little white dress and a sunny pump (also great with grays or navys). The punchy bag just doubles the fun! Like the playful pink nails? Try Sally Hansen Xtreme Wear in Bamboo Shoot (\$3, at drugstores). **Mark Cross** bag, \$2,595. **Rag & Bone** heels, \$695. **Peter Pilotto** dress. Rings, from left: **Cartier**, \$1,580; **Jordan Askill**, \$255; **Jennifer Fisher**, \$290.



Something Blue Choose variations of red, white, and blue this good-looking, and you'll be able to wear 'em long past the Fourth of July. These gorgeously low-heeled shoes would be perfect with pants too.

L.K.Bennett clutch, \$295. **Miu Miu** heels, \$890, dress. **Arme De L'Amour** cuff, \$337. **Jennifer Fisher** braid cuff, \$695. **Cartier** ring.



Pretty in Pastel Retro heels and a candy-color bag are sweet updates for any ladylike look.

Milly bag, \$198. **Dolce & Gabbana** heels, \$2,695, dress. **Van Cleef & Arpels** pinkie rings.

Mizuki pearl and diamond ring, \$480. **Fantas-Eyes** sunglasses, \$22. **See Glamour Shopper for more information.** Model: Morgan Stover at One.1 Management; makeup: Rommy Najor, manicure: Eri Handa, both for MAM; set design: Molly Findlay for Marek & Associates.

The Glam

Edited by Emily Mahaney

Everything you need to know about all the good stuff you just saw

Outfit Ideas

The “Now and Later” Dress

The best news about the flirty styles on page 116? They're seasonless. How to take 'em into fall:



1

Pick a print dress in rich hues—reds, oranges. The color scheme works from July to November.

Zara (\$149, zara.com)

2

Style the floaty dress with a tailored blazer.



The Limited (\$140, thelimited.com)

3

And finish it off with a boot that hits just under the knee. Outfit magic!



Guess (\$210, guess.com)

Glamour Alum

Welcome Back, Emily!

Model Emily DiDonato (see page 116) is a 24-year-old pro. But she kicked off her career in *Glamour* at age 17 in a story about the '08 election. She couldn't even vote!

Then



Now



"It was the first picture I took as a model," DiDonato recounts. "I remember bringing the magazine to school like, This is a big deal. Now my career is coming full circle!" —Alexandra Schwartz

The Man With a Plan

How Joe Won Sofia's Heart

Warning: Knowing how Joe Manganiello (profiled on page 27) first asked out his fiancée, Sofia Vergara, might ruin you for all other men. Here goes! "The [editorial director] of *People*, Jess Cagle, knew I'd had the hots for Sofia for years, and he emailed me saying she had just become single. I immediately got in touch with [her *Modern Family* costar] Jesse Tyler Ferguson and was like, 'Jesse, I don't know what her emotional state is, but you gotta tell her I want to take her out.' He gave me her number. I called and she was like, 'I'm shooting this movie



in New Orleans. Why don't we go out when I get back?' I was like, 'No f--ing way. I waited four and a half years for you to be single. I'm not going to miss my window.' I got on a plane to New Orleans and took her out. Best decision ever." —Megan Angelo



Summer Soundtrack

This Guy Wrote a Song for You

Not only is Shameik Moore one of summer's hottest breakout actors, starring in *Dope* (see page 110), but he's also a singer-songwriter. So we asked him to write a ditty inspired by *Glamour* readers. "My lyrics are for strong, independent women who are both smart and

fashionable," he says. A sample of the words from the aptly titled "Glamour Girls": "Your walkin' and talkin' say you got class," and "I feel so good when she's around. There's so many things I see in you." Like it? Stream the track at glamour.com/entertainment/music.

Shop Our Shoots

Bag and Shoe Heaven

A no-guesswork guide to the candy-color accessories trend on page 132



Combine Teal and Coral...



& Other Stories sandals (\$150, stories.com)



Shop Priceless bag (\$27, shoppriceless.com)

...or Blush and Aqua...



Boden heels (\$178, bodenusa.com)



Botkier New York bag (\$198, botkier.com)

...or Crimson and Mint



H&M sandals (\$99, hm.com)



Zara bag (\$60, zara.com)

TIP

"Say goodbye to monochromatic and pair accessories in contrasting colors like pink and blue for a fresh take on summer style," says senior accessories editor Elissa Velluto.

Style Inspiration

What I'd Steal from My Mom's Closet, by Rumer Willis



"Her style and taste is impeccable," says *Dancing With the Stars* champ Rumer Willis of her mother, actress Demi Moore. (Willis talks body image on page 130). "I would definitely steal her jewelry—she's collected some of the most incredible pieces. I'd go for her Cartier Panthère ring or her Cartier nail ring. And she still has the iconic black dress she wore in *Indecent Proposal*. If I got to wear that, I'd be stoked. Would I steal anything from my dad's [actor Bruce Willis'] closet? His cashmere socks and sweaters. I blame that man entirely for my cashmere addiction." —as told to *Shaun Dreisbach*

Beauty How-to

Loving the Makeunder, Kim!

James Kaliardos, the makeup genius behind her pared-down cover look, gives the step-by-step.



1. Contour subtly.

After base makeup, blend a dot of foundation two shades darker than your skin tone under cheekbones, on temples, down sides of nose, and along hairline. Add a peachy blush on top of cheekbones.

Bobbi Brown Skin Foundation Stick (\$44, bobbibrown.com)



2. Make your eyes pop.

Groom brows. Then sweep a nude cream shadow on lids. Smudge a bronze shade into the crease, outer corners, and below lower lashes. Add eye gloss and mascara, concentrating it at the roots.

MAC Pro Longwear Paint Pot in Let Me Pop (\$21, maccosmetics.com)



3. Finish with a natural lip.

Apply a neutral lip liner (hers is honey-hued) around the edges of lips, and feather it slightly with fingers to soften. Swipe on a nude lipstick, and you're good to go.

—Maureen Choi

Nars Satin Lip Pencil in Florales (\$26, narscosmetics.com)



This July, Make Moves

Venus links up with festive Jupiter early in the month, giving you plenty of flirty energy to get your love life rolling. Take advantage,



Happy birthday, Gisele Bündchen!
July 20

because when Venus goes retrograde on the 25th, it's a recipe for a romantic black hole—not what you want this summer! Plan ahead and you'll avoid any summer blues.

CANCER

June 21–July 22

On the 15th a new moon gels with Saturn in your expression house and clashes with Uranus in your ambition angle, meaning that you'll have to get creative if you want to move ahead. At the office, reveal your side passion to your boss, then ask how you can bring those skills to your day job. Or put your weekends to use by volunteering for a cause you care about. *That's* mixing work and pleasure.

LEO

July 23–Aug. 22

Exuberant Jupiter's been in your sign for a year, so you've been your most outgoing self, but next month the planet is moving on. Use its last blast of energy to plan a blowout dinner for your friends at the place everyone's been raving about. While you're at it, drop a few hints that someone else'll have to plan girls' night next time.

VIRGO

Aug. 23–Sept. 22

When Venus lands in your sign on the 18th, you'll have a week to revel in your romantic firepower. Take your partner on a late-night picnic in the park to discuss your future; if you're single, get some dates lined up, ASAP. When the love planet turns retrograde on the 25th, you'll have six weeks of calm to consider your options.

LIBRA

Sept. 23–Oct. 22

Heads up, Libras: With planets crowding your career house lately, you've been pulling some long hours at the office. But on the 6th and the 15th, those planets clash with turbulent Pluto in your family angle, so stick to a 9-to-5 schedule those days and use your nights to catch up on quality time at home (you've missed it!).

SCORPIO

Oct. 23–Nov. 21

Energetic Mars is revving up your exploration house, so if you've got vacation days you've been hoarding, use 'em. If not, channel that spark and tackle something you've been putting off. Not ready for the beach yet? Sign up for a charity run, download the new Rihanna album, grab your headphones, and go.

SAGITTARIUS

Nov. 22–Dec. 21

Verbal Mercury in your relationship angle connects with fearless Jupiter on the 3rd, so you're feeling brave. If you're attached, now's the time to bring up that dream for a ring, a key, or simply a drawer at his place. Single? Chat up whoever catches your eye on Friday night, and don't let them leave without your number.

CAPRICORN

Dec. 22–Jan. 19

The temperamental full moon connects with explosive Pluto and feisty Mars on the 1st, and you'll need all your restraint not to lose it at work. Your douchebag coworker says he doesn't believe in equal pay, even though he does less than equal work? Instead of schooling him, get back in more productive ways, like seriously owning your quarterly presentation. #killingit.

AQUARIUS

Jan. 20–Feb. 18

A full moon in your sign usually lands you a ticket on the Hot Mess Express, but this month, on the 31st, it connects with responsive Mercury to help you dodge drama. The key is compromise: If your guy's request that you spend *all* weekend with him is cramping your "me time," don't blow up at him; explain you need time with the girls—and offer to plan a killer date night next week. Problem solved.

PISCES

Feb. 19–Mar. 20

Mars in your pleasure sector has you on a "work less, play hard" kick until mental Mercury hits your work zone on the 23rd to remind you that your job needs doing. To get back on track, set yourself a "power hour" at the office, and tackle your most important items. Done? *Now* you can get out early for a glass of sangria in the sun.

ARIES

Mar. 21–Apr. 19

Action-minded Mars is in your domestic zone this month—so indulge with a major home decor overhaul. The macho planet will give you strength to tackle something big (anything with Ikea instructions qualifies). Once everything's all beautified, celebrate with a home-cooked meal in your newly improved space.

TAURUS

Apr. 20–May 20

On the 14th, when antisocial Saturn clashes with charming Venus, you'll be all about personal space. Turn off your phone, hole up in your favorite coffee shop with the overpriced cappuccinos (so worth it, actually), and stay until you feel ready to face other people again.

GEMINI

May 21–June 20

Mercury in your money zone has you stressed about finances. Solution? Get proactive. Crowdfund weekend babysitting gigs from your parent friends, or sign up on TaskRabbit to offer your services in whatever area you're best at. And no shopping until the Labor Day sales!



The Get-It Guide

All the info you need to buy the stuff you love in this month's issue

Cover

Cover 1: Donna Karan New York shirt, \$950, skirt, \$995, Neiman Marcus. Vionnet underpinning, \$995, vionnet.com. Sophie Bille Brahe earrings, \$1,220, Dover Street Market, NYC. Maison Margiela Line 12 Fine Jewellery Collection bracelet, \$4,900, Maison Margiela stores. **Cover 2:** Michael Kors Collection tank, \$295, shawl, \$5,995, Michael Kors stores. Lanvin pants, \$1,265, Lanvin, NYC. Jennifer Fisher earrings, \$2,200, jenniferfisherjewelry.com. Lady Grey cuff, \$288, ladygreyjewelry.com. **Cover 3:** MM6 Maison Margiela jacket, \$785, pants, \$455, MM6 Maison Margiela stores. Eva Fehren ear cuff, \$4,595, Barneys New York. Melissa Kaye Jewelry earring, \$770 a pair, melissakayjewelry.com.

Table of Contents

Page 11: Top, \$1,150, skirt, \$2,225, Calvin Klein, NYC. Earrings, \$410, Esti's, Brooklyn. Sandals, The Row, L.A. **Page 14:** Pants, \$1,050, Giulietta stores. Bracelet, \$2,800, fivestoryny.com. Watch, \$25,700, cartier.us. Multistone ring, \$670, five storyny.com. Ring, \$149, sarahchloe.com. Loafers, \$380, houseofmeandher.com. Bag, \$1,215, Tod's stores. Sunglasses, \$99, seeeyewear.com.

Glamour Fashion

Page 41: Valentino dress, \$5,290, Valentino stores. ManiaMania earrings, \$220, themaniamania.com. Nancy Gonzalez backpack, \$2,900, fwrdr.com for similar. The Brave Collection bracelets, \$78 each, thebravecollection.com. Tomas Maier sandals, \$475, tomasmaier.com. Louis Vuitton luggage, Louis Vuitton stores. **Page 48:** Kendall + Kylie top, \$68, shorts, \$58, jumpsuit, \$105, topshop.com. Freedom at Topshop studs, \$8, hoops, \$12, top

shop.com. **Page 54:** Rosie Assoulin dress, \$1,995, Kirna Zabête, NYC. Chloé tote, \$1,450, Chloé stores. Gianvito Rossi sandals, \$790, net-a-porter.com.

All About You

Page 88: Santoni brogues, \$710, santonishoes.com.

Glamour Living

Page 97: Karen Walker dress, \$577, karenwalker.com. See by Chloé romper, \$340, net-a-porter.com. Their own Monica Rich Kosann bracelets, monicarichkosann.com. **Page 98:** Simple Life Istanbul blue dinner plate, \$75, bowl, \$50, simplelifeistanbul.com. littala pitcher, \$100, tumbler, \$22 for two, finnstyle.com.

G

Page 101: Clockwise from bottom right: (1) Tod's dress, Tod's stores. Bracelets, from left: The Brave Collection, \$38, thebravecollection.com. Carolina Bucci, \$950, carolinabucci.com. Tilda Biehn, \$4,785, tildabiehn.com. (2) Hilfiger Collection dress, \$460, Tommy Hilfiger, NYC. Verdura watch, \$28,500, bracelet, \$22,500, Verdura, NYC. Freedom of Animals bag, \$360, freedomofanimals.com. Dita sunglasses, \$525, dita.com. GH Bass loafers, \$128, ghbass.com. (3) Michael Kors Collection shirt, \$4,495, pants, \$4,695, muffler, \$3,995, Michael Kors stores. Eva Fehren ear cuff, \$4,595, Barneys New York. Delfina Delettrez earrings, \$13,500, opening ceremony.us to special order. Donna Karan New York belt, \$995, donnakaran.com.

Kim Kardashian West Has a Few Things to Clear Up

Page 105: Balmain jumpsuit, \$2,125, Barneys New York. Lanvin necklace, \$950, Lanvin, NYC. **Page 109:** Baja East bodysuit, \$595, similar style at Seaport Studios by Howard Hughes, NYC (opening mid-June). Balmain

skirt, \$1,410, Bergdorf Goodman, NYC. Lynn Ban for Donna Karan ear cuff, \$8,700 a pair, net-a-porter.com. Jennifer Fisher studs, \$2,200, jenniferfisherjewelry.com. Vionnet belt, \$690, vionnet.com.

Be That Girl

Page 110: Gerard Darel coat, \$1,135, Bloomingdale's. Wilfred by Aritzia top, \$65, aritzia.com. Derek Lam 10 Crosby skirt, \$795, Neiman Marcus. Céline earrings, \$490, Céline, NYC. Maiyet rings, \$650, \$395, maiyet.com. Proenza Schouler bag, \$1,425, Proenza Schouler, NYC. Cravat, \$150, What Goes Around Comes Around, NYC. Alexis Bittar bracelet, \$75, Alexis Bittar, NYC. Ada Collection belt, \$100, adacollection.com. Marni boots, \$920, Marni stores. Hermès blazer, \$2,750, trousers, \$670, hat, \$1,075, hermes.com. Lanvin shirt, \$510, Bergdorf Goodman, NYC. John Lobb shoes, \$1,340, johnlobb.com. **Page 111:** Chloé dress, \$5,695, Chloé, NYC. Isabel Marant earrings, \$160, Isabel Marant, L.A. Ada Collection belt, \$70, adacollection.com. Lanvin shirt, \$945, Bergdorf Goodman, NYC. Gant Rugger jeans, \$195, gant.com. Marc Jacobs belt, \$255, marcjacobs.com. **Page 112:** Club Monaco top, \$170, clubmonaco.com. Rebecca Taylor skirt, \$425, rebeccataylor.com. Stella McCartney earrings, \$425, similar styles at Intermix, NYC. Jason Wu for Pluma collar, \$720, neimanmarcus.com. Orly Genger by Jaclyn Mayer necklace, \$125, jaclynmayer.com. Fendi belt, \$2,990 (sold with dress not shown), fendi.com. Tibi sandals, \$425, tibi.com. Lanvin coat, \$3,250, Bergdorf Goodman, NYC. Prada sweater, \$670, prada.com. Dsquared2 pants, \$755, dsquared2.com. Dior Homme sneakers, \$1,400, diorhomme.com. **Page 113:** Gucci dress, \$4,350, gucci.com. Eugenia Kim hat, \$440, eugeniakim.com. Isabel Marant cuffs, \$695, \$475, necklace, \$335, Isabel Marant, L.A. Marni boots, \$920, Marni stores. Prada shirt, \$770, vest, \$1,880, prada.com. Hermès hat, \$1,075, hermes.com. Cole Haan boots, \$200, colehaan.com. **Page 114:**

Vera Wang Collection top, \$695, Vera Wang, NYC. Zara shorts, \$40, zara.com. Sorelle earring, \$120, sorelle nyc.com. Stella McCartney necklace, \$575, net-a-porter.com. Ming Yu Wang rings, \$785, \$565, totokaelo.com. Chloé bag, \$1,090, neimanmarcus.com. Stuart Weitzman boots, \$698, Stuart Weitzman, NYC. Prada jacket, \$2,235, prada.com. Hermès shirt, \$1,075, hermes.com. Gant Rugger jeans, \$195, gant.com. Marc Jacobs belt, \$255, marcjacobs.com. Christopher Kane shoes, \$525, mrporter.com. **Page 115:** Reiss blouse, \$240, reiss.com. Sonia Rykiel pants, \$1,750, Capital, Charlotte, NC. Burberry Prorsum hat, \$375, burberry.com. Chloé necklace, \$890, barneys.com. Dsquared2 jacket, \$2,590, shirt, \$895, dsquared2.com.

One and Done

Pages 116–117: Stella McCartney dress, \$2,200, Forward by Elyse Walker, Pacific Palisades, CA; top, 877-676-1141. Fendi headband, \$450, fendi.com. Kendall Conrad silk ribbon, \$8, flamenco dancer pendant, \$190, kendallconraddesign.com. Bulgari gold circle pendant, bulgari.com. Jennifer Fisher pearl charm, \$900, jenniferfisherjewelry.com. Tabitha Simmons sandals, \$695, Neiman Marcus. Burberry Prorsum bag, \$2,795, burberry.com. Quiksilver wet suit, \$195, quiksilver.com. Warby Parker sunglasses, \$95, warbyparker.com. **Page 118:** Céline dress, \$8,000, tote, \$2,350, Céline, NYC. **Page 119:** Zimmermann dress, \$630, matchesfashion.com. Donna Karan New York belt, \$995, donnakaran.com. **Page 120:** Giamba dress, \$3,375, Saks Fifth Avenue. Fendi headband, \$450, fendi.com. **Page 121:** Salvatore Ferragamo dress, Salvatore Ferragamo stores.

She's Golden

Pages 124–125: Dress, \$3,450, top, \$2,350, earrings, \$780, Céline, NYC. Studs, \$1,200, sophie hughes.com. **Page 126:** Sweater, \$360, Bloomingdale's. Hoops, \$220, studs, \$1,200, sophiehughes.com. Earrings, \$780, Céline, NYC. **Page 127:** Dress, \$930, Stella McCartney, NYC. Studs, \$1,200, sophiehughes.com.

Necklace, \$8,200, Kara Ross, NYC. **Page 128:** Top, \$2,750, net-a-porter.com. Briefs, \$315, Proenza Schouler, NYC. Hoops, \$220, bar studs, \$1,200, seed studs, \$490, sophie hughes.com. Bracelet, \$1,800, yutapowell.com. Rings, \$70, \$65, gilesand brother.com. Flat ring, \$101, Maryam Nassir Zadeh, NYC. Tote, \$2,690, Loewe Design District, Miami. Sandals, \$720, Marni stores. **Page 129:** Dress, \$3,150, briefs, \$315, Proenza Schouler, NYC. Studs, \$1,200, sophiehughes.com.

Dancing Queen

Page 130: Top, \$290, Intermix, NYC. Pants, \$425, Ikram, Chicago. Bracelet, \$250, skagen.com. Heels, \$1,250, nicholas kirkwood.com.

Bright? Right.

Page 132: Prada top, \$980, pants, \$1,040, bag, \$2,220, heels, prada.com. Sophie Buhai cuff, \$740, sophie buhai.com. Jennifer Fisher ring, \$290, jenniferfisherjewelry.com. Sarah Chloe signet ring, \$98, sarahchloe.com. **Page 133:** Mark Cross bag, \$2,595, Hirschleifers, Manhasset, NY. Rag & Bone heels, \$695, Rag & Bone stores. Peter Pilotto dress, \$3,900, similar styles at Bergdorf Goodman, NYC. Rings, from left: Cartier, \$1,580, cartier.us. Jordan Askill, \$255, jordanaskill.com. Jennifer Fisher, \$290, jenniferfisherjewelry.com. **Page 134:** L.K. Bennett clutch, \$295, lbennett.com. Miu Miu dress, \$2,725, heels, \$890, Miu Miu stores. Arme De L'Amour cuff, \$337, armedelamour.com. Jennifer Fisher braid cuff, \$695, jenniferfisherjewelry.com. Cartier ring, \$2,270, cartier.us. **Page 135:** Milly bag, \$198, saks.com. Dolce & Gabbana dress, \$3,995, heels, \$2,695, Dolce & Gabbana stores. Van Cleef & Arpels pinkie rings, \$1,350, \$850, vancleef arpels.com. Mizuki ring, \$480, Bergdorf Goodman, NYC. Fantas-Eyes sunglasses, \$22, fantas-eyes.com.

Correction

In June 2015's "Get the Fashion Scoop," on page 76, the ED bomber is \$195.

All prices are approximate.

GLAMOUR IS A REGISTERED TRADEMARK OF ADVANCE MAGAZINE PUBLISHERS INC. COPYRIGHT © 2015 CONDÉ NAST. ALL RIGHTS RESERVED. PRINTED IN THE U.S.A. VOLUME 113, NO. 7. GLAMOUR (ISSN 0017-0747) is published monthly by Condé Nast, which is a division of Advance Magazine Publishers Inc. PRINCIPAL OFFICE: Condé Nast, One World Trade Center, New York, NY 10007. S.I. Newhouse, Jr., Chairman; Charles H. Townsend, Chief Executive Officer; Robert A. Sauerberg, Jr., President; David E. Geithner, Chief Financial Officer; Jill Bright, Chief Administrative Officer. Periodicals postage paid at New York, NY, and at additional mailing offices. Canada Post Publications Mail Agreement No. 40644503. Canadian Goods and Services Tax Registration No. 123242885-RT0001. Canada Post: Return undeliverable Canadian addresses to P.O. Box 874, Station Main, Markham, ON L3P 8L4. POSTMASTER: SEND ALL U.S. TO CFS (SEE DM5 50715.2); NON-POSTAL AND MILITARY FACILITIES: SEND ADDRESS CORRECTIONS TO GLAMOUR, P.O. BOX 37690, BOONE, IA 50037-0690. FOR SUBSCRIPTIONS, ADDRESS CHANGES, ADJUSTMENTS, OR BACK-ISSUE INQUIRIES: Please write to GLAMOUR, P.O. Box 37690, Boone, IA 50037-0690, call 800-274-7410 or email subscriptions@glamour.com. Please give both new and old addresses as printed on most recent label. Subscribers: If the Post Office alerts us that your magazine is undeliverable, we have no further obligation unless we receive a corrected address within one year. If during your subscription term or up to one year after the magazine becomes undeliverable or you are ever dissatisfied with your subscription, let us know. You will receive a full refund on all unmailed issues. First copy of new subscription will be mailed within four weeks after receipt of order. Address all editorial, business, and production correspondence to GLAMOUR Magazine, One World Trade Center, New York, NY 10007. For reprints, please contact reprints@condenast.com or 717-505-9701 ext. 101. For re-use permissions, please contact permissions@condenast.com or 800-897-8666. Visit us online at www.glamour.com. To subscribe to other Condé Nast magazines on the Web, visit www.condenastdigital.com. Occasionally we make our subscriber list available to carefully screened companies that offer products and services that we believe would interest our readers. If you do not want to receive these offers and/or information, please advise us at P.O. Box 37690, Boone, IA 50037-0690 or call 800-274-7410. GLAMOUR IS NOT RESPONSIBLE FOR THE RETURN OR LOSS OF, OR FOR DAMAGE OR ANY OTHER INJURY TO, UNSOLICITED MANUSCRIPTS, UNSOLICITED ARTWORK (INCLUDING, BUT NOT LIMITED TO, DRAWINGS, PHOTOGRAPHS, AND TRANSPARENCIES), OR ANY OTHER UNSOLICITED MATERIALS. THOSE SUBMITTING MANUSCRIPTS, PHOTOGRAPHS, ARTWORK, OR OTHER MATERIALS FOR CONSIDERATION SHOULD NOT SEND ORIGINALS UNLESS SPECIFICALLY REQUESTED TO DO SO BY GLAMOUR IN WRITING. MANUSCRIPTS, PHOTOGRAPHS, AND OTHER MATERIALS SUBMITTED MUST BE ACCOMPANIED BY A SELF-ADDRESSED, STAMPED ENVELOPE.



Have trouble finding something? Email us at
personalshopper@glamour.com.

The Denim Tux: Some Dos & Don'ts

Yes way, chambray! Here's how to do double denim right.



Don't

Tiny shorts and a tinier top equals too much exposure, and the clashing fades don't help either. We beg of you—Don't.

Make It a Do

Going double denim? Conventional wisdom holds that your best bet is mixed washes: dark on top and light on bottom (like the cutie at front), or vice versa. You can absolutely still do that, but for a more daring look, go for the *same* colors—very 2015 and very flattering. Keep accessories simple, like Gwen Stefani's killer shoes, above; skip the cowboy boots or anything else too costumey. One trend at a time, please!

TOP: WITH BAG: FRENCHY STYLE/BLAUBLUT EDITION, HATHAWAY: JIM SPELLMAN/WIREIMAGE, NECK SCARF: CHAINBAG, TIED FRONT: TOMMY TON/TRUNK ARCHIVE, STEFANI: BAUER-GRIFFIN/GC IMAGES, BLACK SHIRT: MELODIE JENG/GETTY IMAGES, RUFFLE COLLAR: KIRSTIN SINCLAIR/GETTY IMAGES, DON'T: HONEST PICTURES/STARTRAKSPHOTO.COM



**WE LOVE COOKIES.
YOU LOVE COOKIES.
LET'S SPOON.**



Our new Cookie Cores have a uniquely spoonable cookie center surrounded by chunk-filled ice cream. It's a whole new way to love cookies. So start spooning.

All Sugar and Vanilla are traded in compliance with Fairtrade Standards, 50% excluding liquid ingredients.
Visit info.fairtrade.net © Ben & Jerry's Homemade, Inc. 2015 Cows: © Woody Jackson 1997 20812A

DOLCE & GABBANA

light blue

